TORPEDO TRIAL SUCCESS
WARRAMUNGA PROVIDES PLATFORM FOR MU90 TESTS

FIRE! Gunnery department sailors fire the 12.7mm .50 calibre machine gun aboard HMAS Warramunga during an anti-air warfare serial. Photo: LSIS Phillip Cullinan

ROAD TO RECOVERY
IN THE LEAD UP TO MENTAL HEALTH WEEK IN OCTOBER, NOW’S THE TIME TO SEEK HELP – IT’S THERE IF YOU NEED IT

EX TRITON FURY TESTS SAILORS OFF WA COAST
FULL STORY: see page 3

WHERE WERE YOU ON 9/11? SAILORS TELL THEIR STORY CENTRE
**Public access submissions called**

**Future use of Sydney’s Garden Island under review**

SUBMISSIONS are being called for two reviews announced by Defence Minister Stephen Smith into public access to military bases.

An independent review was announced on June 16 for the future use of Navy’s Garden Island facility by visiting cruise ships.

A second, separate Air Force Review into Civil Aviation Access to Air Force Airfields was released for public consultation in July.

Submissions to the Garden Island review conducted by Dr Allan Hawkwa are open until October 31.

The review will assess whether there is scope to enhance cruise ship access to Garden Island without adversely affecting its priority role of supporting Navy operations.

It will focus on opportunities for greater civil–military cooperation for finite berthing resources for very large vessels in Sydney.

The review will also take into account the increased use at Garden Island when the two Canberra-class Landing Helicopter Dock ships, NUSHIP Choules and three Hobart-class Air Warfare Destroyers enter service.

These ships will require suitable berthing facilities as well as a strong industry support base for maintenance and repairs.

The review will assess whether there is scope for a more flexible approach that balances Navy’s needs with cruise industry requirements to secure advanced berth bookings for cruise ships visiting Sydney Harbour.

Public consultation and submissions into the Air Force review are also open until October 31. This review is a requirement of the 2009 National Aviation White Paper.

Mr Smith said the Government was committed to allowing civil access to military airfields where this could be balanced with Defence’s need for security, operations and training.

“The civil aviation industry is encouraged to consider the review, and provide comments for the Government to consider,” he said.

**Garden Island Review**


Submissions should be forwarded by email to CruiseShipAccessReview@defence.gov.au or by mail to Cruise Ship Access Review Secretariat, R1-4-B163, Russell Offices, Department of Defence, PO Box 7901, Canberra BC, ACT 2610.
FURY and... fire!

By SLT Ryan Zerbe

MORE than 600 sailors have taken part in Exercise Triton Fury, featuring live firings, seamanship evolutions, and anti-air and anti-submarine training in the West Australian Exercise Area.

HMAS Ships Perth, Newcastle and Warramunga engaged airborne threats from Air Force aircraft as well as submarine threats from HMAS Farcom from August 22 – September 9.

HMAS Sirius provided tactical replenishment support to the surface combatants.

Navy’s capacity to respond to threats at sea was tested and guided by staff from both Sea Training Group and Exercise Control (EXCON) staff from Fleet Headquarters.

While all ships involved in Triton Fury were trained to achieve and maintain a high standard of skills, Farcom and Warramunga’s crew also underwent Unit Readiness Workups.

EXCON was manned with east- and west-based warfare staff on a 24-hour basis for the duration of the exercise.

Commander Surface Task Group CAPT Peter Scott said EXCON staff assisted with the coordination of the exercise, allowing the ships to benefit from an intensive three-week training period.

“We want as much time as possible to focus on training so we have to consistently manage the logistics and scheduling of all the ships and aircraft taking part,” he said.

“A big part of our capability at sea rests on our ships being able to work together strategically in a shared space.”

The ambitious training schedule developed by EXCON and the fleet’s operations teams was designed to give new personnel a chance to integrate into their crew while also using their skills in practical scenarios.

“The serials are designed to give our ships and personnel training to operate in company with other ships through their participation in tactical warfare scenarios and replenishments at sea,” CAPT Scott said.

“The goal is to have our people accomplished in what they do so if they’re needed to deploy they’re ready to do their job and to do it well.”

Triton Fury is the third in the Triton series of exercises, following Triton Storm 1 and 2 earlier this year.

Most Anzac-class frigates have taken part in at least one of the Triton exercises.

Two Adelaide-class ships, two mine hunters and three Collins-class submarines have also benefitted from the continuation training provided under the Fleet Operating Concept.

Exercise Triton Warrior will complete 2011 fleet training off the east coast in November.

GUNNING IT: (Main image) HMAS Warramunga’s gunnery department fires a 12.7mm machine gun against an inbound ‘enemy’ aircraft as part of Exercise Triton Fury in the West Australian Exercise Area in early September. Photos: LSIS Phillip Cullinan

FOCUSED ON THE TASK: (Above) LEUT Ben Wellard acts as the principal warfare officer during an anti-air warfare serial.

WILD AND WOOLLY: (Left) ABBM Joshua Jones braves the forecastle of HMAS Warramunga to load the CHAFF launchers during an anti-air warfare serial.

FILLING UP: (Above) The surface force conducts a dual-RAS and vertical replenishment with a Seahawk off the West Australian coast.

AIR SUPPORT: (Left) A Seahawk from 816 Squadron hovers above COMFLOT CDRE Stuart Mayer aboard HMAS Warramunga.

Win... WITH NAVY

$5,000 to be won EVERY payday!

Visit www.winwithnavy.com.au

or email info@winwithnavy.com.au

SIGN UP NOW & HELP SUPPORT SAILORS' RECREATION, SHIP'S FUNDS AND SPORT


September 15, 2011
Freo celebrates all things Navy

By LCDR Mal Speke

SAILORS from HMAS Stirling were joined by HMA Ships Newcastle and Farncomb at Fremantle Port to show case Navy to the public during Fremantle Celebrate Maritime Day on August 27.

Newcastle opened her gangway to 3385 people who took full advantage of the beautiful weather and the crew’s hospitality.

Highlights aboard the ship included the dynamic Guided Missile Launcher display and viewing bridge operations while, on the wharf, members of the public immersed themselves in all things Navy by perusing equipment and speaking to sailors from a variety of categories.

Families enjoyed ‘pirate’ face painting, a VIP submarine raffle, knot tying, paper ship models and other giving, a VIP submarine tour raffle, knot tying, paper ship models and other giving.

Senior Naval Officer Western Australia, CAPT Brett Wolski, said Fremantle Celebrate Maritime Day acknowledged and reinforced the deep and historic ties between Fremantle and all things maritime.

“Someone from Fremantle Port function while, inset, WO John Scarfe (right) and POMT Michelle Agar (left) dress Margaret Wallace in fire-fighting rig during Fremantle Celebrate Maritime Day.”

The engagement with the civil maritime industry allowed the Master Mariners to see the similarities and differences between the commercial and military sea-going professions.

Navy’s involvement in Fremantle Celebrate Maritime Day acknowledged and reinforced the deep and historic ties between Fremantle and all things maritime.

“The event was a huge success for the West Australian maritime community and particularly for Navy as the primary attraction of the event,” he said.

“Navy looks forward to building on the positive relationship already established with the West Australian maritime community by continuing our involvement in this event in coming years.”

The collaboration between Navy and the West Australian maritime community continued over the weekend, with the Company of Master Mariners Australia holding its monthly branch meeting in the Wardroom aboard Newcastle.

Secretary’s priority to support ops

OPERATIONALLY deployed personnel must “always be front of mind” for Defence, according to new Secretary Duncan Lewis.

Mr Lewis, a former Special Forces commander, took up his appointment as Secretary of Defence on September 5. He identified the support of deployed members as a top priority. Other priorities included maintaining Defence’s reform agenda.

“I know each of you do a tremendous job keeping our nation safe and I look forward to working with you,” he said.

“I am entirely committed to working in close partnership with the CDF to ensure the best outcomes for the organisation and I am determined to take Defence forward with the reform programs announced by the Government.”

The Investors Club is a free club that creates property investing easy*

$6* a day buys you coffee...

OR...

A hot investment property.

WAKE UP TO FINANCIAL INDEPENDENCE TODAY.

The Investors Club is a free club that creates a new millionaire everyday. Join today and enjoy free support and services while you learn from experienced investors. Make your move today!

Visit www.propertygrowth.tic.com.au to find out more, get started or grow your existing portfolio!

“$6 a day buys you coffee... OR... A hot investment property. WAKE UP TO FINANCIAL INDEPENDENCE TODAY.”

– Michael Kilham

*Terms and conditions apply. Whilst all details have been carefully prepared and are believed to be correct, we do not guarantee the accuracy of the information. Investing in property must not rely on this one source alone.

Navy Health gives you UNLIMITED general dental – from preventative work to fillings, and everything in between. We also include up to $2,000 of Major Dental benefits each year.

1300 306 289
navyhealth.com.au
NAV002

Secretary of Defence on taking up his appointment as Commander, took up his appointment as Secretary of Defence on September 5.

He is committed to the Strategic Reform Program and to implementing the Black Review into organisational accountability.

“Defence cannot afford to walk away from reform and I will look for further ways of improving the way Defence does business,” he said.

“I recognise the skill, experience and commitment in every part of the Department and I will seek your support and assistance as we deliver a defence organisation which is operationally effective, yet cost conscious; an organisation which is ‘can do’, yet accountable; and an organisation that delivers for Australia a Department of State in support of a Defence Force with the best defence capabilities our finite resources can produce.”
Engineering key to success

RADM Mick Uzzell is leading Navy’s engineering reform and doesn’t underestimate the task ahead. He spoke with Navy News about his plans as Head of Navy Engineering.

RADM Mick Uzzell formally took up his post as Head of Navy Engineering on July 25 in a first step toward reinvigorating Navy’s engineering capability.

The elevation of the Navy’s top engineering position to two-star rank followed the release of the Rizzo Report on July 18.

Titled ‘The Plan to Reform Support Repair and Management Practices’, the report contains 24 recommendations to improve operational availability and outcomes to ensure the ongoing technical integrity of Navy ships.

RADM Uzzell said his biggest challenge would be to integrate and coordinate the efforts and skills across the Department to be fully capable of managing the whole-of-life material lifecycle of ships and submarines.

“It is an immense honour to be selected for this role and I do not underestimate the scope of the task ahead,” RADM Uzzell said.

Numerous changes over the years have ‘bowed’ our engineering capability to the detriment of the material condition of our ships and submarines, and we must remedy that.

“I will focus on establishing a program of remediation activities while continuing to deliver engineering services to the best of our ability while we recover.”

— RADM Mick Uzzell, Head of Navy Engineering

Such that it is capable of delivering to the Chief of Navy the services and outcomes he requires to manage the material aspects of Navy capability,” he said.

Navy must work in complete liaison with the Defence Materiel Organisation in this regard. This has not always happened in the past but the Rizzo Plan makes clear that this is essential to future success.

“We require remedial activity that delivers tangible outcomes in the near, medium and far terms. Developing deep mastery of the technology used in our ships and submarines will be key to delivering enduring outcomes,” RADM Uzzell said.

Chief of Navy VADM Ray Griggs welcomed RADM Uzzell to the job and said the elevation of the position to two-star level was an important development.

He said a two-star admiral would give the necessary weight to the rebuiliding and reorganisation of RAN engineering, which was a critical part of the capability management function and for broader warfighting capability.

“The promotion of RADM Uzzell is a critical development to ensure the voice of engineering in Navy,” he said.

CN said Navy welcomed the Rizzo Report. “The report is comprehensive and its recommendations focus on a series of practical steps to improve the sustainment of current and future ships,” he said.

“The Rizzo Report also considered the impact of insufficient resources on the sustainment of not only the LPAs but other naval vessels, including the maintenance for the Hobart-class AWDs and the Canberra-class LHDs.”

He said the priority now was to focus Navy on the way it managed the technical integrity of its platforms.

“For far too long we have treated Navy engineering and logistics as an overhead and not as the key enabler that it is in a technologically advanced military force.”

FALLEN digger PTE Matthew Lambert was farewelled by family and friends in a private funeral in Queensland on September 5.

PTE Lambert, killed by an IED on August 22, arrived in Australia on August 29 and was returned to his family in a repatriation ceremony at RAAF Base Amberley.

His flag-draped casket was carried from a C-17 Globemaster through a 2RAR honour guard during the ramp ceremony.

Chief of Army LTGEN David Morrison posthumously presented PTE Lambert with the Australian Active Service Medal with International Security Assistance Force clasp and the NATO Terrorism clasp, the Afghanistan Campaign Medal, the NATO Medal with International Security Campaign Medal, the RAFV service clasp and the WRANs Memorial at HMAS Harman on November 13.

Lunch will also be held in the Wardroom after the service. For more information contact Christine Barbour on (02) 6231 8676.

IN BRIEF

Sea Kings for sale

A REQUEST for Tender for the sale of the Navy’s remaining Sea King helicopters was released on September 1. It includes five complete helicopters, three airframes, a simulator and associated equipment and parts. The Sea Kings will be withdrawn from service in December and their sale will be marketed across the world, including major defence expos in the UK and Canada. Submissions close on November 1. Documentation will be available for download after registering on the Austender website at www.tenders.gov.au or email disposals@defence.gov.au for more information.

Disposal options sought

DEFENCE will dispose of a number of RAN ships over the next 10 years and seeks innovative solutions that will provide the best outcome to the Commonwealth. The Request for Proposal is in two parts: the disposal of ships to be decommissioned over the coming decade (DDA/RFP0068/2011/1) and the disposal of ex-HMAS Manoora (DDA/ RFP0068/2011/2). Written submissions are invited by 12pm on September 15 for DDA/RFP0068/2011/1 and 12pm on October 14 for DDA/RFP0068/2011/2. For more information, contact the Defence Disposals Agency on (02) 9330 2914 or email disposals@defence.gov.au.

Engineering reunion

A naval engineering reunion will be held in Canberra on November 11 at 5.30pm. All serving, retired and civilian members of engineering branches are invited. For more information contact Glenn Murch on (02) 6261 1675 or email navalengineering2011@gmail.com.

Seafarers’ service

THE 74th annual Seafarers’ service and wreath-laying ceremony will be held in Brisbane on September 18 at 11.30am. The Queensland Detachment of the RAN Band will attend the service at St John’s Cathedral and all donations will support the Mission to Seafarers.

Soldier farewelled

As we gather here to mark the return of this fine young Australian soldier, we remember the courage, initiative and mateship that PTE Lambert displayed to all whom he met, “LTGEN Morrison said.

“PTE Lambert’s ultimate sacrifice to this country will be felt by his family, friends and his Army family, and we will remember him as a true Australian soldier.”
Brunei high and dry

By MIDN Matthew Rayner

HMAS Brunei provided a one-stop shop for divers participating in the RAN Dive School’s recent Underwater Demolitions Course on Triangular Island in the Shoalwater Bay Training Area.

For two weeks in August, Brunei’s crew took full advantage of the opportunity to hone its amphibious skills, which included four ‘dry outs’ at both Sabina Point and Triangular Island. For most of the crew, including the Commanding Officer, LEUT Carl Jordan, this was the first time they had undertaken this evolution.

LEUT Jordan said additional personnel were embarked to ensure the ship sailed with 22 full bunks. Among the crew’s guests were two junior warfare officers and six junior sailors embarked for competency log progression.

“Individual competency-based training included a mixture of seamanship evolutions, engineering casualty control drills, pilotage, ship handling, high-seas firings of all weapons for all crew members, as well as officer of the day training.”

“Whole-ship training focused on damage control.”

LEUT Jordan said he wanted to maximise the number of training bunks during the two-week exercise.

“I think we achieved our goal,” he said.

“The enthusiasm shown by the trainees we embarked proved there is no substitute for sea-going training or experience.”

In addition to the amphibious and whole-ship training achieved, Brunei was treated to a number of whale watching opportunities with several majestic giants, including a calf, breaching in the protected waters of Shoalwater Bay.

The crew also found some time for a game of touch football and a barbecue on the beach in front of a “high and dry” Brunei.

Brunei’s newly promoted XO, LEUT Brenton-James Glover, said it was a great way to develop the team ethos and exercise at the same time.

The two weeks in Shoalwater Bay provided Brunei with perfect conditions to support the RAN Dive School and create a training program that met operational requirements and was challenging for all.

GOAL-FOCUSED: HMAS Brunei “high and dry” at Triangular Island, Shoalwater Bay, and, inset, Chief of Navy VADM Ray Griggs promotes Brunei’s XO, Brenton-James Glover, from sub-lieutenant to lieutenant. LEUT Glover said it was a “surreal” day that he would look back on fondly during his career.

Photos: SMNCIS Daniel Pigott and POCIS Anthony McMahon

supported by the Australian government

Vvcs – veterans and veterans families counselling service

Supporting Australia’s veterans, peacekeepers and their families

Wvcs provides counselling and support services to Australian veterans, peacekeepers, eligible members of the Defence Force community and their families, and F-111 Fuel Tank Maintenance workers and their partners and immediate family members. Wvcs is a specialised, free and confidential Australia-wide service.

Wvcs can provide you with:

• Individual, couple and family counselling including case management services
• After-hours crisis telephone counselling via Veterans Line
• Group programs including Anger Management, Depression, Anxiety, Lifestyle Management and Heart Health
• Support on transition from military to civilian life, including The Stepping Out Program
• Information, self-help resources and referrals to other services.

We can help you work through issues such as stress, relationship, family problems and other lifestyle issues as well as emotional or psychological issues associated with your military service.

If you need support or would like more information about us please give us a call or visit our website.

1800 011 046*

www.dva.gov.au/vvcs

* Free local call. Calls from mobile and pay phones may incur charges.
It is critical that our performance appraisal system identifies our future leaders.

— VADM Ray Griggs, Chief of Navy

The Navy People Career Management Agency (NPCMA) has incorporated these changes, including the integration of the NSBADR, into reporting procedures with DVDs, guides and fact sheets available to help conduct accurate and effective performance appraisal reporting.

“I realise that this Signature Behaviour challenge will be confronting and presents some risk,” VADM Griggs said.

“However, this is a rare opportunity for us to get honest with ourselves, and each other, and continue to shift our culture and move Navy forward.”

For more information on the changes to reporting, including guides, fact sheets and presentations, go to the NPCMA intranet site at http://intranet.defence.gov.au/navyweb/sites/NPCMA/ComWeb.asp?page=120123

TRUTH IN REPORTING

Management process for non-Navy assessors;
Fact Sheet 1 – the performance management cycle;
Fact Sheet 2 – smart goal setting;
Fact Sheet 3 – completing a performance appraisal report;
Fact Sheet 4 – communication techniques;
Fact Sheet 5 – having that difficult conversation; and
Fact Sheet 6 – when to raise a difficult conversation.

Help at your fingertips

Videos, presentations, guides and fact sheets are available to assist with effective performance appraisal reporting, including:
• presentation for Navy assessors;
• presentation for non-Navy assessors;
• guide to assessment performance appraisal reports;
• guide to the Navy performance management process;
• guide to the Navy performance

There have also been changes to the officer and sailor promotions systems to deliver more robust, objective, transparent and fair outcomes.

The Navy People Career Management Agency (NPCMA) has established with your employers salary packaging provider.

Fleet Network will deliver outstanding deals on any new car anywhere in Australia. You will receive massive savings through our national fleet buying power and access to superb novated leasing options. Our experienced consultants will manage the entire process from order to delivery and your package will be established with your employers salary packaging provider.

If you are considering a new car then call now and discover for yourself why thousands of Australians have trusted Fleet Network to buy their new car.

CN sets Signature Behaviour challenge

By CMDR Fenn Kemp and LEUT Todd Austin

ALL officers and sailors are being challenged to be more open and honest in their SPARS and NOPARS under significant changes to the performance appraisal system.

Chief of Navy VADM Ray Griggs recently communicated via an All Ship/All Shore signal that there was a need for improvement in reporting to assist with selecting and promoting the best people.

“Our continuing challenge with what I call ‘truth in reporting’ is actually our own personal daily New Generation Navy (NGN) journey through the embedding of our Signature Behaviours,” VADM Griggs said.

“This is about our assessors providing regular, honest feedback to people about how they are performing, where they are doing well and where they can do better. Those being assessed have a responsibility to seek out, listen to and act on this feedback.

“It is critical that our performance appraisal system identifies our future leaders. I don’t want leaders to have shortcomings that could have been remedied with more honest feedback – our people deserve better.”

In the last 12 months, as part of the NGN Cultural Project 2 – Align Promotion and Advancement of Leaders with NGN – Navy has made some significant changes in the introduction of the Navy Signature Behaviour Appraisal Development Report (NSBADR).

In the last 12 months, as part of the NGN Cultural Project 2 – Align Promotion and Advancement of Leaders with NGN – Navy has made some significant changes in the introduction of the Navy Signature Behaviour Appraisal Development Report (NSBADR).

There have also been changes to the officer and sailor promotions systems to deliver more robust, objective, transparent and fair outcomes.

The Navy People Career Management Agency (NPCMA) has established with your employers salary packaging provider.

Fleet Network will deliver outstanding deals on any new car anywhere in Australia. You will receive massive savings through our national fleet buying power and access to superb novated leasing options. Our experienced consultants will manage the entire process from order to delivery and your package will be established with your employers salary packaging provider.

If you are considering a new car then call now and discover for yourself why thousands of Australians have trusted Fleet Network to buy their new car.

Call us on 1300 738 601
www.fleetnetwork.com.au
Getac X500

The X500 combines extreme durability, ultra fast speed and expandability to produce the ultimate computing solution for field operations.

- 1000 nits QuadraClear™ Sunlight Readable Display with Multi-touch Screen
- 15.6 TFT LCD HD (1366 x 768)
- Optional Full HD Available
- MIL-STD-810G and IP65 Certified
- Optional NVIDIA® GeForce® GT330M
- 512MB Discrete Graphic Controller
- Optional Night Vision
- Multimedia bay facilitates maximises flexibility and customised applications

Ultra Rugged.

MIL-STD-810G, MIL-STD 461 F and IP65 compliant with a magnesium alloy case, shock-mounted hard drive, and seated I/O caps and doors to prevent damage from solid particles and moisture.

Strong Computing Power.

Intel Core i7 2.66GHz Processor, up to 3.33GHz with Turbo Boost Technology and 4MB L3 Smart Cache.

Large Sunlight-Readable 15.6" HD Display.

1000 Nits QuadraClear™ sunlight-readable LED display leads the industry with an unmatched effective contrast ratio.

Advanced Expandability and Customizability.

Optional expansion chassis to accommodate (2) PCI or (2) PCIe cards with additional options for special MIL-STD connectors or other customization possibilities.

With its ultra-rugged design, extreme computing power and expandability options, the X500 is built to handle the demands of the job wherever it takes you.

Back Side
- DC In Jack x1
- USB 2.0 x 1
- USB 2.0 / eSATA Combo x 1
- HDMI x 1
- Serial Port x 2
- External VGA x1
- Audio Output X 1
- Microphone x 1
- LAN (RJ45) x 2

Left Side
- USB 2.0 x 2
- FMC/SM Slots (Type II x 2 or Type III x 1)
- Express Card / 34 x 1
- Multimedia Bay x 1
- Smart Card Reader x 1

Right Side
- Battery Pack x 1
- HDO x 1

Computers For The Real World.

We provide rugged mobile technology that enables our customers to pursue their missions. Tough Corp have the expertise, capability and products to deliver robust, reliable mobile computing solutions.

Tough Corp’s hardware products are designed and built to be tough. No matter how harsh the environment is at the workplace, on the road or outdoors Tough Corp has the best rugged hardware to match.
New category welcomes its first members

By Dallas McMaugh

A CLEAR lower deck was called at NU808 Squadron on August 26 when the Commander of the Fleet Air Arm, CDRE Peter Laver, presented the first members of the Aviation Support (AVN) category with their rate badges.

CDRE Laver also welcomed CPOs Robert Strutt, Peter Cassar and Christopher Swift, and LSs Andrew Easton and Michael Arrowsmith, and their families, to the RAN, the Fleet Air Arm and the Shoalhaven community.

CDRE Laver said with the coming introduction of the Canberra-class Landing Helicopter Dock ships, the AVN category would be fundamental in the success of aviation operations in the class.

“These five men will be critically involved in AVN course development and I anticipate they will all have important roles to play in guiding and leading this category,” CDRE Laver said.

Chief of Navy directed the re-establishment of the AVN category in March 2010. The five Royal Navy lateral transfer sailors enlisted in the RAN during a ceremony at Australia House in London on August 11.

CPO Strutt, who has 20 years’ Royal Navy experience, said the move to Australia was a major shift for him and his family, but it was one they were ready for.

“I’m really looking forward to the challenges in front of me and building on the good work already done by CPO Mark Woodall in setting up the course,” he said.

LS Easton shared this enthusiasm. “I’m looking forward to working with the team,” he said. “I’ve always wanted to come to Australia and I was tempted by the lifestyle, sport and the challenge of something new, so I just thought ‘why not give it a go?’”

NU808 Squadron was chosen to host the event in recognition of the close professional relationship that will exist between the AVN category and 808 Squadron flights.

Calling for applications

The Navy People Career Management Cell is seeking applications from SMN to CPO who wish to transfer to the AVN category.

Officers and sailors in the new category will carry out flight deck and hangar deck operations on the Canberra-class LHDs.

CPO Mark Woodall, from the AVN Category Implementation team at the Fleet Air Arm, said the new category was an exciting opportunity.

“The AVN category would be fundamental in the success of aviation operations in the class,” CDRE Laver said.

Further information about the AVN Category can be found at http://intranet.defence.gov.au/navyweb/sites/FAA/ComWeb.asp?page=124742 or by contacting CPO Woodall at mark.woodall@defence.gov.au

New car every 3 years?

Easy.

Smartsalary is the only official salary packaging provider for the Department of Defence.

It’s easy to salary package your vehicle through our specialist car leasing team. Smartleasing will help you save on costs and allows you to roll over your vehicle for a brand new one every 3 years.

Smartleasing will:
- Source your car
- Use buying power for the best price
- Handle all the paperwork
- Arrange for tax free petrol, maintenance, rego and insurance

Smartsalary keeps packaging simple. We do the hard work. You get the regular benefits.

Call us on 1300 115 947
Or visit our site for a free quote.

www.defenceleasing.com.au

Apply today and get a bonus $100 Gift Card!
Reyne sets Squirrel milestone

By SBLT Dave Barlow

LCDR Tony Reyne set an aviation milestone on August 19 as he logged his 4000th hour flying the Squirrel helicopter.

As the pilot returned from a routine instructional sortie, he taxied to the 723 Squadron flight line between an arch of water created by two fire tankers with their water cannons. He was then wheeled from the aircraft through a guard of honour on a throne pushed by junior aircrew.

Commanding Officer 723 Squadron CMDR Matthew Shand presented LCDR Reyne with the first 4000-hour RAN AS350BA Squirrel patch.

"In flying 4000 hours, LCDR Reyne has spent the equivalent of almost six months of his life continually strapped to the seat of a Squirrel," CMDR Shand said.

"In addition to this milestone, LCDR Reyne has trained and influenced countless naval aviators – including me – during his career.”

LCDR Reyne thanked everyone he had flown with and, in particular, the efforts of 723 Squadron maintenance personnel.

"Over the years they have kept the Squirrels at a high state of serviceability and their diligence and dedication has been instrumental in me achieving 4000 hours without any major problems.”

Stay true to your limits with a Defcredit True Blue Credit Card

Feel secure with your spending knowing you’re in control with a Defcredit True Blue Credit Card. Use for daily expenses, or to buy something bigger, enjoying a 3.99%p.a. introductory rate* and up to 55 days interest free, to lower your repayments from the start. And with its competitive ongoing rate and low annual fee, it’ll help you stay true to your limits into the future.

To apply, logon to defcredit.com.au, call 1800 033 139 or visit your local branch.

---

*Terms, conditions, fees and charges apply and are available on request. Approval subject to satisfaction of Defcredit lending criteria. Offer not available to existing True Blue Credit Card holders.

**The introductory rate is applicable for the first six months, which then converts to the variable credit card interest rate. For current interest rates logon to defcredit.com.au**

---

September 15, 2011
A COLLISION between a submarine and a cow might seem far-fetched to most.

It wouldn’t be, though, if your ‘sub’ had four wheels and was hurtling through the Australian outback.

The Navy Bash team’s ‘HR Submarine’ felt the full impact of a stray cow into its passenger side during the Variety Bash for charity across 5500km from Sydney to Broome in August.

The run-in with the cow, which severely damaged the car and no doubt left the cow feeling worse for wear, was just one of the many challenges faced by the 10-person team, led by LCDR Graeme Wong.

Mechanical skills were often put to the test as the team pushed its four modified cars – also including a makeshift ‘heritage helicopter’, a ‘modern helicopter’ and a ‘frigate’ – to the limit.

Only one car failed to make the full journey, with tail shaft damage following soon after head gasket problems combining to force ‘HR Frigate’ to retire for the first time in nine Bash attempts.

The other three cars arrived – in far from showroom condition – in Broome 11 days after setting out on August 6. Getting ‘HR Submarine’ back on the road after hitting the cow required some of the finest ingenuity ever seen and resulted in the Navy team becoming one of the best-known entrants, according to LEUT Sandra Fraser.

“Firstly, we gave it a quick fix with some panel beating and a radiator borrowed from another Basher,” she said.

“Then, 16km down the road, the radiator fan flexed and chopped through the new radiator and the car had to, once again, be towed.

“Out of the three radiators the property owners had, none fitted.

“Our boys went into action and fixed the problem with some innovation and the car was rebirthed as a ‘Mad Max’-type car and entered the Bash half of infantry without a bonnet and with the radiator mounted vertically.”

The Navy Bash Team raised more than $34,000 – including the required $8500 per car to enter the Bash – for Variety: the Children’s Charity.

The Commanding Officer of HMAS Kuttabul and Bash team member, CMDR Christine Clarke, said the event was great for team building and bonding.

“Every member contributed their all to strengthening relationships across and beyond the Navy with our high-spirited participation in all events and sense of camaraderie, and helping other ‘Bashers’ when they needed it,” she said.

“Apart from one occasion when one of the cars became stuck in a river and had to be rescued by the Air Force workshop, I believe the Navy Bash team did Navy very proud.

“Putting fun and friendship aside, the primary reason we put all this effort in was for all those children who need a little support.”

PO Esa Douglas said the journey was rewarding.

“As a community engagement exercise, it was amazing to talk to locals and meet a family in Kununurra whose son was going to join the Navy after seeing our ‘submarine’,” she said.

Variety uses the $1.8 million raised by Bashers to help sick, disabled and disadvantaged children across the country.

LEUT Fraser said much-needed support went to special-needs equipment for schools in places like St George, Longreach, Tennant Creek and Derby.

“These were just some of our stops along the way as we drove the miles to see the smiles on the kids’ faces,” she said.

“Each kid along the way was given a Navy showbag with pens, rulers, brochures, tattoos, wrist bands, and balloons.”

高达的食品和饮料。

另一个原因就是跨越地板。

Served with every fare, on every Sydney flight. Introducing new Capital Connect from Virgin Australia.
Navy women lead the way

By Claudia Harrison

THE Navy leader set to become the RAN’s first female rear admiral has been selected as a finalist, along with Navy’s Women’s Strategic Adviser, in the prestigious Telstra Business Women’s Awards.

Director General Health Capability CDRE Robyn Walker and CMDR Jenni Heymans have been nominated for the awards in 2011.

CDRE Walker is a finalist in the Community and Government Award category, while CMDR Heymans is a finalist in both this category and the Business Innovation Award.

CDRE Walker will be promoted to rear admiral in December and will then assume the position of Commander Joint Health/Surgeon General ADF.

Last year CDRE Walker was appointed a Member of the Order of Australia for her services to the ADF as a medical officer, and in 2005 received an internal Defence award for her work in support of the medical response to the tsunami the same year.

CDRE Walker said women were advancing in both officer and sailor ranks.

“They are providing excellent role models for both male and female colleagues,” CDRE Walker said.

CMDR Heyman’s role supports the development and advancement of women in the Navy, including assisting Head Navy People and Reputation and the Chief of Navy on issues relating to the employment of women.

She was awarded the bronze award (third place) in the inaugural Centre for Leadership for Women ‘Advancement of Women in the Workplace Award’ in March 2010.

“I am honoured to be considered as a candidate for the finals,” CMDR Heymans said.

“As a senior female Navy officer I take an active interest in the professional and personal development and mentoring of others.

“Navy women should not underestimate their abilities, their professional work ethic and their achievements.

“I have witnessed the amazing journey of women in the Navy over the past 30 years and am proud of what women can and do achieve today.”

CDRE Walker said Navy had provided her with many opportunities to learn and develop as an individual and provided her with many opportunities to learn and develop as an individual and have their efforts noticed and rewarded,” she said.

We think life should be lived and so...

We’ve simplified our personal loans, so you can spend more time doing the things you love.

For more information or to apply now enquire in branch, visit www.adcu.com.au or call 1300 13 23 28.

WIN

1 of 10 $500 Red Balloon Experience Vouchers*

We’ve simplified our personal loans, so you can spend more time doing the things you love.

For more information or to apply now enquire in branch, visit www.adcu.com.au or call 1300 13 23 28.

*This comparison rate is based on a $30,000 loan taken over 5 years. This comparison rate is true only for the examples given and may not include all fees and charges. Different terms, fees or other loan amounts might result in a different comparison rate. Rates are current at the time of publication and are subject to change. Terms and conditions and lending criteria apply and are available at www.adcu.com.au. Application fee of up to $150 waived for applications lodged before 30 September 2011. *Authorised under NSW permit number LP11/1000215 and ACT permit number TP 11/01082.1. Australian Defence Credit Union Limited ABN 48 087 649 741 AFSL/ACL No. 237 988.
The Chief of Canadian Reserves and Cadets, RADM Jennifer Bennett, recently completed a successful tour of Australia. She was the guest speaker at the Defence Reserve Association Annual Conference in Adelaide on August 20. Although principally in Australia for the conference, RADM Bennett visited several Defence sites and took the opportunity to meet with a number of ADF personnel, including COMAUSFLT RADM Stephen Gilmore and A/HNPAR CDRE Vicki McConachie.

She is the first female RADM in the Canadian Navy.

We know Defence families face many difficult circumstances as a result of their loved ones committing to the ADF. Deployment, postings and long absences from home combine to disrupt partners’ careers and children’s education.

– Warren Snowdon, Defence Science and Personnel Minister

Scott’s last expedition
UNECCOVER THE STORY OF A LIFETIME
FREE ENTRY
WIN A TRIP TO ANTARCTICA
anmm.gov.au

Their bodies are frozen in time. Their story is not.

Australian National Maritime Museum

Licensed with permission of the Scott Polar Research Institute, University of Cambridge

NSW PERMIT NUMBER: LTPS/11/05414
Tell us about the other hats you wear

All Reservists (Active and Specialist) should recently have received mail asking about your civil skills (formal, self-claimed, experience) for the Civil Skills Data e-survey.

It is very important that you complete this survey as it helps the Australian Defence Force better identify people with specific skills that can be drawn upon for emergencies, exercises and deployments.

You will receive a half day pay for preparing and completing the survey and it will also help your Reserve career.

It’s time to complete the Civil Skills Data e-survey

There’s still time for you to complete the survey. Make sure you have all your paperwork ready – licences, degrees and other qualifications – before you start.

If you have any questions about the survey, or any of the information collected, please email your query and PMKeyS number to ADO.CivilSkillsData@defence.gov.au

You can complete the survey on your own or a Defence computer, but you should complete it as soon as you can.

Visit www.civilskillsdata.com today
EVERYTHING CHANGED

We could never forget the events of that tragic day 10 years ago. On September 11, 2001, two passenger planes were flown into the World Trade Centre, at an average speed of 500 km/h. The two towers collapsed, the people inside perished. A third plane hit the Pentagon, a fourth crashed in a field in Pennsylvania.

The events in America signalled not only the most provocative and deadly coordinated terrorist attack in history, but also required governments to respond to the security threat. We can all remember where we were on that day, and how the world changed.

Among them is CPOMT Greg Fletcher, who was one of the 104 crew members aboard HMAS Anzac, commanded by the late RADM Nigel Coates (then CAPT). Anzac is the only NCB in the RAN's Fleet, based in the Middle East at the time, helping to enforce an international embargo on Iraq, the ship's company had quite a different experience than most.

Alongside Bahrain, the ship was crash sailed within two hours of getting the message, leaving some personnel on shore (not the ship's Daily Words, although the 11th of September 2001 was a day to remember), and we remained at sea for almost eight weeks.

On sailing, we escorted the C5F the decision was made to sail with the MCM units to a holding area, providing protection and as a result increased its training mission for the MCM units, as required.

I was on the bridge in the MEO and as a result increased its training mission for its units. It was the first time I had been tasked to head once back to Bahrain before the events in America, providing protection and as required to the Middle East, the ship's company had quite a different experience than most.

Reflecting on it makes me appreciate the life I have, and I feel much more to the NAG and recommend it as the only warship for our region.

Where were you?

CPO MT Greg Fletcher: I was alongside Bahrain in HMAS Anzac. The ship was crash sailed and we remained at sea for almost eight weeks.

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

CPMT Greg Fletcher: I was still in primary school, but I wasn't very aware of the whole situation. I was at school.

SMN Taryn Morris: I was still in primary school, so I wasn't very aware of the whole situation. I was at school.

Where were you?

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?

SMN Taryn Morris: I was in primary school, so I wasn't very aware of the whole situation. I was at school.

WO Stephen Downey: I was in HMAS Anzac with the only Micronesian refugee from the US, an African with a tiny Micronesian family, who was the only Micronesian refugee from the US. We sailed within two hours of getting the message and we remained at sea for almost eight weeks.

Where were you?
New approach to managing

By Graham McBean

AS THE tempo of operations continues, there has been an increasing focus on making sure that health-care intervention is getting to the people who need it when they need it.

More than 34,000 Australian military personnel have deployed to the MEAO alone – many on multiple occasions – since 2003.

The release in 2009 of the Dunt Review into mental health in the ADF has led to reforms that will provide the ADF with one of the largest workplace mental health support systems in Australia.

Mental health issues “are life-changing events”. However, members’ worries about their job and the stigma attached to mental health are the primary obstacles to seeking help, according to Commander Joint Health Services MAJGEN Paul Alexander.

“The biggest challenge is still to ensure that people understand we will look after them,” MAJGEN Alexander said.

Even as recent as 12 or 18 months ago, if someone had a complex mental health problem the policy was that if an individual was not fit for operational service or to deploy within 12 months then, theoretically, they were fit to continue in service.

“Now that policy has been completely changed.”

“We understand and recognise the complexity of mental health recovery and the fact that it may take many years, and that that we have a responsibility and a duty of care, and that the best place to have people recover is inside our organisation.”

He says the priority is to make sure recommendations from the Dunt Review continue to be translated into service delivery, policy research, education and training.

The review was a major turning point in ADF mental health treatment. Then former CDF ACM Angus Houston immediately committed the ADF to 49 of Professor David Dunt’s 52 recommendations.

Now half way through an $82 million four-year program, many of those recommendations are either in place or planned for completion by December 2013.

While Professor Dunt compared the ADF commitment to mental health favourably to other countries, too much depended “on the enthusiasm and commitment of ADF regional mental health providers”.

In response, the ADF mental health workforce has been increased by more than 50 per cent. Another 24 positions will be added over the next 18 months.

These new positions will staff eight new Regional Mental Health Teams (RMHT) comprising a coordinator and Alcohol, Tobacco and Other Drugs coordinator. Clinical psychologists have also been recruited for three of the RMHTs.

On a local level, psychology support sections have been integrated with other local mental health professionals to form multi-disciplinary mental health and psychology sections.

This includes assessment and treatment for conditions such as depression, anxiety, stress, trauma, relationship problems, grief and loss, work conflicts and career counselling.

In addition, the creation of the ADF Centre for Mental Health will provide Defence with a facility to research best-practice mental health intervention programs and to support and train ADF health providers.

By the end of 2013, MAJGEN Alexander wants the initiatives established from Dunt to be embedded as “business as usual”.

Making sure this happens is the job of David Morton, appointed in February 2010 to lead reform as Director General of the ADF’s newly-created Mental Health, Psychology and Rehabilitation branch.

Mr Morton said the next milestone would be the critical analysis of the recently completed Military Health Outcomes Program (Milhop) survey, which is expected in the near future.

The ADF has engaged an advisory panel of leading experts on mental health and rehabilitation from around the country and the project will be external to Defence to analyse the data and look at the suitability of the ADF programs.

Mr Morton said the information would give the ADF a thorough understanding of the rates of mental health issues and the major problems people are experiencing.

Importantly, the data will also help the ADF understand the barriers to accessing health care and how treatment can be improved.

“We are very conscious that as we get mental health providers out there that we integrate the mental health and other health services into a more comprehensive health service and make it easier for people to access those services,” Mr Morton said.

With this “final piece of the jigsaw”, the ADF will be able to augment existing programs with best-practice outcomes designed to reshape ADF mental health care.

Mr Morton said an evidence-based program that included awareness, resilience and treatment interventions would meet the complete needs of the ADF.

“Add on to that the rehabilitation and recovery and what you have got is a continuity of services,” he said.

“Together that provides a comprehensive program that we are strengthening and that is what Dunt was really all about.”

Tick the box: Recent changes to the ADF’s strategy for addressing mental health issues help retain personnel.

Photo: LAC Bill Solomou

Tick the Box: Recent changes to the ADF’s strategy for addressing mental health issues help retain personnel.

Photo: LAC Bill Solomou

SUPPORT IS ONLY A PHONE CALL AWAY

GETTING help with mental health issues is just a phone call away.

ADF members can access mental health care by talking with their CO or supervisor, presenting to the health facility on their base, contacting their local Mental Health and Psychology Section or by calling the All Hours Support Line on 1800 628 036.

This service offers 24/7 access to crisis counselling and referral for treatment and support.

MILITARY COMPENSATION

Slater & Gordon can help you with military compensation claims, reconsiderations and appeals.

Call 1800 555 777 or visit www.slatergordon.com.au

Slater & Gordon Lawyers

New South Wales | Queensland | Western Australia | Australian Capital Territory

South Australia | Tasmania | Victoria | NOW IN TOWNSVILLE & IPSWICH


September 15, 2011

18
EIGHT Regional Mental Health Teams have been established at the local level. They are multi-disciplinary centres and the teams usually include a chaplain, social worker, psychologist medical officer and psychiatrist. Regional teams are located at:

- **Western Australia**: Leeuwin Barracks, (08) 9311 2763
- **Northern Territory**: Defence Establishment Berrimah, (08) 8935 4256
- **South Australia**: RAAF Base Edinburgh, (08) 7339 3695
- **Northern New South Wales**: Level 17, 270 Pill Street, Sydney, (02) 9893 2965
- **North Queensland**: Lavarack Barracks, (07) 4411 2120
- **South Queensland**: Gallipoli Barracks, (07) 3332 2466
- **Southern New South Wales**: Duntroon ACT, (02) 6265 9754
- **Victoria/Tasmania**: Level 1, M Block, 256-310 St Kilda Road, Melbourne, (03) 9282 4844

To celebrate the launch of Defcredit’s Mobile Banking, we’re giving away three iPhone 4s! To enter, simply register for Defcredit’s Mobile Banking and tell us in one sentence the most interesting place you’ll use Mobile Banking.

Visit defcredit.com.au to find out more.

---

**WIN an iPhone 4 with Defcredit’s Mobile Banking**

Defcredit’s Mobile Banking has arrived, making access to your money even easier. Defcredit’s Mobile Banking is free to access and use on most Smartphones. It gives you convenient, secure and instant access to your Defcredit accounts and lets you:

- Check account balances
- Transfer money to other accounts
- Pay bills via BPAY®
- View recent transactions
- View your Auto Transfers.

* Data charges may apply. * Answers will be judged on creativity, with one iPhone 4 16GB given away each month from 1 July 2011 to 30 September 2011. Terms and conditions apply. Please consider Defcredit’s Products and Services Conditions of Use (available at defcredit.com.au) before using Defcredit Mobile Banking. Defence Force Credit Union Limited ABN 57 087 651 385, AFSL/ACL 234582 AAN_MB7112.
Simulation for survival

Helicopter Underwater Escape Training is one of many training systems used to equip personnel with vital skills.

One minute everything is fine—the helo has that steady, constant, even hum. Then, suddenly, red lights and horns are going off. Within seconds the world seems to disappear as the helicopter ditches into the sea.

Your heart is racing as you instinctively go through your ditching drills: brace, breath, orientate, locate, jetti-
son, clear, relocate, harness, hand-to-hand, breath out, clear the surface and inflate life jacket.

It’s easy—you provided you have completed the simulation training.

Escaping from a helicopter that has ditched into the ocean is a scenario that Navy personnel never want to face, but it is one that is necessary to prepare for in case the worst happens.

Trainees practise correct techniques for escaping in such scenarios at the Helicopter Underwater Escape Training (HUET) simulator at HMAS Albatross.

The simulator mocks up different types of helicopters and ditches them into a pool. The HUET simulator is an example of the many ‘physical’ models of Navy systems in training.

Navy has been using simulation in training for decades, but now land-based training is becoming increasing “real’ as improvements in technology are leading to the development of more complex simulators.

Some of the most technically sophisticated simulators in service include the helicopter full-flight simulators. The S-70B-2 Seahawk simulator is mounted on a six-axis motion platform and provides full mission simulation of the Seahawk crew—pilot, tactical coordinator and sensor operator.

Simulator instructor LCDR Kyle Langford said many students were amazed by the way the simulators enhanced their learning.

“The feedback I get from the students speaks volumes about how beneficial they find the training simulators,” he said.

“The feedback ranges from ‘This happened to me last time I went flying—I’m glad I got to practice it in the simulator first’, to ‘That was fun, can we do it again?’

Simulation is now at the core of all aspects of Navy training, even teamwork and leadership training.

CONTRAM CDRE Daryl Bates said as Navy moved toward Force 2030, the Navy Training Force was embracing new technologies to further enhance the effectiveness and efficiency of the training experience.

Improvements to the fidelity of the training experience is evidenced by the recent upgrade to the Damage Control Trainer at HMAS Creswell’s School of Survivability and Ship Safety. The dynamic leak-stop-repair training unit is able to list 10 degrees, replicating sea conditions and allowing for more realistic combat survivability training in a safe and controlled environment.

Similarly, the Training Unit Anzac Ship Support Centre (TU-ASSC) at HMAS Stirling has proven to be highly effective in delivering technical training to ET and MT sailors.

TU-ASSC boasts a fully functional Mark 45 five-inch gun, complete with loader and dummy ammunition and is used to train ET sailors in maintenance and operating procedures.

The Combat Suite, a mock up of an Anzac operations room, complete with emulated consoles powered by complex computer programs, is a training system which can be interconnected for simulated war games.

The simulator can also receive ‘real-time’ input from nav radar, fire control director and other sensors to provide realistic tactical awareness, or simulated inputs to communicate with organisations like the US Navy in joint naval exercises such as Exercise Sea Warrior.

Modern technologies such as 3D-animated graphics, gaming engines and touch screens are allowing the development of simulation systems that can dramatically reduce the reliance on operational assets for training.

These technologies also increase the range of training scenarios that can be delivered without risk to personnel and ship systems.

“Simulation is now an integral part of the Navy training process,” CDRE Bates said.

“Harnessing future technologies will allow us to prolong the life of our expensive sea and air assets, while providing increasingly realistic, safe, challenging and exciting training for Navy’s most important assets—our people.”

Training Kicks In: A trainee escapes a ‘ditched’ helicopter during Helicopter Underwater Escape Training at HMAS Albatross and, inset, another is winched to safety.

The initial Workplace Remuneration Arrangement (WRA) pay offer for members of the ADF is 3% increase per annum for each of the years 2012, 2013, 2014 and will soon be considered by the Defence Force Remuneration Tribunal (DFRT).

DFWA’s evaluation of the offer suggests that it would deliver an effective reduction in pay because it:

• would not maintain the current purchasing power of your pay as it falls short of forecast cost of living increases;
• includes no recognition of increases in MQ rent, rations & quarters charges, utilities (gas, water, electricity) and new taxes; and
• does not recognize or recompense for the productivity improvements required from ADF members through the Strategic Reform Program.

The Association acts on your behalf as an intervener to the DFRT and wishes to hear what you have to say about the WRA offer. Your comments can be sent by email to wra@dfwa.org.au.

Matters such as this highlight the need for more effective, independent representation for members of the ADF and their families on a range of Conditions of Service matters

……. that’s just what the DFWA does for you ……

Learn more about the WRA and how the Association works hard for you at

www.dfw.org.au
Volkswagen Polo GTI five-door hatchback with semi-automatic seven-speed DSG transmission

Engine: A turbo and supercharged 1.4-litre engine producing 131kW power and 250Nm torque

Test vehicle RRP: $29,490 before on-roads

Reviewer: SGT Andrew Hetherington

AFTER spending a short time in the driver’s seat of the new Volkswagen Polo GTI, it didn’t take long to verify the validity of the swag of international motoring industry awards it received in 2010-2011. The 1.4-litre engine, fitted with a turbo and supercharger, was like an animal waiting to be unleashed. So rapid is the acceleration the only way you will know if you are not driving within the speed limits is the use of your over-active left hand switching the indicator stalk to the right as you go to pass approaching vehicles that seem to be reversing towards you. Drivers not checking the speedometer defied the fact it’s under-nourished, prematurely born Golf GTI – a deliberate move by VW to make a smaller and cheaper sibling of the hugely popular family-sized hot hatch.

Drivers not checking the speedometer easily find themselves clocking up speeding fines. Unfortunately, it’s a little too perfect for me. In particular, it lacks driver involvement and doesn’t give enough feedback to reward you for hand and foot inputs. The Polo GTI is a great car but, if you want to work a bit harder behind the wheel and actually feel the rewards from your efforts, then it might not be for you. But if you like tartan it might be worth a look.

Opening the rear hatch revealed surprisingly enough space to lug a couple of medium-sized suitcases. Being a five-door, one could have expected room for nothing more than a suitcase and pair of running shoes. Buyers will appreciate the well-designed interior, high standard of workmanship and materials used. Some of the features include soft-touch dash, sports seats with tartan trim (great if you have Scottish heritage), a flat-bottomed leather steering wheel with anti-lock brakes with electronic brake force distribution, brake assist and rigid passenger safety cell with door-side impact protection.

From the outside it looks like an under-nourished, prematurely born Golf GTI – a deliberate move by VW to make a smaller and cheaper sibling of the hugely popular family-sized hot hatch. Unfortunately, it’s a little too perfect for me. In particular, it lacks driver involvement and doesn’t give enough feedback to reward you for hand and foot inputs.

The Polo GTI is a great car but, if you want to work a bit harder behind the wheel and actually feel the rewards from your efforts, then it might not be for you. But if you like tartan it might be worth a look.

Great Scot: There’s a lot to like about the Volkswagen Polo GTI hatch – and don’t forget the tartan trim on the inside.

Photos: SGT Andrew Hetherington

Blast from the past

The Manhattan Project
Author: Cynthia C. Kelly
Publisher: Black Dog & Leventhal
Reviewer: Gregory Jarosch
Available at: Defence Library Service

THE Manhattan Project gives the story of the birth of the US Army-run research and development program that developed the atomic bomb, and those who helped build and unleash its power.

It’s about people like E. Fermi, J. Oppenheimer, General Groves, E. Teller and others whose names were synonymous with the nuclear age. The story starts in the embryonic world of nuclear physics in noteworthy laboratories and the discovery of fission in Germany in 1938 that sparked interest elsewhere.

With war clouds looming over Europe, some expatriate scientists such as Einstein lobbied President Roosevelt to divert vast resources toward building the bomb before the other side did.

The concept for the bomb was simple – slam together two highly concentrated enriched chunks of a few kilograms of fissionable material like uranium or plutonium to achieve a critical mass and chain reaction, to develop a nuclear explosion.

However, the production of such material was far more complex and time consuming, requiring tens of thousands of scientists, engineers, technologists and operators working in huge diffusion plants.

Some scientists, fearing a US nuclear monopoly, took matters into their own hands and transmitted bomb development secrets to the Russians.

Whether the deciding factor in shortening the Pacific War was the dropping of the bombs on Japan in 1945 or Russia’s entry into the war against Japan, it is still debated and open to conjecture today.

Defence Library Service
Defence Library
Black Dog & Leventhal
Cynthia C. Kelly
September 15, 2011
(02) 8865 3500
www.aussielpumps.com.au
RSL - Join Online Now

Whether you are stationed at home or deployed overseas, the RSL provides real support, assistance and advice to all serving men, women and their families in the area of compensation, welfare and advocacy.

Join the new online RSL Defence Sub Branch and access that support no matter where you are.

Member benefits include:

- National RSL membership and access to RSL Sub Branches
- An online membership advice and assistance service
- Free 12 month membership of the RSL Defence Sub Branch for current ADF personnel

RSL ... share the spirit of mateship. Join now at www.rsldefencesubbranch.com.au

To locate a RSL Sub Branch near you visit

rsla.org.au
rslact.org.au
rslactdef.org.au
rslnsw.org.au
rslnswhq.org.au

Member benefits include:

- National RSL membership and access to RSL Sub Branches
- An online membership advice and assistance service
- Free 12 month membership of the RSL Defence Sub Branch for current ADF personnel

RSL ... share the spirit of mateship. Join now at www.rsldefencesubbranch.com.au

Highly skilled: (Above left) ABCSO Philip Johnston at work in HMAS Toowoomba's operations room while deployed to the MEAO.

In control: (Above) ABMT Jared Duggan in the landing safety officer shack aboard HMAS Toowoomba.

Keeping track: (Left) ABWTR Matthew Sales completes filing in HMAS Toowoomba's office.

Leadership on show: (Right) Electronic Warfare Director LSCSO Zanda Furnell-Hall directs tasks in HMAS Toowoomba's operations room.

Photos: POIS Damian Pawlenko

Meet 'n' greet: SMNCSO Kyle Wade-Cooper greets visitors at HMAS Newcastle's gangway during Celebrate Maritime Day in Fremantle.

Photo: ABIS Morgana Ramsey

Multi-skilled: ABAWASM Trent Traynor transforms young visitor Lilly into a pirate during Celebrate Maritime Day.

Photo: ABIS Morgana Ramsey

Your Personalised

- $29.90 each plus postage and handling of $6.00. GST included
- Engraving plate included for your own personalised details
- Slight variations in finish due to all being hand made
- Visit our website for order form...
ON THE JOB: LSSN Leigh Paynting at work in a stores compartment aboard HMAS Toowoomba in the MEAO.
Photo: POS Damian Pavlenko

COOKING UP A STORM: (Above) SMN Ben Carosi cooks the onions while a participant of the ‘Tour the T’ charity fun run enjoys a sausage at HMAS Albatross.
Photo: ABIS Hayley Clarke

THE BEST: (Above right) Chief of Navy VADM Ray Griggs presents the Recruit of the Intake award to RCT Rhys Yakley at HMAS Cerberus.
Photo: LSIS Paul McCallum

WELCOME HOME DAD: (Right) POSTD Peter Milton’s daughters welcome him home from deployment aboard HMAS Perth.
Photo: ABIS Morgana Ramsey

Further information: • securityawards@defence.gov.au • DRN: intranet.defence.gov.au/securityawards • DSN: visit DSA site • DOSD: https://osd.defence.gov.au

Australian Government
Department of Defence

Do you know someone who’s doing great work in security?

If so why not enter them in the 1st Annual Defence Excellence in Security Awards

Supported by the CDF and Secretary, these new awards honour and celebrate outstanding achievements in security by those working for Defence—ADF, APS, DISP members.

Award categories
• Outstanding performance by a security specialist
• DepSec I&S award for outstanding leadership in security
• Outstanding contribution to security by a team
• Outstanding contribution to security by an individual

Who can enter
Any Defence or DISP employee can submit a nomination.

Entry forms are available online:
• DRN users: intranet.defence.gov.au/securityawards
• DSN users: visit the Defence Security Authority (DSA) site on the DSN
• DOSD users (DISP companies): https://osd.defence.gov.au

Finalists will be invited to an official ceremony in Canberra in March 2012, where the winners will be announced and presented with trophies.

Nominations close 17 October 2011
Confused about Novated Leasing?

WHAT IS A NOVATED LEASE?

HOW DOES IT WORK?

HOW WILL IT AFFECT MY SALARY?

IS IT RIGHT FOR ME?

We make the novated process simple. We listen to your needs, explain the process in detail and offer you the best quote possible.

Call Nathan on 0488 557 127 or Adam on 0448 448 723 for an obligation free quote or visit novatedbyfleetcare.com

Special Offer!

Sign up today and you’ll get a GPS Navigation System absolutely FREE!

Scan this code to watch our short Novated Lease video

Download your free barcode scanner at www.inigma.mobi
SAFETY LAWS TO CHANGE

Occupational health and safety laws are expected to change from January 1, 2012.

Commonwealth, State and Territory governments are currently working to harmonise their work health and safety laws, including the Regulations and Codes of Practice, with a view to producing laws that are uniform nationwide.

It is expected that from January 1, Defence will be bound by the Occupational Health and Safety Act 1991 (Cth), the replacement of the term ‘employees’ with ‘workers’. In the WHS Act ‘workers’ includes employees, independent contractors, sub-contractors, outworkers, apprentices, work experience students, trainees and volunteers.

As Navy personnel are considered to be workers for the purposes of the WHS Act, they will have a duty to take reasonable care for their own safety and to ensure their acts or omissions do not adversely affect the health and safety of other people.

The WHS Act will also require Navy personnel to comply with any reasonable instruction, policy or procedure relating to health and safety at the workplace. This may include complying with standard operating procedures, ship’s standing orders, participating in safety training, correctly using personal protective equipment and exercising a reasonable level of care and responsibility in the workplace.

Navy personnel who do not comply with their duties may be subject to prosecution under the WHS Act or the Defence Force Discipline Act 1982.

Application for Relocation online…

It’s easy as ABC

Toll Transitions upgrades its website to enable access and improved performance via multiple internet browsers.

Following feedback received from Members regarding issues with accessing Toll Transitions’ website, www.tolltransitions.com.au/defence via some internet browsers, Toll Transitions has upgraded its website. This upgrade now means that Defence Members are ensured improved performance and compatibility with most internet browsers on PC, Apple Mac and Apple iPad hardware.

Toll Transitions is committed to making it as easy as possible for Members to access and use its website to manage their relocation online.

If you encounter any issues with the Toll Transitions website, please contact us on 1800 819 167 for assistance.

Toll Transitions upgrades its website to enable access and improved performance via multiple internet browsers.

Following feedback received from Members regarding issues with accessing Toll Transitions’ website, www.tolltransitions.com.au/defence via some internet browsers, Toll Transitions has upgraded its website. This upgrade now means that Defence Members are ensured improved performance and compatibility with most internet browsers on PC, Apple Mac and Apple iPad hardware.

Toll Transitions is committed to making it as easy as possible for Members to access and use its website to manage their relocation online.

If you encounter any issues with the Toll Transitions website, please contact us on 1800 819 167 for assistance.

Toll Transitions upgrades its website to enable access and improved performance via multiple internet browsers.

Following feedback received from Members regarding issues with accessing Toll Transitions’ website, www.tolltransitions.com.au/defence via some internet browsers, Toll Transitions has upgraded its website. This upgrade now means that Defence Members are ensured improved performance and compatibility with most internet browsers on PC, Apple Mac and Apple iPad hardware.

Toll Transitions is committed to making it as easy as possible for Members to access and use its website to manage their relocation online.

If you encounter any issues with the Toll Transitions website, please contact us on 1800 819 167 for assistance.
ETFs explained

What you need to know before investing

EXCHANGE Traded Funds (ETFs) have become popular with investors and they are often promoted as an easy way to diversify your investments, usually with lower fees than traditional managed funds.

Be warned though, some ETFs are complex and risky investments.

As ADF members know, higher potential returns usually come with higher risks. You need to understand the risks and keep within a level you are comfortable with.

What are ETFs?

ETFs are promoted as a low-cost way to get investment returns similar to a share index or another underlying asset.

They are a type of managed investment that can be bought and sold like shares, through your stockbroker or online trading account.

The ETF usually tries to match changes in the value of an equities index, but ETFs are also available that offer exposure to assets such as international shares, foreign currencies and even precious metals.

Two types of ETFs

Most ETFs buy the shares and other investments that they are trying to match – they are known as standard or physical ETFs.

While you will not personally own the shares the ETF buys, you will usually own units or shares in the ETF.

Your main investment risk is the performance of the ETF’s underlying shares and other assets.

Another type of ETF, known as a synthetic ETF, may or may not directly own the underlying shares or other assets and uses complex products called derivatives and swap agreements to track their performance, before fees.

In Australia, only a handful of synthetic ETFs are available. They are required to include the word ‘synthetic’ in their title, so you can easily identify them, and other rules have been introduced to reduce some of their risks.

Risks to consider

These are some of the complex features, which can apply to physical ETFs, synthetic ETFs and sometimes both:

➤ TRACKING ERRORS: Physical ETF prices will not exactly follow the price of the index or investments they are designed to track. This ‘tracking error’ may be caused by fees, taxes, and other factors. The extent of any tracking error with a synthetic ETF depends on its specific features.

➤ PRICING ERRORS (‘gapping’): ASIC has found examples of ETF prices quoted by online stockbrokers that are significantly above or below the value of the assets that the ETF holds. The risk is that you might pay far more than the ETF’s assets are worth, or sell ETFs at a price far below the value of their assets.

➤ OVERSEAS INVESTING: If the ETF tracks international shares or other investments, there may be currency, tax and pricing risks.

➤ COSTS: While ETFs have become known for low costs, management fees vary and there are other costs to consider. For example, some ETFs’ management fees may be higher than the fees for an equivalent (unlisted) index fund.

➤ COUNTERPARTY RISKS: Synthetic ETFs enter into contracts with third parties, or counterparties. Your returns are dependent on the counterparty being able to honour its commitment to the ETF.

➤ SECURITIES LENDING: Physical and synthetic ETFs may use securities lending, transferring some of their assets (such as shares) to other companies for a fee. The risk is the borrower will not return the securities as promised.

➤ SECURITIES LENDING: Physical and synthetic ETFs may use securities lending, transferring some of their assets (such as shares) to other companies for a fee. The risk is the borrower will not return the securities as promised.

For a more detailed list of risks to consider before investing, go to www.monesmart.gov.au and search for ‘ETFs’.

Email ASIC at ADFinfo@asic.gov.au with topics that interest you

Photo: CPL Aaron Curran

ADF Financial Services
Consumer Council

www.adfconsumer.gov.au
Kicking the habit

Tobacco use is a major threat to our nation’s health and economic prosperity.

Smoking is the single largest cause of preventable deaths in Australia and causes more illness and death than any other drug. It accounts for about 15,500 deaths every year.

The Non Smokers Movement of Australia (NSMA) states that of 1000 young Australian males who smoke, 250 are expected to die prematurely due to tobacco use.

Smoking is becoming less tolerated in today’s society partly because of the community’s reactions to the statistics, health studies and the risks involved with passive smoking.

Recent surveys show that 80 per cent of smokers want to quit and almost three million Australian smokers have done so, according to NSMA.

ADF assistant director of Alcohol, Tobacco and other Drugs (ATOD) Jennifer Harland said opting for a combination of therapies was more successful than one, and combining behavioural support and nicotine replacement therapy increased success rates.

“The ADF also relies heavily on the different QUIT programs around Australia because there are a lot of resources available for people who wish to quit which are easily accessible,” Ms Harland said.

Nicotine replacement therapy can include patches, nicotine gum and lozenges and can be prescribed to ADF members at no cost.

Non-nicotine medication, such as Zyban and Champix, is a more recent therapy used by Defence and prescribed after failure or intolerance to nicotine replacement therapy.

Ms Harland said part of the process for quitting non-nicotine medication was to encourage to seek support from Defence via counselling, nicotine replacement and non-nicotine medication therapies.

“People for trying to quit, it can take numerous attempts to get it right. But be patient, persist and be prepared to explore why you smoke.”

Quitting at any age can result in major and immediate health benefits, some of which will be noticed within hours or days. Nicotine-dependant ADF personnel are encouraged to seek support from Defence via counselling, nicotine replacement and non-nicotine medication therapies.

ADF members can also be referred through their doctor to see an ATOD coordinator, psychologist or, in Navy, an alcohol and drug program coordinator.

TIPS TO QUIT

➤ Quitters who plan are more successful.
➤ Set a quit date.
➤ Learn about your smoking.
➤ Decide how you will quit.
➤ Halve your usual caffeine intake when quitting smoking.
➤ Remove all reminders of smoking, like ashtrays and lighters.
➤ Consider making your home and car free of smoke.
➤ Plan replacements.
➤ Plan rewards for yourself.

Call the Quitline on 13 7848 or visit www.quitnow.gov.au

Bill blogs on ... joys of spring cleaning

THIS year it was spring cleaning with a difference for me.

Not only did I dust the shelves, I also went through the wardrobe and am pleased to say that I have passed on to the Salvos six shirts and four pairs of shorts.

I did wash them first, of course.

Some followers of my ‘Join Bill Campaign’ have been asking me for an update, and I am pleased to announce that, in total, I have now lost 4.5kg since starting in late May. That, in total, I have now lost 4.5kg since starting in late May.

I am happy to be feeling as fit as a fiddle in the six-month fitness campaign. But I have only a few months left in the challenge.

I want to encourage those members who joined campaign or who are tackling their own fitness challenges, to get back to me and let me know how they are going.

The journey continues.

Email LAC Bill Solomou at vasilis.solomou@defencenews.gov.au

Great Leisure Rates in Australia and New Zealand.

Rent for 7 days, pay for 6!

For a limited time only, receive a free day on your rental of seven consecutive days or more between 1 and 50 September 2011.

To take advantage of this great exclusive offer, visit hertz.com.au or call the dedicated Department of Defence–Hertz free reservations number 1800 009 545. Be sure to quote the Defence Staff Leisure CDP number 1499013 and Promoter Code (PC) 163925 in your booking.

Terms and Conditions apply.

Great Leisure Rates in Australia and New Zealand.

Mates Rates in New Zealand!

Planning a visit to New Zealand? Take advantage of the great rates Hertz offers for our fare more exclusive to Department of Defence Members.

With a wide selection of vehicles to choose from you will be sure to find the perfect vehicle for your New Zealand escape.

To make a booking, visit hertz.com.au or call the dedicated Department of Defence–Hertz free reservations number 1800 009 545. Be sure to quote the Defence Staff Leisure CDP number 1499013 in your booking to access these great rates.

Book now and save!

Great Leisure Rates in Australia and New Zealand.

Mates Rates in New Zealand!

Planning a visit to New Zealand? Take advantage of the great rates Hertz offers for our fare more exclusive to Department of Defence Members.

With a wide selection of vehicles to choose from you will be sure to find the perfect vehicle for your New Zealand escape.

To make a booking, visit hertz.com.au or call the dedicated Department of Defence–Hertz free reservations number 1800 009 545. Be sure to quote the Defence Staff Leisure CDP number 1499013 in your booking to access these great rates.

Book now and save!


September 15, 2011

MAKING PROGRESS: LAC Bill Solomou gets some advice from PTI SGT Shane Duncan at the Russell Offices gymnasium in Canberra.
The Singh family are new to life in the Australian Defence Force (ADF) and new to life in Australia having only immigrated here from India in 2006.

‘We came here from Punjab in India to make a better life for ourselves,’ ABWTR Rajinder Singh said. ‘Life in India is not great, particularly not for a family.’

So he and his wife Damanjit came to Australia where Rajinder joined the Royal Australian Navy and was posted to HMAS Manoora which is located at Garden Island. They were also given their first Defence Housing Australia (DHA) home in Carlingford, NSW.

‘This is our first DHA home,’ Rajinder said. ‘We’ve been here for two years, and I have really enjoyed living here.’

The young couple live in a complex of units close to shops, a park and transport – three must haves for any young family in suburban Sydney.

‘It’s also a very secure area, particularly in this complex,’ Rajinder said. ‘So I don’t worry about my wife and child when I’m not here. A few guys from my ship live here, which good to know when I’m not here. But not everyone in the complex is Defence which is also good.’

But Rajinder said that their next DHA home, which they will move to in a couple of months when posted to Canberra, will have to be a little different to the two-level townhouse in Carlingford.

‘Things have changed for us since we’ve had the baby,’ Rajinder said. ‘The stairs aren’t great for the baby, and the living room used to be set up differently. But we’ve got a one-year-old now – he needs more space to play!’
THE People’s Liberation Army (PLA, aka China) team will not be a complete mystery for opponents in the International Defence Rugby Competition (IDRC) in Australia and New Zealand in October.

PLA is paired with Australian Services Rugby Union (ASRU) and Tonga Defence Services (TDS) in Pool A of the competition and as such will play both.

ASRU coach CAPT D.J. Cahill has had the difficult job of getting some advance information.

“The Chinese were last sighted in 2005,” CAPT Cahill said. “They are an unknown quantity, IDRC Competition Director Glenn Croslad said.

“We expect them to be physically strong and fit.”

The growth of the sport has been massive in China. In 1991, there were 30 registered players in China. By 1996 there were more than a thousand instructors.

China became affiliated to the International Rugby Board in 1997 and is now ranked 40th in the world, ahead of Madagascar and just behind Sweden.

ASRU plays Tonga in its first game on October 5. It then plays the Chinese at Viking Park in Canberra on October 9.

ASRU side will face the People’s Liberation Army rugby team (below) on October 9. Hopeful ASRU players are pictured here during an IDRC trial match in Canberra earlier this year. The final team will be announced at the end of this month.

Main photo: LAC Bill Solomou

Rally duo driven for success

THE husband-and-wife Navy Rally Team of Justin and Kristin White has been busy studying its performance from the previous event in the lead-up to the Donnelly Rally on September 17.

LSMTSM White said he and his co-driver Kristin were confident they could improve on their impressive third-place finish in their category at the Lewana Stages on July 23.

The team is determined to defend its third-place standing in the sportsman’s series of the Western Australia Rally Championship.

“We’ve been studying in-car footage from the last rally to see where we went wrong and how we can pick up some time,” LSMTSM White said.

“I’m very happy with our current position in the series, but I am hoping we can better that result.”

LSMTSM White said the Donnelly Rally – round four of the championship – would feature some of the fastest roads in the competition.

“The Donnelly Rally provides a great atmosphere of exhaust fumes, dust and foot-to-the-floor action,” he said.

“You won’t see anything like it – no tyre walls, no gravel traps, just unforgiving trees and rocks.”

LSMTSM White encouraged Navy people in Western Australia to come out and support the Navy Rally Team.

Unknown quantity: The ASRU side will face the People’s Liberation Army rugby team (below) on October 9. Hopeful ASRU players are pictured here during an IDRC trial match in Canberra earlier this year. The final team will be announced at the end of this month.

Main photo: LAC Bill Solomou

COMPETITION POOLS / FULL DRAW

| POOL A | Tonga Defence Services (TDS), China – People’s Liberation Army (PLA), Australian Defence Force (ASRU) |
| POOL B | Royal Navy (RN), Republic of South Africa (SANDF), Australian Federal Police (AFP) |
| POOL C | Royal Air Force (RAF), New Zealand Defence Force (NZDF), Papua New Guinea Defence Force (PNGDF) |
| POOL D | French Armed Forces (FAF), British Army (BA), Samoa Police (SP) |

FULL DRAW

- Saturday, October 1: Gala Game Day 1 at Viking Park, Canberra. Noon: TDS v PLA 2pm: RN v AFP 4pm: RAF v PNGDF 6pm: BA v SP
- Wednesday, October 5: Gala Game Day 2 at T.G. Milner Field, Eastwood. 11am: RN v SANDF 1pm: TDS v ASRU 3pm: RAF v NZDF 5pm: FAF v BA
- Sunday, October 9: Gala Game Day 3 at Viking Park, Canberra. Noon: ASRU v PLA 2pm: AFP v SANDF 4pm: NZDF v PNGDF 6pm: SP v FAF
- Saturday, October 22: Finals at Auckland University, Auckland. 1pm: (Bronze) runner-up semi-final 1 v runner-up semi-final 2 3pm: Winner quarter-final 3 v winner quarter-final 4

Send a stamped S.A.E for an illustrated brochure.

Crest Craft
PO Box 178, Macclesfield SA 5153
Phone: 08 8388 9100 or 0438 577 000
www.crestcraft.com.au
crest@chariot.net.au

ARMY, RAAF, RMC, Duntroon, Airfield Defence, RAAC, RAR, RAA, SAS & 1st Comm Reg also available

Rally duo driven for success

THE husband-and-wife Navy Rally Team of Justin and Kristin White has been busy studying its performance from the previous event in the lead-up to the Donnelly Rally on September 17.

LSMTSM White said he and his co-driver Kristin were confident they could improve on their impressive third-place finish in their category at the Lewana Stages on July 23.

The team is determined to defend its third-place standing in the sportsman’s series of the Western Australia Rally Championship.

“We’ve been studying in-car footage from the last rally to see where we went wrong and how we can pick up some time,” LSMTSM White said.

“I’m very happy with our current position in the series, but I am hoping we can better that result.”

LSMTSM White said the Donnelly Rally – round four of the championship – would feature some of the fastest roads in the competition.

“The Donnelly Rally provides a great atmosphere of exhaust fumes, dust and foot-to-the-floor action,” he said.

“You won’t see anything like it – no tyre walls, no gravel traps, just unforgiving trees and rocks.”

LSMTSM White encouraged Navy people in Western Australia to come out and support the Navy Rally Team.
Navy pair inspires ADF team

By CFN Max Bree

TWO of Navy’s most talented hockey players helped steer the ADF women’s team to victory against arch-rival New Zealand in an Anzac Test Series in Sydney from August 22-26.

Team captain LS Talei Stoll and top goal scorer LEUT Christie Underwood ran rings around the Kiwi defence.

They were two of the stand-out performers in guiding the ADF women to a 3-1 series win at the Sydney Olympic Park Hockey Centre.

Inside forward and goal-scoring machine LEUT Underwood said the team’s determination and high skill level were the decisive factors behind the win.

“It was a very gutsy effort by the girls,” said LEUT Underwood, who scored three goals for the series.

“We really moved the ball well and linked up in the centre.

‘And Talei (LS Stoll) really stepped up as captain and motivated the girls,” LS Stoll was impressed by the leg speed of her teammates.

“We stepped up and got to the ball first, and we ran as hard as we could. The Kiwis, though, were a very tough side,” she said.

Fellow teammates were full of praise for their captain and top goal scorer after the game.

PTE Ashlee Makim said LS Stoll’s hard work across the park made things easier for the rest of the team.

PTE Alice Burrell was impressed with LEUT Underwood’s ability to lift the team with inspiring plays.

In the men’s competition, the ADF suffered a 4-0 loss to an unstoppable New Zealand Defence Force team.

AB Nick Schiavo remained optimistic in the face of his side’s defeat.

“We did play well for a team that’s never really played together before,” he said.

“The Kiwis were a very competitive side, they had it all over us. I see why they are in the NZDF side.”

GETTING IN ON THE FUN: Navy runners line up for the City to Surf charity event in Perth and, inset, ‘Big Bertha’ fails to tie down the members of Australian Clearance Diving Team Four.

By SPR Nick Wiseman

NAVY runners from Perth raised more than $4000 for charity at the annual City to Surf community event on August 28.

Team Navy from HMAS Stirling comprised 42 competitors across all events, with all runners achieving their respective goals.

Team captain LS Janarthan Sri Kantha said the conditions on the day were ideal for the fun run.

“It was a huge turnout and a great success,” LS Sri Kantha said.

“It was also a great opportunity to raise money for charities.”

The funds raised by Team Navy will be donated to the Big Brothers, Big Sisters youth mentoring program, which supports underprivileged kids across Australia.

Australian Clearance Diving Team Four put in an impressive effort by running the full race with ‘Big Bertha’ – a big berthing rope – over their shoulders.

The next event on the calendar will see more than 25 Navy Running Association athletes compete in the Sydney Running Festival on September 18.

Most will be among those competing in the half-marathon, with others running across the Sydney Harbour Bridge in the 9km event.

The funds raised will be donated to the Big Brothers, Big Sisters youth mentoring program, which supports underprivileged kids across Australia.

Have you considered offering placements through the Defence Work Experience Program?

This Program provides opportunities to students to experience the ADF or Defence APS as an employer of choice.

Send enquiries to:

DefenceWorkExperienceProgram@defence.gov.au

Or Visit:

www.defence.gov.au/workexperience

Have you thought about your future workforce?

RESUMES

LEADING PROVIDER

- Resumes
- Selection Criteria
- Interview coaching
- CTAS & Med Disch

PEEP (spouses)

ADF specialist

National coverage

CALL

1300 112 114

MILITARY SHOP

Combat Gear

Clothing - Gifts

Collectables

Swords - Books

Showroom:

65 Kembla St

Parramatta Canberra

02 6123 2950

militaryshop.com.au

ATTENTION

Thinking of leaving the Defence Force?

FREE Report reveals:

- “The 7 Biggest Mistakes People Make During Transition…”
- And How To Avoid Them.

Don’t wait until you’re on the unfamiliar ‘Battlefield of Civilian Life’ before you learn the NEW roles of Engagement...

Get 3 FREE REPORTS.

Download your FREE Report NOW.

www.thesmarttransition.com/resume

September 15, 2011
Tee'ing off: PO Scott Allen fires off a drive during the Legacy Charity Golf Day and, inset, LS Tamarin Fungler lines up a long putt. Photos: LSIS Paul Berry

**Bowling for state pride**

By LCPL Mark Doran

NAVY lawn bowlers will be among more than 100 from across the country donning their whites for the Australian Services Bowls Association (ASBA) National Championships in Queensland from September 19-23.

The championships at Ipswich will begin with a round-robin state-versus-state competition, with bowlers from Navy, Army, Air Force and civilians a chance to get involved in the team sport.

Although Navy bowlers finished second at the ASBA National Interarmy Lawn Bowls Championships in August, five members of that Navy team were selected to play for the NSW state team.

In other bowls news, Stirling conducted an open day at the Safety Bay Lawn Bowls club on August 10.

In full swing for charity

MORE than 100 ADF and APS personnel hit the fairways at Fairbairn's ADF Golf Club for HMAS Harman's Legacy Charity Golf Day in Canberra on September 2. The event raised more than $2000 for Queanbeyan Legacy – which is Harman's nominated charity.

**Kuttabul in fine touch**

HMAS Kuttabul showed plenty of spirit in launching a fightback to claim the title as the top touch footty outfit within Navy.

Kuttabul won the grand final of the all-Navy touch footty competition against HMAS Success in August, taking out the Adelaide Cup and Benny Hill Plate.

With LSATV Justin Howland and ABBM Amy Carpenter leading the way, Kuttabul responded to its opponent's early scoring to run away with a 5-3 victory.

It was a vast improvement by Success, which had lost to Kuttabul 0-6 in the round matches.

LSATV Howland and ABBM Carpenter were named the male and female most valuable players, respectively.

More than 220 players in 23 teams took part in the event held at Randwick Barracks.

HMAS Albatross finished sixth, despite having been the traditional touch footty powerhouse.

Albatross has won the event 12 times since Navy teams first began competing for the Adelaide Cup/Benny Hill Plate in 1989.

**IN BRIEF**

Push for paintball

If ALL goes to plan, Navy personnel will be putting their fine shooting skills to the test in the first Defence Interservice Paintball Championships next year.

Organiser LAC Stephen Wadwell hopes to win approval for the event. "We are about to submit all our paperwork to the Australian Defence Sports Council," he said. Up to 60 people from the Navy, Air Force, Army and APS have responded positively to a paintball page on the Defence intranet.

Paintball tournaments can involve teams of three, five, seven or 10 players. Players aim to eliminate opponents by tagging them with paint-filled capsules made up from food colouring and gelatin. The game is played on a small symmetrical field filled with artificial terrain such as bunkers. For more information, contact LAC Wadwell by email at stephen.wadwell@defence.gov.au

Mountain of a test

THE 2011 Australian Defence Mountain Running Championships will be held in conjunction with the Mt Majura Vineyard Two Peaks event in Canberra on October 22.

The 20km event course is over Mt Majura and Mt Anstie and is open to all ADF personnel in the open, veterans and masters categories. For more information, visit the Australian Defence Running Association website: http://www.adf.coolrunning.com.au/Events/Mountain%20Running%202011.htm

**LEAD TWICE THE LIFE**

DMO

DMO MILITARY RESERVES

exciting opportunities Australia wide!

---

**DEFENCE MATERIEL ORGANISATION**


September 15, 2011
Navy stars inspire ADF to hockey glory over Kiwis