



What is the Transition and Wellbeing Research Programme?

The Transition and Wellbeing Research Programme is the most comprehensive study undertaken in Australia that examines the impact of military service on the mental, physical and social health of:

- serving and ex-serving Australian Defence Force (ADF) members including those who have been deployed in contemporary conflicts, and
- their families.

This research builds on the findings of the world-leading research conducted on current serving members of the ADF as part of the *2010 ADF Mental Health Prevalence and Wellbeing Study*. The Transition and Wellbeing Research Programme comprises the *Mental Health and Wellbeing Transition Study*, the *Impact of Combat Study* and the *Family Wellbeing Study*, delivered through a series of reports.

How is the Programme funded?

The Transition and Wellbeing Research Programme represents a government research investment of \$5.48 million over five years with \$4.22 million from the Department of Veterans' Affairs and \$1.26 million from the Department of Defence.

Who is conducting the research?

The Centre for Traumatic Stress Studies (CTSS) at the University of Adelaide is the lead researcher for the *Mental Health and Wellbeing Transition Study* and the *Impact of Combat Study*. The Australian Institute of Family Studies is the lead researcher for the *Family Wellbeing Study*.

The CTSS research expertise is enhanced for the *Mental Health and Wellbeing Transition* and *Impact of Combat* studies through Monash University, the University of New South Wales, Phoenix Australia – Centre for Posttraumatic Mental Health and, until June 2016, the Young and Well Cooperative Research Centre, the work of which is continued through Innowell Pty Ltd.

An independent Scientific Advisory Committee, which includes eminent statisticians, researchers and academics with interests in military and veteran health, oversees the research.

Further information, including the technical reports, is available at:

<https://www.dva.gov.au/health-and-wellbeing/research-and-development/social-research/transition-and-wellbeing-research> or

<http://www.defence.gov.au/Health/DMH/ResearchSurveillancePlan.asp>