

Literacy

Significant educational campaigns describing the scope of mental health problems and prevention management strategies are being conducted to improve mental health literacy throughout the ADF.

Evaluation Strategy. Quantitative data will be collected on the current level of mental health literacy in the ADF and attitudes to mental health issues, from the ADF 'Your Say' survey. The data will be collected yearly to monitor any significant changes.

Milestones To Date

- News articles
- National distribution of Mental Health Promotion Series Fact Sheets
- Delivery of specific ADF Mental Health information, nationally
- Website (<http://www.defence.gov.au/health/>)
- National Primary Prevention Marketing Strategy

Resources

- Fatigue Management During Operations: A Commander's Guide