

DEFENCE COMMUNITY ORGANISATION

*The Defence Community Organisation
Defence capability by delivering family
services, information and programs to
commanders of the Australian Defence*



DCO supports ADF families in peace and war

WELCOME TO PUCKAPUNYAL



Australian Government

Department of Defence

Welcome to Puckapunyal/Seymour

This Welcome Book has been prepared by the Defence Community Organisation (DCO) for Defence personnel and their families posting to the Puckapunyal region.

The book captures a wide range of general and local information to assist you to settle into your new location. Puckapunyal and the surrounding region have a lot to offer you, making this a posting with many exciting opportunities.

We have endeavoured to include as much information as possible in this guide, however, if you have specific needs or require further information, please feel free to contact us. A list of essential services and useful contact numbers is included at the back of the book.

Your local DCO team hopes you enjoy your posting and we look forward to being of assistance to you.

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Introduction and Welcome

Welcome to Puckapunyal/Seymour. If you have not lived in this area before, I am confident that you will find it a relaxed and friendly place to live. If you are returning to Puckapunyal, welcome back.

Puckapunyal has gone through significant changes in recent years and, professionally, has taken on a higher profile within the Army. New facilities have been built, and others upgraded. Puckapunyal units are playing an increasingly important role in enhancing Army capability – both present and future.

However, Puckapunyal is much more than the home of a number of important units. It is 'the Army's only town', and has much to offer the individual and the family. The on-base facilities are the envy of many of the towns in the area, and there are a number of community, welfare and sporting organisations here ready to support families and provide social opportunities. Also, if it is not in Puckapunyal/Seymour area, you normally do not have too far to travel to find what you are after.

How much you enjoy your time here is largely up to you: I am an advocate of the old saying 'any place is what you make of it'. Puckapunyal is a safe, harmonious and happy environment in which to work and live. To ensure that it remains that way, we need the involvement of everyone in the community. I encourage you to do your bit in making Puckapunyal a place that we can all be glad to call home.

This book contains most of the information that you will need to help you plan your move to Puckapunyal. I hope that the move goes well, and I look forward to meeting you upon your arrival here. I wish you an enjoyable and rewarding posting.

Senior Army Area Representative

Puckapunyal Military Area

Defence Support Services

On behalf of Command, DCO delivers a broad range of targeted programs and services to support Australian Defence Force (ADF) personnel and their families to balance the demands of military service with personal and family commitments.

Your local DCO team is staffed by Social Workers, Military Support Officers, Regional Education Liaison Officers, Family Liaison Officers and administrative staff who are available to assist you and your family through the provision of:

- support in time of crisis
- information on Defence matters in general
- advice on community, recreational and interest groups
- deployment support
- mobility support
- professional counselling for personal, relationship and family problems
- various courses, information sessions and support groups
- specialist education advice and assistance
- special needs recognition and review
- employment assistance
- childcare assistance.

Upon your arrival, please contact our staff if you would like further information not covered in this publication, or if you would like to be linked to local Defence and community activities and support groups.

Where to Find Us

Ground Floor, Vivi St, Puckapunyal
Tel: (03) 5735 7731
Fax: (03) 5735 7726
Email: dco.puckapunyal@defence.gov.au

DCO Website

The DCO website Internet: www.defence.gov.au/dco provides Defence families with ready access to information on a broad range of ADF member and family topics.

After Hours Emergency Support

The DCO office is open from 8.30 am to 5.00 pm, Monday to Friday. All requests for emergency DCO assistance outside these hours and on public holidays should be directed to the National Welfare Coordination Centre (NWCC) on Tel: **1800 801 026**.

NWCC will pass a request for assistance to a DCO Duty Officer who will return the call. DCO assistance out of hours is available in emergency situations only. Any non-emergency cases are referred for follow-up assistance during normal business hours.

Chaplains

Duty Chaplain
Tel: 0438 367 863

Anglican Chaplain
Tel: (03) 5735 6288

Catholic Chaplain
Tel: (03) 5735 7472

Uniting Church Chaplain
Tel: (03) 5735 6817

Puckapunyal Area Amenities Board (PAAB)

The Puckapunyal Area Amenities Fund is a non-profit organisation administered by an advisory committee and a board of management. The charter of the PAAB and fund is to enhance social, recreational and developmental activities and facilities available to the Puckapunyal community.

Both the advisory committee and board meet quarterly, with the advisory committee meeting two weeks before the board sits. This committee reviews, researches and consults with applicants on matters pertaining to their application for funds. The committee passes on its recommendations to the board, which approves or rejects each application. Applicants are advised in writing of the outcome of their submission. A list of approved applications is published quarterly in the *Boomerang*.

Puckapunyal Area Standing Orders (PASOs), which should be held in all unit shopfronts, provide detailed information on the funding application process, including blank application forms.

Application details and submission deadlines are published in the *Boomerang*, area and unit routine orders, and on local community noticeboards. For general enquiries, please contact the Family Liaison Officer (FLO) on Tel: (03) 5735 7731.

Access to Puckapunyal Military Area

Wilson Security is the contractor for security services in the PMA. Partner and dependant identification (ID) passes are required to access facilities on the base, and you may be required to produce ID at any time. All persons aged 16 years and over will need to produce photo ID before being granted entry to the PMA. Children under the age of 16 will need to be identified by their parents or guardians (excluding designated school buses). Visitors, once positively identified, will need to display a Visitor's ID card.

Recognised dependents 16 years of age and older can apply for either an ADF National Family card or an APS National Family ID card.

Further information on how to apply for dependent ID cards is available from unit administrative staff or Wilson Security at the Incident Control Room, Tel: (03) 5735 7038.

Defence

Road Transport Wing (Army Logistics Training Centre, ALTC)

Tel: 0419 347 384 (Duty Officer)

Road Transport Wing is a sub-unit of the Army School of Transport, which is located in Albury Wodonga.

Road Transport Wing is responsible for B-vehicle driver training for the Army, in vehicles such as Land Rover, Unimog, Mack, prime mover and semi-trailer. The Wing is also responsible for conducting promotion courses for soldiers and non-commissioned officers (NCOs) from the Royal Australian Corps of Transport. Road Transport Wing has a permanent staff of 70 personnel, allowing us to train approximately 1,100 soldiers annually.

Proof and Experimental Establishment Graytown (P&EE Graytown)

Tel: (03) 5794 3200

P&EE Graytown is an element of the Proof and Experimental Division (PED) of the Army Engineering Agency (AEA), which in turn is part of Support Command Australia (Army). Its role is to provide the ADF with a capability of testing, proving and investigating explosive ordnance of any nature, and the associated components that accompany them. It also provides an in-service surveillance (ISS) role by testing ammunition and components that have remained in storage for lengthy periods of time.

Combined Arms Training Centre (CATC)

Tel: (03) 5735 6269

CATC is the Army's centre of excellence in training for the four combat arms: Armour,

Artillery, Engineers, and Infantry. CATC comprises a headquarters, School of Armour (SOA), School of Artillery (SOARTY), School of Military Engineering (SME) and School of Infantry (SOI). The headquarters, SOA and SOARTY are all located in Puckapunyal. SME is located in Steele Barracks, Moorebank, and SOI is located in Lone Pine Barracks, Singleton.

School of Armour (SOA)

Tel: (03) 5735 7415

SOA is responsible for individual mounted combat training for all corps, and is manned accordingly. The staff, while still predominantly Royal Australian Armoured Corps (RAAC), now includes instructors from Artillery, Engineers, Signals and Infantry corps. The scope of training now includes armoured fighting vehicle tactics, gunnery, all corps combat communications and surveillance training, and driving and servicing training.

700 students are trained annually at SOA, while several hundred others will complete training on SOA courses exported to the combat force.

School of Artillery (SOARTY)

Tel: (03) 5735 6459

SOARTY's mission is:

To provide individual training in joint offensive support, targeting, surveillance, target acquisition and ground-based air defence, in order to meet the extent and emerging needs of the combat force.

To achieve this mission, the school has three instructional wings (Fire Support Wing, Surveillance and Target Acquisition Wing,

Ground-based Air Defence Wing), a doctrine development section (Combat Arms Doctrine and Development Section) and a training battery (53rd Training Battery, 53 Bty), and also sponsors an additional instructional wing (Combat Command Wing). The instructional wings conduct approximately 55 different courses, with in excess of 700 students passing through the School of Artillery in any one training year.

Land Warfare Development Centre (LWDC)

Tel: (03) 5735 6690

LWDC supports the Army by integrating lessons, simulation, doctrine and experimentation, to inform and test war-fighting concepts in order to translate validated concepts into concrete development initiatives across the Fundamental Inputs of Capability (FIC). The unit ties together a variety of capabilities that help the Army identify and develop requirements for the future Army. As such, it is an exciting and challenging posting.

Joint Logistics Unit (JLU)

Tel: (03) 5735 6690

The mission of JLU is to provide high-quality designated material support for the ADF to train, fight and win.

Military Police (MP)

The Military Police are located at the corner of Passchendaele Pde and Blamey Ave, Puckapunyal, and are responsible for the maintenance of discipline outside of the unit lines. Their priority roles are the investigation of Service offences, and crime prevention. Random patrols and radar checks are often conducted in all areas on base, including the married quarter area, to assist in keeping traffic offences to a minimum. Both military and civilian offenders are processed through their Commanding Officer/QC or via the Victoria Police at Seymour.

The Military Police Office is not manned after hours; however an MP Duty NCO and Duty Officer are contactable for any after-hours assistance that may be required. Be aware that unless the incident is Service-related, it will be passed to the local Victoria Police.

Tel: (03) 5735 7987 (24-hours)

Police

The Seymour Police Station is located at the corner of Tallarook and High Sts, Seymour.

Tel: (03) 5735 0200

Mental Health and Psychology Services PHC

Pozieres Pde, Puckapunyal

Tel: (03) 5735 7665

Requests for urgent psychological support after hours are to contact Puckapunyal Health Centre (PHC) on Tel: (03) 5735 7689 or (03) 5735 7655 and present to the PHC ward to be reviewed by the ward Medical Officer (MO). Admission may be required.

All-hours Support Line (ASL)

Tel: 1800 628 036

ASL is available to all ADF personnel. When a member contacts ASL, their details are forwarded to the local Psychology Section for follow-up if required.

Veterans and Veterans Families Counselling Service (VVCS)

Tel: 1800 011 046

Legal Section

Tel: (03) 5735 6202

The Legal Section is located at Bridges Barracks, Puckapunyal. The primary role of the Legal Section is to provide legal assistance to commanders in the areas of operations law, Service discipline law and administrative law.

In addition, any member of the Defence Force, regardless of rank, may obtain legal assistance from a Service legal officer, whether a member of the permanent forces or of the Reserve forces. Legal assistance is also available in certain circumstances to officers and instructors of cadets appointed under the cadet forces regulations.

Legal assistance for any non-work-related legal problem is generally limited to the provision of counselling and advice only. If legal representation is required, assistance to engage a private legal practitioner can be provided. The cost of the services of the private legal practitioner must be borne by the member.

Members requiring legal assistance are required to seek an appointment through their unit orderly rooms. Members who are unable to attend appointments are to advise their unit orderly room/shopfront as soon as possible. Failure to do so may result in disciplinary action against the member.

Professional confidence exists between legal officers and the member for whom they are acting.

Defence Support – Puckapunyal (DS-P)

The DS-P program provides a range of corporate services to Puckapunyal Military Area units and sections.

The DS-P headquarters office at Puckapunyal is above the Defence Community Organisation (DCO) office, behind the library. Transfield's Garrison Support Services (GSS) Office is co-located in the DS-P headquarters. They have taken up the day-to-day delivery of services under the GSS contract. DS-P contract managers work hand in hand with the contractors to implement the GSS contract.

DS-P Area Coord Section coordinates requests by visiting units and civilian groups/associations/schools for military assistance, the use of camp facilities, resources, personnel and displays.

Defence Library Service Puckapunyal

Vivi St, Puckapunyal

Tel: (03) 5735 7755

Email: Library.Puckapunyal@defence.gov.au

Range Warning Notice

■ Army Field Firing Range – Puckapunyal

Puckapunyal Field Firing Range is generally described as the area bound by Seymour/Tooborac Road – approximately north from Tooborac No. 2 State Forest along Wappentake Creek to Majors Creek, then Osicka's Vineyard to Rushworth State Forest. Then approximately east to Mitchellstown and south to Hilldene and the Seymour/Tooborac Road.

Residents of areas adjacent to Puckapunyal Range are warned that it is an Army live-firing range.

Firing practices using live ammunition, both day and night, are conducted continuously on the range. Low-power range finders are also used. Death or serious injury may occur from being struck by a projectile. Eye damage may occur when viewing laser beams from the range boundary.

Unexploded ammunition is extremely dangerous and should not be handled.

Persons found trespassing within range boundaries will be prosecuted.

Enquiries regarding Puckapunyal Range should be addressed to:

Range Control, PLB MILPO

Puckapunyal VIC 3662

Tel: (03) 5735 7768

PMA Road Safety

It is now an offence under state law to have a person in any position in a vehicle without an approved restraining device, including babies. Blue-light flashing on Blamey Ave signifies the death of an Army member or dependant. Car parking in military areas is not permitted beside gutters and curbs painted red.

The speed limit within the married quarter area of Puckapunyal is 40 km/hour at all times. This limit is policed. All drivers in the area are subject to Victorian traffic laws. ADF members and their families who are caught exceeding the Puckapunyal posted speed limits are automatically referred to the civilian police. This includes military and civilian offenders, and may result in court appearances.

Education

Regional Education Liaison Officer (REDLO)

The Regional Education Liaison Officer (REDLO) can provide you with information and advice on the education system in your posting locality, and the Education Assistance Scheme available through the Department of Defence.

The DCO booklet, *Education – Victoria*, is available from the REDLO and contains information about preschool, primary, secondary and tertiary education in Victoria. It also covers services available for children with special needs, information on changing schools, and details of the Education Assistance Scheme.

Defence School Transition Aide (DSTA) and Defence School Transition Mentor (DSTM)

Defence funds Defence School Transition Aides (DSTAs) in a number of schools in the state. DSTAs (Primary) and Defence Transition Mentors (Secondary) are employed to assist families as they relocate to a new school.

They may:

- organise activities which welcome and farewell ADF families and help them settle into the new school community
- assist the school to understand the needs of ADF parents and their children
- inform the school and support families if ADF members are deployed
- help families with special needs
- assist families to collect work portfolios and academic records or reports for the new school

- act as a point of contact for ADF families in the new school.

The DSTA helps all Defence children at the school should they seek or require assistance. It is not intended that the DSTA work with one child on a long-term basis.

Contact the REDLO for further information.

REDLO Victoria

Tel: (03) 9282 3006

Fax: (03) 9282 3027

Email: redlo.vic@defence.gov.au

Puckapunyal/Seymour

DSTA/DSTM Schools

Puckapunyal Primary School

Tel: (03) 5793 1288

Internet: www.puckapunyalps.vic.edu.au

Seymour P–12 College, Years 7–12

Loco Street Campus, (formerly Seymour Technical High School)

Tel: (03) 5771 1300

Internet: www.seymour.vic.edu.au

St Mary's College (P–Year 10)

Tel: (03) 5792 2611

Internet: www.smseymour.catholic.edu.au

Local Schools

Seymour P–12 College

From July 2010, Seymour Special School, Seymour Primary School, Seymour East Primary School and Seymour Technical High School have merged to become a new school, Seymour P–12 College.

All schools will remain at their current sites until the building program is completed in late 2013.

Each Campus Principal is able to assist with enrolment enquiries.

Defence families who reside in Seymour are encouraged to enrol their primary-school-aged children in the campus closest to their place of residence.

Defence families of secondary-school-aged children are able to enrol their children at the Loco Street Campus of the Seymour P–12 College.

Loco Street Campus, Years 7–12

(including Victorian Certificate of Education (VCE) and Victorian Certificate of Applied Learning (VCAL))

Tel: (03) 5771 1300

Internet: www.seymour.vic.edu.au

Tallarook Street Campus, Special Education P–12

Tel: (03) 5792 2209

Internet: www.seymourss.vic.edu.au

Delatite Road Campus, Prep–Year 6

Tel: (03) 5799 1705

Internet: www.seymourestps.vic.edu.au

Grant Street Campus, Prep–Year 6

Tel: (03) 5799 1055

Internet: www.seymourps.vic.edu.au

Handy Contacts

Department of Education and Early Childhood Development Information and Referral Service

Tel: 1800 809 834

Internet: www.education.vic.gov.au

Lists all schools in Victoria.

Catholic Education Office

Internet: www.ceomelb.catholic.edu.au

Association of Independent Schools of Victoria

Internet: www.ais.vic.edu.au

Victorian Tertiary Admissions Centre

Internet: www.vtac.edu.au

Adult and Community Education

Goulburn Ovens Institute of TAFE (GO TAFE)

Tel: 1300 468 233

Internet: www.gotafe.vic.edu.au

Seymour Campus, Wallis St, Seymour

Shepparton Campus, Fryers St, Shepparton

GO TAFE Skills Store

Tel: 1300 877 545

Internet: www.gotafe.vic.edu/skillstores

Bendigo Regional Institute of TAFE

23 Mundy St, Bendigo

Tel: 1300 554 248

Internet: www.bendigotafe.edu.au

La Trobe University, Bendigo Campus

Edwards Rd, Bendigo

Tel: (03) 5444 7222

Internet: www.latrobe.vic.edu.au/bendigo/

Puckapunyal and District Neighbourhood Centre

Labuan St, Puckapunyal

Tel: (03) 5735 7719

Internet: www.puckaonline.com

Seymour Neighbourhood House

Tel: (03) 5792 3152

47A Anglesey St, Seymour

Seymour and District U3A

Tel: (03) 5799 1119

Email: seymu3a@vicnet.net.au

Employment

The Partner Education and Employment Program (PEEP)

Take a PEEP at your future

If you are a recognised partner of an ADF member, DCO's Partner Education and Employment Program, or PEEP, may be able to help you manage your career development.

PEEP Tier 1 provides an education and employment allowance of \$12,000 for a 10-year period to assist recognised ADF partners to better position themselves for employment through a range of initiatives when posted with the ADF member. Tier 1 is capped at \$6,000 per posting locality for assistance with: superannuation setup; professional employment assistance; child care, education and training; personalised resume preparation; and professional re-registration expense payments.

PEEP Tier 2 is an in-financial year 'one-off' payment of up to \$3,000 to be used for vocational courses, up to and including first-time undergraduate courses.

PEEP Tier 2 will be available for the next three years and is aimed at the partners of the more junior officer and enlisted ranks. Applications will be open to the partners of Private to Sergeant ranks (and their equivalents) and to the partners of Lieutenant to Captain ranks (and equivalents).

Tertiary studies assistance under PEEP

Partners are encouraged to undertake tertiary studies through Open Universities Australia (OUA). This allows partners to continue their education wherever they may be posted,

whether in Australia or overseas. OUA offers the following benefits to Defence partners:

- access to an online enrolment facility and unique client code
- access to a priority corporate support team through a dedicated email contact point
- a dedicated 1300 number supported by a team to assist partners in making the right choice about higher education and government loan options
- a flexible international higher education study offer for clients no matter what their location
- financial support to each student who enrolls using the code for the purchase of text books for the first five units
- extended online tutorial support.

Looking for a job? Try Jobsearch

ADF partners when seeking employment are encouraged to use Jobsearch – Australia's largest free online jobs website:

Internet: www.jobsearch.com.au

Want a peep at PEEP?

For more information on PEEP initiatives, including eligibility criteria and application forms, please visit the DCO website:

Internet: www.defence.gov.au/dco/PEEP

Search for Employment

Puckapunyal Military Area:

- Australian Public Service careers, Internet: www.defence.gov.au/aps, positions listed for Defence support organisations at Puckapunyal.
- NetGain, 22 Station St, Seymour, Tel: (03) 5799 1616 is a contract office.
- Transfield Services, Internet: www.transfieldservices.com.au, click on 'Regional Operations', then select Australia New Zealand and follow the prompts.

Seymour and District:

- Workways, 15 William St, Seymour, Internet: www.workways.com.au, is linked to the Australian Job Search website.

Select the Eastern Victoria tab and vacancies are listed by job category:

- JobSearch is Australia's largest jobs, Internet: www.jobsearch.gov.au .
- Local newspaper advertising – *Seymour Telegraph* each Wednesday.
- Melbourne to Seymour and return by a commuter rail service – approximately 50 minutes to the northern suburbs and 70 minutes to the central business district (CBD) with a bus connection to Seymour VLine rail station to and from Puckapunyal.
- Victorian Government Careers, Internet: www.careers.vic.gov.au.
- The Boomerang newsletter published monthly and delivered to all married quarters and base locations.

Children's Services

Defence Child Care Program

The purpose of the Defence Child Care Program is to aid mobility by facilitating priority of access to child care for Defence families, where the local community is unable to meet the demand for childcare places. Accordingly, the program is focused on ensuring mobile Defence families can access some form of child care on arrival in the gaining locality. This is achieved through a variety of centre and non-centre-based child care. Defence does not directly subsidise the cost of any form of child care for Defence families, nor is child care an entitlement.

Defence Childcare Centres

There are currently 21 Defence childcare centres across Australia that participate in the National Childcare Accreditation Council Quality Improvement Program. These centres are managed by B4Kids Pty Ltd and are required to meet the State/Territory Child Care Regulations for licensing and the requirements for the Child Care Benefit (CCB). The centres provide priority of access to Defence families in accordance with Defence's Priority of Access (POA) guidelines.

A full list of the centres and the Defence POA guidelines are available on the DCO website.

Family Day Care

Family day care is home-based child care by a qualified, monitored family day care provider. You can contact the schemes in your area through Family Day Care Australia on 1800 621 218.

Handy Contacts

Defence Community Organisation
Internet: www.defence.gov.au/dco/childcare.htm

B4Kids Pty Ltd
Internet: www.b4kids.com.au
Tel: 1300 265 600 or (07) 3326 5600

Child Care Access Hotline – provides up-to-date information about child care options and locations
Tel: 1800 670 305

Department of Education, Employment and Workplace Relations (DEEWR) – Office of Early Childhood Education and Child Care
Internet: www.mychild.gov.au

MyChild Hotline Tel: 13 36 84

The National Childcare Accreditation Council (NCAC)
Internet: www.ncac.gov.au

Family Day Care Australia
Tel: (02) 4320 1100 or 1800 621 218
Internet: www.familydaycare.com.au

Child Care Puckapunyal/ Seymour

B4Kids Centre

Alamein Rd, Puckapunyal

The centre has places for more than 70 children and is on Alamein Rd, located across the road from the Puckapunyal Primary School. Children from six weeks to school age.

Tel: (03) 5735 7588
Opening hours: 7.00 am to 6.00 pm

Seymour ABC Learning Centre

Cnr Bishop & Elizabeth Sts, Seymour

At the rear of Goulburn Ovens Institute of TAFE, Wallis St, Seymour. Children from six weeks to school age. Child care places are available for students and staff of Goulburn Ovens TAFE, as well as working parents.

Tel: (03) 5799 2855
Opening hours: 7.30 am to 6.00 pm

Mitchell Family Day Care

Vacancies exist within the Mitchell Family Day Care Service for care providers who wish to care for children in the PMA.

Successful applicants must have the ability to maintain a healthy, safe and clean environment; have an understanding of children's development; be interested in providing activities and nutritious food; and have good communication skills. Experience in caring for children is essential.

Payments to care providers are in accordance with the Mitchell Family Day Care Service fee structure.

Tel: (03) 5734 6255
Opening hours: Monday to Friday, 8.30 am to 5.00 pm

Mitchell Shire Council

Internet: www.mitchellshire.vic.gov.au

Occasional Child Care and Playgroups

Little Footsteps Occasional Child Care Centre

Puckapunyal and District Neighbourhood Centre (PDNC) Labuan St, Puckapunyal
Enquiries to PDNC.

Tel: (03) 5735 7719

Seymour and District Community House (occasional child care)

1 Wall St, Seymour

Enquiries, Tel: (03) 5792 3152

Little Tackers Playgroup – Puckapunyal

Little Tackers is located at the B4Kids Centre in Alamein Rd. It meets on Mondays and Fridays, from 9.30 am to 11.30 am.

Tel: (03) 5735 7588

Puckapunyal Playgroup

Puckapunyal Playgroup is co-located with the PDNC. Please contact the centre for session times.

Tel: (03) 5735 7719

Seymour Playgroup

Igloo Hut in Kings Park, Tallarook St, Seymour

Opening hours: Monday, Tuesday and Friday,
10.00 am to 11.30 am

Tel: (03) 5792 1332

Seymour Toy Library

Seymour Sports and Aquatic Centre

Chittick Park, Pollard St, Seymour

Opening hours: Monday to Friday,
9.00 am to 12.00 pm

There is a membership fee per family and concessions are available.

Tel: (03) 5792 3068

Maternal and Child Health Centres

Puckapunyal – MCH Nurse

B4Kids Puckapunyal

Alamein Rd, Puckapunyal

A service for mothers, babies, and children from birth to six years.

For appointments, home visits, group sessions and immunisation information, contact

Tel: (03) 5793 1203

Seymour – MCH Nurse

Pollard St, Seymour

Tel: (03) 5792 1899

Opening hours:

Monday to Thursday, 9.00 am to 4.00 pm
(groups/appointments/home visits)

Wednesday, 9.15 am to 12.00 pm (open session)

Lower Hume Parent Support Group

Victorian Railways Institute (VRI) Building, 2
Railway Pl, Seymour

Email: lhparentsupport@bigpond.com

Tel: (03) 5792 1122

A supported social group for parents of children with special needs.

'My Time' program: Tuesday and Thursday,
10.00 am to 12.00 pm

Special Needs

When Defence families with special needs are posted, they may have difficulties accessing the services they require. The problems families experience are due to the different eligibility criteria for accessing services, such as therapy (speech and occupational therapy) and respite, due to the lengthy waiting lists and, in some instances, the lack of service providers. When relocating, some families require housing modifications and specific accommodation which caters for the additional requirements of the family member with special needs.

In order to address some of these difficulties Defence has a policy (PACMAN Ch 8 Part 6) that provides a range of assistance measures that can be accessed by ADF families who are formally recognised as having a dependant with special needs. The Dependants with Special Needs Program includes:

- a process whereby families have their status as a member with a special needs dependant formally recognised
- a process whereby families have the assistance required by the special needs dependant reviewed prior to relocating
- a special needs pre-posting visit
- assistance to access specialised equipment in the new locality
- assistance to access therapy services in the new locality
- assistance to access respite services in the new locality
- assistance with identifying appropriate housing and transit accommodation.

Contact your local DCO office for more information or request a CD ROM that explains the process for applying for recognition or, at the time of posting, to undertake an assessment of assistance required by the special needs dependant.

Children with Special Needs

The decision on where to enrol a student, and with what level of support, will depend on a number of factors, including the student's educational needs, the expressed desires of parents and caregivers, the capacity of the education system to provide the level of support services required at a particular location, and the availability of appropriate support services at alternative locations.

It is important that parents of children with special needs contact the REDLO as soon as notification of posting is given to facilitate the appropriate placement, so that the support required is available for the student from the time of arrival at the new school.

Relocations and Housing

Defence Relocations and Housing Manager

Defence Relocations and Housing Managers (DRHMs) are employed to assist ADF members and their families by liaising with Defence Housing Australia (DHA), Toll Transitions and the Defence Community Organisation in each region, to make their relocation easier for them and their families. If you have an enquiry regarding your housing, maintenance, allocation and/or relocation services, or if you are dissatisfied with the service provider or any decisions made by DHA or Toll, your local DRHM (listed below) can assist you in addressing and resolving your concerns.

Area	
Southern Victoria	
Names	
John Gaffney	Christine Sarkies
Telephone	
(03) 9282 3667	(03) 9282 3628
Mobile	
0407 462 437	-
Fax	
(03) 9282 3684	(03) 9282 3684

Defence Housing Australia



DHA was established in 1988 with the aim of improving the quality and selection of housing for Defence members and their families. DHA manages approximately 17,300 residences around Australia and provides a range of services to help ease the pressure on Defence families – we will support you and your family throughout your tenancy, from moving in, to living in, and then moving out of your home.

If you need support throughout your tenancy, then our staff can assist you. You can phone our information line on **139 DHA (139 342)** for advice or visit our website (www.dha.gov.au).

DHA also has Housing Management Centres and local offices located near major Defence establishments to provide effective support for you and your family wherever you need it.

Internet: www.dha.gov.au

Tel: 139 DHA (139 342)

Toll Transitions



Toll Transitions provide Defence members and their families with a total relocation service.

Your Toll Transitions case manager will assist you with your relocation requirements including travel, temporary accommodation, removal, storage and payment of your relocation allowances and entitlements.

You will receive a "Your Defence Relocation Guide", from Toll Transitions giving you detailed information to assist you with your relocation. You are also able to download this guide from the Toll Transitions website.

You can complete your Pre-AFR, AFR and inventory online at the Toll Transitions website www.tolltransitions.com.au/defence and "Your Defence Relocation Guide" explains the simple steps required to do this. You are able to maintain multiple inventory details online, giving you a current record of your goods and their whereabouts at any point in time. You can use these saved inventories should you move again.

After your move, in the unfortunate event of loss or damage, you can submit your notice of Loss or Damage online direct to Toll Transitions' Warranty Management Centre (WMC).

For 24-hour relocation enquiries and assistance, contact Toll Transitions on Tel: **1800 819 167**.

Health

ADF Family Health Trial

The Australian Government is pleased to be supporting Australian Defence Force (ADF) members and their families through the ADF Family Health Trial.

The trial is scheduled to conclude on 30 June 2012; by this time the future direction of health care to ADF dependants will be known.

The ADF Family Health Trial is available to recognised ADF dependants residing in the following locations:

- **Western Australia** – Derby, Broome, Kununurra, Karratha, Port Hedland, Carnarvon, Tom Price, Newman and Exmouth.
- **Northern Territory** – Darwin, Nhulunbuy, Katherine and Alice Springs.
- **Queensland** – Cairns, Weipa, Mt Isa, Thursday Island, Tully and Townsville.
- **New South Wales** – Singleton.
- **Victoria** – Sale and Puckapunyal.

Medical

The ADF Family Health Trial provides reimbursement direct to your bank account for gap expenses when ADF dependants visit a general practitioner (GP).

Gap expenses are the difference between what the GP charges and what you get back from Medicare. For example, if your GP charges \$60 and the Medicare Rebate is \$35, we will give you \$25.

Eligible dependants are expected to pay the normal GP fee up-front, and claim the Medicare Rebate before submitting a manual claim to ADF Family Health for reimbursement.

Eligible dependants are able to visit any general practice of their choice—including when on holidays away from home.

Allied Health

ADF Family Health also provides \$330 per dependant, per calendar year, to use towards the following allied health services:

- Dental
- Physiotherapy
- Optical
- Chiropractic/
Osteopathy
- Dietician
- Speech Therapy
- Psychology
- Podiatry/Chiropody
- Audiology

Most claims can be processed electronically at the same time as the services by using the ADF Family Health card provided. In the event that electronic processing is not available, the dependant is expected to pay the account and claim the reimbursement manually.

Private Health Insurance

If you have private health insurance, the trial benefit can be used in addition to your private health benefit.

Nil Cost

This is a government-sponsored initiative. However, please be aware that the services accessed are considered a Fringe Benefit.

More Information

Internet: www.defence.gov.au/health/dependant_Healthcare/i-healthcare.htm

Contact

Email: Adf.dependanthealth@defence.gov.au
or Tel: (02) 6266 3547.

Other Health Information

Puckapunyal Health Centre (PHC)

Pozieres Pde, Puckapunyal

Emergency: (03) 5735 7689

Ward: (03) 5735 7655

Aspen Medical is a wholly-owned Australian company which manages PHC.

PHC is a 24-bed in-patient facility that provides primary health, allied health and emergency care to all military personnel stationed at Puckapunyal Military Area.

PHC maintains a 24-hour emergency response capability and is staffed by emergency management and trauma-qualified personnel.

Aspen provides a range of health services, including medical appointments, immunisations, annual health assessments, pre- and post-deployment assessments, the management of sick parade, and dental, physiotherapy and mental health services.

Except in emergencies, the PHC does not provide health care to dependants. Emergency treatment is provided for civilians, who are then referred to the nearest civilian health facility.

Casualty department hours are 7.30 am to 4.00 pm; outside these hours, please report to ward area which is manned 24 hours a day.

Medicare

A Medicare claims booth is located at The Spectacle Site, The Mall, Station St, Seymour.

Enquiries: 13 20 11

Internet: www.medicareaustralia.gov.au

Immunisation

Mitchell Shire provides a free immunisation program according to the National Immunisation Program. Immunisations for preschool children are conducted regularly.

Contact the Environmental Health Unit of Mitchell Shire for more information.

Tel: (03) 5734 6235

Internet: www.mitchellshire.vic.gov.au

■ **Puckapunyal Immunisation**

Fourth Tuesday of each month, 11.30 am to 12.15 pm at PHC, Pozieres Pde, Puckapunyal (in the Old Nurses Quarters building).

■ **Seymour Immunisation**

Fourth Tuesday of each month, 2.00 pm to 2.45 pm at Mitchell Shire Services Centre, High St, Seymour.

Hospitals

■ **Seymour Memorial Hospital**

Bretonneux St, Seymour

Tel: (03) 5793 6100

Internet: www.seymourhospital.org.au

A 10-minute drive from Puckapunyal.

■ **Mitchell Community Health Service**

Ferguson St, Broadford

Tel: (03) 5784 5555

Internet: www.mchs.org.au

Allied health, counselling and support groups, home-based care services.

Ambulance Service

Tel: 000

Defence Community Groups

Defence Special Needs Support Group (DSNSG)



The Defence Special Needs Support Group (DSNSG) is a national volunteer organisation established to provide support, information and assistance to Defence families who care for someone with a disability or special need. Membership is free. Services provided include local support groups, respite programs, posting plans, specialised support for adults with special needs, Computers 4 Kids, access to grants, national newsletter, social skill programs for children and much more. For more information contact the National Office.

National Coordinator

Margaret Fisk

Tel: 1800 037 674

Email: national.coordinator@dsnsg.org.au

Internet: www.dsnsg.org.au

Defence Families of Australia (DFA)



A voice for Defence Families



Defence Families of Australia (DFA) has been representing the views of Defence families for 25 years. DFA is a voluntary group of energetic and dedicated Defence partners appointed by the Minister for Defence, Science and Personnel. DFA has the unique opportunity of having direct access to: the Minister and Chief of Defence Force; senior Defence leaders; and key organisations which are directly involved with the families of our Defence Force.

DFA's aim is to improve the quality of life for Defence families by providing a recognised forum for the views of the family, and by reporting, making recommendations and influencing policy that directly affects families. The DFA Executive attracts volunteers from all services and ranks, who are living the unique lifestyle which stems from living with a Defence member, ensuring a broad coverage of experiences and understanding of the Defence lifestyle. DFA recognises that families today are very diverse and the composition of the family unit results in different challenges.

Geographically, DFA volunteers are located all around Australia, representing families at a local, regional and a national level. National Delegates are situated in each state and it is preferable to have a Local Family Representative in each Defence location, unit and base. Quality feedback is reliant on good communication between the Executive and family members in each region. When issues are raised, they are taken to the appropriate stakeholder at a local level or, if necessary, raised to a national level.

DFA is currently consulting with Defence and stakeholders on a range of issues including:

- ensuring Deployment Support is appropriate and available to all families
- enhancing the Partner Education and Employment Program funding
- shifting the focus on mental health to the entire Defence family unit in order to adequately support the ADF member
- providing feedback to Toll on relocations administration procedures
- working with the ADF Financial Services Consumer Council to develop useful education on financial management for Defence families
- monitoring the introduction of the National Defence Families Identification Card.

DFA's National Conference is held annually and provides an opportunity for face-to-face time where we discuss and develop feedback from all regions. We liaise with Defence stakeholders and work with areas that support ADF families. Together, as a team, solutions, additions, improvements and initiatives are created for ADF families.

Join DFA today free!

By joining DFA as a member, you are supporting its aim to represent the needs of all

Defence families. Please take a few minutes to enter your details on the website www.dfa.org.au/user/register/.

When you become a DFA member you will receive quarterly eNewsletters and email alerts, and access to the DFA website which will provide you with access to a wealth of resources:

- My Home and My Calendar with local news and events in your posting location
- timely updates on information and changes affecting Defence families
- advice and tips from other partners in the areas of Moving, Absence from Home, Education, Health, Employment and Money
- an opportunity to provide Defence and Government with your feedback and suggestions for improvements in My Voice.

How can you be involved in DFA?

If you are interested in learning more about DFA or becoming a volunteer in your area, please contact your local National Delegate (details on the DFA website).

Visit www.dfa.org.au or call the DFA Infoline 1800 100 509.

Puckapunyal and District Neighbourhood Centre Inc. (PDNC)

Labuan St, Puckapunyal

Tel: (03) 5735 7719

Fax: (03) 5735 7718

Email: admin@puckaonline.com

PDNC is a 'people place', where everyone in the community is welcome to meet in a warm and friendly environment. The centre operates from 9.00 am to 4.00 pm, Monday to Thursday. PDNC is not open during school holidays.

The centre has a number of services available to assist community members. These include access to self-help, educational opportunities, general information, and a wide range of social and creative activities. Our activities include computer classes, Tumble Tots, yoga/

pilates classes, children's swimming lessons, craft sessions, asthma awareness and first aid, a model rail group, Men's Shed, and PDNC op shop. Volunteers to assist in running these programs are most welcome.

The centre runs its courses both day and evening to meet community needs. Open days are held for your information – watch the *Boomerang* for advertised dates.

The Boomerang

The *Boomerang* is the community newsletter for Defence in the Puckapunyal and Seymour area. Articles or information of general interest are actively encouraged.

There is a submission box in the Family Store at Frontline where you can drop your contributions, or leave a message for the editor at the DCO office.

Tel: (03) 5735 7731

Local Community

Frontline Defence Services



Frontline Defence Services is proud of its 95 year history of supporting Australian Defence personnel.

Tasked by the Chief of the Army and Air Force to provide convenient, inviting and competitive on base canteens, these services then allow us to support local Defence communities

through injecting surplus profits back into the community via direct sponsorship and cash disbursements from vending to Relief Trust Fund (RTF) and welfare trusts.

Opening Hours:

Monday to Friday: 7.00 am to 8.00 pm

Saturday and Sunday: 8.00 am to 8.00 pm

Tel: (03) 5735 7636

Internet: frontlineds.com.au

Frontline Puckapunyal Family Store is located in the shopping complex. Services provided include: supermarket, magazines and newspapers, automatic teller machine (ATM)

and EFTPOS, fuel, ice, gas bottle exchange, dry cleaning. Frontline accepts Caltex, fleetcards and motor pass cards.

Community Theatre

■ Puckapunyal Area Theatre

Puckapunyal Area Theatre is located on Passchendaele Parade. Theatre passes are required for all spouses and dependants, and are to be shown when purchasing tickets.

Screenings: Wednesday, Friday and Saturday evening, and a Saturday matinee. Evening screenings commence at 7.00 pm and finish at approximately 11.15 pm. Matinees start at 1.30 pm and finish at approximately 3.00 pm.

Manager: (03) 5735 7603

Office hours: Wednesday, Friday, Saturday, 12.00 pm to 9.00 pm

Spouse and dependant passes are available from Wilson Security, PMA Incident Control Room, Building 440, Passchendaele Pde, during office hours.

Tel: (03) 5735 7038

Sporting Facilities

■ Puckapunyal Fitness Centre

The fitness centre is open to all military members of Puckapunyal, as well as spouses and dependants. The centre comprises: weight training room (non-ADF members need to produce a doctor's certificate before being allowed to use the weight room), cardiovascular room, indoor heated pool, wading pool and outdoor pool (open 6.00 am to 7.00 pm weekdays, 10.00 am to 6.30 pm weekends and public holidays), court games, sauna, rock-climbing wall, and personalised instruction.

For more information, please call the gym on Tel: (03) 5735 7752.

Passes for spouses and dependants:

Photo identification is issued by Wilson Security, PMA Incident Control Centre, Building 440, Passchendaele Pde, and is required for entry into the fitness centre.

Tel: (03) 5735 7038

Children aged under eight years must have adult supervision.

Children over the age of eight are eligible for their own pass upon completing the 'Safe Swim' test.

People over the age of 16 can use the facility upon receiving a pass. There is no need for people over 16 to complete the 'Safe Swim' test.

Dependants will need to make an appointment with a gym staff member for familiarisation with the weight room.

For further information, please call the lifeguards on Tel: (03) 5735 7752.

■ Puckapunyal Tennis Courts

To gain access to the tennis courts situated near Frontline, you need to sign the keys out from the fire station. To get the keys, photo identification needs to be produced. Tennis racquets can be signed out from the fitness centre and need to be returned within 24 hours.

Seymour

■ Swimming Pools

Seymour Memorial Swimming Pool
Alexander St, Seymour (off Tallarook St)
Summer season: December to March
Tel: (03) 5792 1912
50-metre Olympic-size outdoor pool.

■ Seymour Sports and Aquatic Centre

Chittick Park, Pollard St, Seymour

The complex includes two basketball/netball courts and a 25-metre heated indoor pool, as well as soccer, cricket and football competitions.

Tel: (03) 5792 3822

■ Seymour Tennis Complex

16 courts available, including four synthetic grass courts.

Social tennis, for all abilities: Wednesday nights from 7.30 pm

Ladies tennis: Mondays, 9.00 am to 12.00 pm

District pennant competition – October to March (no competition from mid-December to mid-January). For further information, Tel: (03) 5792 4114.

Coaching for all levels available.

■ Golf

Puckapunyal Golf Course
Tel: (03) 5835 7647 (Saturday only)

Seymour Golf Course
Yea Rd, Seymour
Tel: (03) 5792 1117

Shopping

Seymour has a vibrant shopping centre located in Station St and two other retail centres in Anzac Ave. All your family requirements are available from the friendly staff in local stores, and if they haven't got what you require they will cheerfully order it for you.

Seymour businesses appreciate the custom of the Defence families at Puckapunyal.

Melbourne city and suburban shopping centres are a 70-minute train or car journey.

■ Puckapunyal

Frontline Convenience Store

Labuan St, Puckapunyal
Tel: (03) 5735 7636
Fax: (03) 5735 7633

Monday to Friday, 7.00 am–8.00 pm
Saturday and public holidays, 8.00 am–8.00 pm

Shops at the Frontline centre are listed at the end of this booklet.

Local Attractions

'A great place to live, work and raise a family.'

'Living on base at Puckapunyal is a safe and relaxed lifestyle, free from the bustle of larger centres.'

Puckapunyal and Seymour are located just off the Hume Fwy and Goulburn Valley Hwy in central Victoria, just 70 minutes from Melbourne.

The communities are rich in natural attractions, sporting and cultural activities, and military and historic places of interest.

Seymour Visitor Information Service

Old Courthouse, Emily St, Seymour
Tel: (03) 5799 0233
Email: info@seymourvisitors.org

Mitchell Shire Council

Tel: (03) 5734 6200
Internet: www.mitchellshire.vic.gov.au

Tourism Victoria

Internet: www.visitvictoria.com

Victoria Online

Local, state and federal government information services.
Internet: www.vic.gov.au

Information Victoria

Tel: 1300 366 356
Internet: www.information.vic.gov.au
Internet: www.bookshop.vic.gov.au

Puckapunyal, in central Victoria, is an easy drive to Melbourne and other regions of Victoria.

Seymour, approximately 8 km east of Puckapunyal, is a thriving regional centre offering relaxed country living with all the services of bigger centres.

The *Boomerang* also contains information on what's on within the local and surrounding areas.

General Services

Banking

■ Puckapunyal

Defcredit

Tel: (03) 5735 7612

Australian Defence Credit Union

Tel: (03) 5735 7596

■ Seymour

Commonwealth Bank ATM

National Australia Bank ATM

Westpac ATM

Post Offices

■ Puckapunyal Military Post Office

Tel: (03) 5735 7758

■ Seymour Post Office

Station St, Seymour

Tel: (03) 5792 1545

■ Seymour South Post Office

111 Anzac Ave, Seymour

Tel: (03) 5792 1285

Churches – Seymour

■ Assembly of God

Anzac Ave, Seymour

Tel: (03) 5792 4069

■ Baptist Union of Australia

Lot 2, Avenel Rd, Seymour

Tel: (03) 5799 1000

■ The Salvation Army

12 Victoria St, Seymour

Tel: (03) 5799 2241

■ Jehovah's Witness

67 Wimble St, Seymour

Tel: (03) 5792 2939

■ Uniting Church

Crawford St, Seymour

Tel: (03) 5799 2132

■ Presbyterian Church

6 Guild St, Seymour

Tel: (03) 5799 1295

■ Catholic Church

Crawford St, Seymour

Tel: (03) 5792 1064

■ Seventh Day Adventists Church

Tel: (03) 5792 1141

■ Salvation Army Church

Victoria St, Seymour

Puckapunyal services: Contact the Duty Chaplain on Tel: 0438 367 863.

Electoral Enrolment

Electoral enrolment or notification of change of enrolment details can be arranged by completing an electoral form. Forms can be obtained from DCO, Vivi St, Puckapunyal; Australia Post Puckapunyal; or online at Internet: www.aec.gov.au.

Tel: 12 23 26

Centrelink

Cnr Henry & Harding Sts, Seymour

Internet: www.centrelink.gov.au

Office hours: 8.30 am to 4.30 pm

Tel: 13 10 21

Youth and Student Services

Tel: 13 24 90

Families

Tel: 13 61 50

Recreational Fishing

Licences are required for all fishing in public waters – which includes fishing any species by any method.

Interstate fishing licences are not valid in Victoria. Licences are available from Shell outlets, and information is available at Internet: www.dpi.vic.gov.au.

Boating

All boat operators require a licence in Victoria. Interstate boat licences will automatically be recognised in Victoria. Wearing of personal floatation devices is compulsory for all occupants in vessels underway.

A 0.05 blood alcohol limit applies for all boat operators over the age of 21 years.

Information is available from Internet: www.marinesafety.vic.gov.au.

Libraries

■ Defence Library Service Puckapunyal

Vivi St, Puckapunyal
Tel: (03) 5735 7755
Email: Library.Puckapunyal@defence.gov.au

■ Mitchell Shire Libraries Seymour Library

Public internet access available.

For opening hours or reserve your books from home, visit Internet: <http://libraries.mitchellshire.vic.gov.au>

Seymour Branch

125 Anzac Ave, Seymour
Tel: (03) 5792 1861
Fax: (03) 5792 2762

Preschoolers rhyme time is on Mondays at 10.30 am, and story time on Fridays at 10.30 am.

Broadford Branch

Located in Mitchell Shire Customer Service Centre

113 High St, Broadford
Tel: (03) 5734 3357
Fax: (03) 5734 2946

Essential Services

Please refer to the telephone directory, Yellow Pages/White Pages, page 2, for all telephone assistance services in the Puckapunyal/Seymour (03) 057 area of Victoria.

Electricity, Natural Gas and LP Gas

Emergencies, power failure and streetlights only.

SP AUSNET
Tel: 13 17 99

When moving in or out of married quarters, electricity suppliers require notice to connect, disconnect and finalise your account.

Origin Energy
Tel: 13 24 61

There is no connection fee, but three working days' notice is required. Bills will include a supply charge, and you will receive a bill every two months. Accounts can be paid at any post office.

Emergencies only
Tel: 13 27 71

AGL Gas and Electricity
Tel: 131 245

Telephone

For all new connections, alterations, sales and service, contact Telstra on Tel: 13 22 00.

Garbage Collection

Transfield

DS-P through the GSS contract provides all residences with a weekly garbage and fortnightly recycling kerbside collection service. A 240-litre wheelie bin is provided to store waste until collection.

Each Monday is collection day. Wheelie bins must be placed facing towards the road, and be clear of any trees, parked cars and other obstructions, ready for collection by 6.00 am.

Fortnightly Recycling Service

Transfield

Recycling is also collected fortnightly on Mondays. Most plastic bottles, glass bottles and jars, paper, cardboard, and steel and aluminium cans can be placed in the recycling bin.

Hard and Green Waste Disposal Service

Adjacent to the old Defence Estate Office car park in Salamaua Rd, Puckapunyal, there are facilities to dispose of hard and green waste. On entering the car park, follow the arrows to the appropriate disposal area.

Roadside Vehicle Assistance

RACV enquiries and membership applications
Tel: 13 19 55

RACV Roadside Service
Tel: 13 11 11

Quote your membership number and location, as well as the make, model and colour of the vehicle.

RACV Wildlife Assist
Tel: 13 11 11

Transport

Defence Driving Licence Scheme

The Defence Driving Licence Scheme (DDLS) for ADF personnel and eligible members of their families does not apply in Victoria. This means that you must obtain a Victorian driver's licence.

Vehicle Registration

VICRoads

5 Crawford St, Seymour

Weekdays, 8.00 am to 4.00 pm

The Rural Call Centre

Tel: 13 11 71

Internet: www.vicroads.vic.gov.au

A vehicle needs to be changed to Victorian registration when its existing registration expires.

Interstate vehicles registered to temporary residents of Victoria can remain registered and/or renewed in the original state, as long as fees have been paid to that state and the vehicle is displaying number plates and current registration label.

To transfer registration, owners need to obtain a Victorian roadworthy certificate. Evidence required includes previous registration, proof of ownership and proof of the owner's identity, and an estimate of the vehicle's current market value, supplied to their nearest branch of VICRoads.

Third-party Insurance

The Transport Accident Commission (TAC) covers all people injured in a transport accident in Victoria. Vehicle registration in Victoria includes a transport accident charge. Vehicles registered interstate are exempt from

paying the charge, as long as a corresponding insurance (compulsory third-party, CTP) from another state covers the vehicle while in Victoria.

Road Laws

In all areas of Victoria, default speed limits are:

- built-up areas (urban development or street), 50 km/hour unless otherwise stated
- school zones, 40 km/hour
- outside built-up areas, the maximum speed limit is 100 km/hour unless otherwise stated.

■ U-turns and Overtaking

From 9 November 2009, there were some changes to the road safety rules regarding U-turns and overtaking over the centre dividing line, lane lines and painted islands.

■ Centre Dividing Line

A driver must not overtake, or do a U-turn, across a single continuous centre line, or a single continuous line to the left of a broken line. However, a driver can cross over a centre dividing line (except a double continuous centre dividing line) when entering or leaving the road.

■ Lane Lines

A driver must not change lanes over a single continuous lane line.

■ Painted Islands

A driver must not drive over a painted island that is surrounded by a single continuous line. However, a driver can drive over the island if they are entering or leaving the road, or entering a turning lane that begins immediately after the painted island.

A driver must not drive over a painted island at a freeway on-ramp. It is also illegal to drive on a painted island that is surrounded by a double line.

■ What you have to do

Remember that you can only cross a single continuous centre line if you are entering or leaving the road, or to avoid an obstruction. You can't overtake or do a U-turn over a single continuous line or a double continuous line.

CityLink

CityLink is Melbourne's fully electronic toll road system. The 30 km of non-stop expressway connects West Gate, Tullamarine, Monash and EastLink freeways.

CityLink tolls are collected by electronic tolling technology as vehicles pass through the various toll zones.

A CityLink e-tag device and accounts are available from:

- Internet: www.citylink.com.au
- Australia Post Offices and retail outlets, Shell service stations
- Tel: 13 26 29. Decide your preferred payment method and have the following information ready:
 - current driver's licence number
 - year, colour, make and model of vehicle(s)
 - licence plate number(s)
 - credit card details.

Public Transport

■ Taxi

Seymour Taxi Service, which includes a wheelchair maxi taxi. The taxi rank is located in Station St next to the pedestrian subway and V/Line railway station.

Tel: (03) 5792 1644

■ Bus Service

Seymour Passenger Service provides a regular public bus service from various Seymour locations to Puckapunyal and return.

Timetables are available from Australia Post Puckapunyal.

Tel: (03) 5792 1181

■ School Bus

A free school bus service is provided for students of P-12 College (formerly Seymour Technical High School), to and from Puckapunyal. Information is available from the school.

If you reside in Seymour and your children need to take the Seymour town bus service to school, there is a fare per trip, per child to school, and term passes are available. Information is available from the schools or Seymour Coaches.

Tel: (03) 5792 1181

■ Trains

Seymour to Melbourne

A regular commuter train service operates from Seymour to Melbourne and return.

Seymour to Shepparton/Albury/Sydney

V/Line Regional operates services to Shepparton, Albury and Sydney, from the Seymour station.

For fares, timetables and seat reservations:
Tel: (03) 5793 6265 or 13 61 96.

Internet: www.vline.com.au

Transport direct to Tullamarine Airport, Melbourne

Airport Direct

Pick-up and drop-off points in Nagambie, Seymour, Broadford and Kilmore.

Tel: (03) 5831 7374

Internet: www.airportdirect.com.au

Animals/Wildlife

The natural values of life on base at Puckapunyal are a special feature of this posting. Please ensure that all pets are contained to your property at all times.

Wildlife

Living at Puckapunyal provides residents with a unique opportunity to live harmoniously with a variety of native wildlife.

The Puckapunyal Military Area (PMA) is unique in regard to its location, size, and combination of residential, military infrastructure and military training area composition. It contains many wild and domestic animals as a result of these factors, and there is a requirement for effective, humane and responsible management of all species.

Defence Support at Puckapunyal (DS-P) is responsible for overseeing appropriate animal management, in partnership with the Mitchell Shire Council, the Department of Sustainability and Environment (DSE), and the RSPCA. Mitchell Shire Council Local Laws Officers enforce provisions of the *Domestic (Feral and Nuisance) Animals Act 1994* and the *Impounding of Livestock Act 1994*. Officers also assist in the enforcement of provisions of the *Prevention of Cruelty to Animals Act 1986*.

Further information is available from the Regional Environmental Officer on Tel: (03) 5735 7013

Pet Registration and Responsible Ownership

All residents of the married quarters are required to adhere to guidelines set down for responsible pet ownership. As the PMA is located within the Mitchell Shire boundary, the council is responsible for enforcing State and Council legislation pertaining to domestic pet management.

Pets allowed in the married quarters are limited to:

- dogs (*no* declared nuisance breeds) – maximum of two (2)
- cats – maximum of two (2)
- rabbits, guinea pigs – housed according to RSPCA guidelines
- birds – excluding fowl; housed according to RSPCA guidelines; DSE-licensed if applicable
- reptiles or frogs – housed according to RSPCA guidelines; DSE-licensed if applicable.

Animal owners residing in Puckapunyal must ensure:

1. All dogs and cats must be registered with the Shire of Mitchell, and it is compulsory that proof of registration be worn at all times by both cats and dogs.
2. All pets are maintained under responsible pet ownership guidelines set down by the DSE and/or the RSPCA.
3. All dogs are to be confined to their place of residence – no roaming the streets.
4. All dogs being walked/exercised must be on a leash.
5. No domestic animal is allowed to harass native wildlife.
6. Regulated wildlife (many lizards, frogs, birds etc.) must be kept in accordance with the *Wildlife Act 1975* – see DSE for more details.
7. Owners must be mindful of other people's rights and endeavour to minimise any imposition caused by their pet's activities both within their residence and away from it.

Issue	Who to Contact	Contact Number	Hours
Lost/stray domestic pets	Mitchell Shire Council	(03) 5734 6200	8.15 am to 5.00 pm
Injured native wildlife	Wilson Security	(03) 5735 7038	24-hours
Snake removal	Mitchell Shire Council	(03) 5734 6200	8.15 am to 5.00 pm
	Department of Sustainability and Environment	13 61 86	9.00 am to 5.00 pm
Injured domestic pets	Seymour Veterinary	(03) 5799 1400	Business hours
	Seymour Central Vets	(03) 5799 1922	Business hours
Urgent animal situations	Wilson Security	(03) 5735 7038	24-hours

Puckapunyal Adult Riding Club and Horse Agistment (PARCHA)

PARCHA was formed in January 2007 to allow Defence members posted to Puckapunyal and their dependants to agist horses on Defence land. In order to comply with Defence and state requirements, any horse which is agisted on the land requires individual insurance. Additionally, all members are required to join the Victorian Adult Riding Club. The advantage of this is that members are also able to participate in adult riding meetings and pony clubs around Victoria.

PARCHA can agist up to 24 horses. Anyone interested in agisting their horses should contact the president or secretary of the PARCHA. DCO and Defence Housing Australia (DHA) have the contact details for these position holders.

Important Numbers

Puckapunyal Shopfronts			
Bridges Barracks (HQ CATC, SOARTY, 53 Bty)	(03) 5735 6275	Tobruk Barracks (LWDC & CTC-P)	(03) 5735 7136
Hopkins Barracks (SOA)	(03) 5735 7415	Transport Wing (ALTC)	(03) 5735 7302
Military Police	0407 236 692 (24 hours)	Morobe Rd (JLU-V, DIS-P, CSI-P)	(03) 5735 6626

Defence Services and Contractors			
Defence Support Puckapunyal (DS-P) Area Coordinator	(03) 5735 7812	Defence Community Organisation (DCO)	(03) 5735 7731 (business hours) 1800 801 026 (after hours)
Defence Housing Australia (DHA)	(03) 5735 7624	DHA Maintenance Hotline	1300 366 615
Family Information Network for Defence	1800 020 031	Puckapunyal Switchboard	(03) 5735 7000 Internal – Ext 9
Incident Control Centre Wilson Security	(03) 5735 7038 (24 hours)	<i>Boomerang</i> Newspaper, c/o DCO	(03) 5735 7731
Transfield Rubbish & Recycle	(03) 5735 7515 (business hours)		

Puckapunyal Military Area (PMA) Churches			
Anglican Chaplain	(03) 5735 6817	Protestant	(03) 5735 7472
Salvation Army	0428 334 778	Duty Chaplain	0438 367 863
Church of Christ Chaplain	(03) 5735 6288		

Emergency Services			
Ambulance/Fire/Police	000	Poison Information Line	13 11 26
Military Police (MP)	0407 236 692 (24 hours)	Puckapunyal Fire Brigade	(03) 5735 7666
Puckapunyal Health Centre (PHC)	(03) 5735 7655 (03) 5735 7689 (after hours)	Seymour Fire Brigade	(03) 5792 1683
Puckapunyal Dental Unit	(03) 5735 7614		
Seymour Hospital	(03) 5793 6100	Seymour Police	(03) 5735 0200
TXU Power and Street Light Failure	13 17 99	Origin Energy	13 29 72
Telstra Faults	13 22 03	Mitchell Shire Council	(03) 5734 6200
Moving Home	13 22 00		

Community Groups, Transport and Tourism			
Area Fitness Centre	(03) 5735 7752	Area Library	(03) 5735 7755
Area Taxi (Military Use Only)	(03) 5735 6700	Area Theatre (Wed, Fri, Sat)	(03) 5735 7603
Centrelink Family Assistance	13 61 50	Puckapunyal and District Neighbourhood Centre	(03) 5735 7719
Tank Museum	(03) 5735 7356	Seymour Rail	13 61 96
Seymour Taxi	(03) 5792 1644	Seymour Coaches	(03) 5792 1181

Frontline Services			
PMA Post Office	(03) 5735 7758	Frontline Manager	(03) 5735 7685
Men's Hairdresser	(03) 5735 7607	Ladies' Hairdresser	(03) 5735 7697
Fish and Chip Shop	(03) 5793 1386	Pizza Shop	(03) 5793 1035
Vet	(03) 5799 1922	Accountant	(03) 5793 1698
Asian Food Shop	(03) 5793 1568		

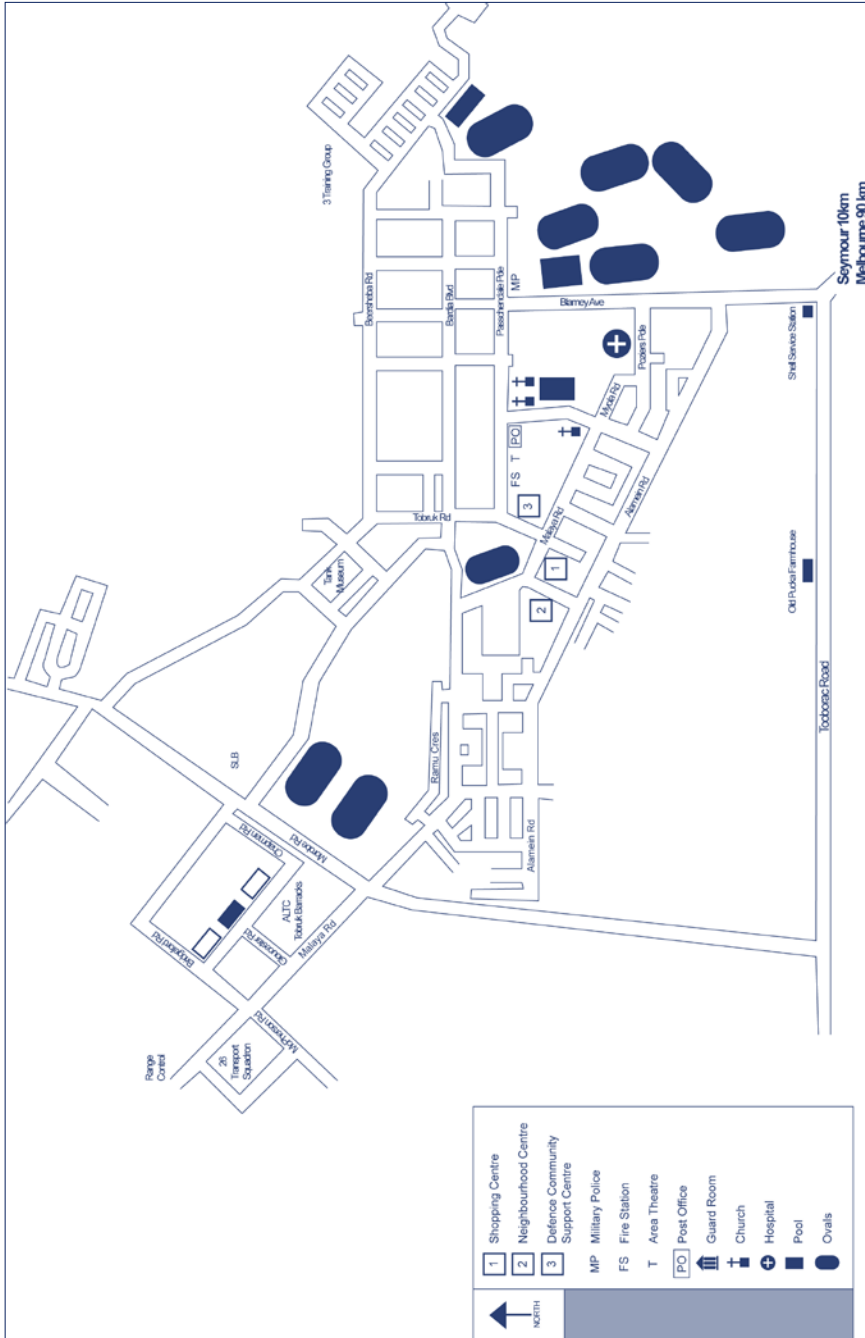
Medical Services			
Medical Surgeries:		Dental Surgeries:	
Goulburn River Group Practice	(03) 5792 1977	Mr F Chong	(03) 5792 2055
Pettersen Medical Centre	(03) 5799 0190	Mr P Lenjins	(03) 5792 1646
Seymour Family Practice	(03) 5792 1222		
Seymour Chemists:		Puckapunyal Health Centre	
Pollard Anzac Ave	(03) 5792 1575	Pozieres Pde	(03) 5735 7655
Kilmartin Station St	(03) 5792 1477	Mitchell Community Health Services	(03) 5784 5555

PMA Schools and Kindergartens			
Puckapunyal Kindergarten	(03) 5735 7699	Kookaburra's Three-year-old Program	(03) 5735 7698
Puckapunyal Primary School	(03) 5793 1288	Seymour P-12 College Loco St Campus	(03) 5771 1300
St Mary's College	(03) 5792 2611	Seymour P-12 College Tallarook Campus Special Education	(03) 5792 2209

Banks, Credit Unions, PMA and Seymour			
Defence Force Credit Union (Defcredit)	(03) 5735 7612	Australian Defence Force Credit Union (ADCU)	(03) 5735 7596
National Bank	(03) 5792 1811	Commonwealth Bank	(03) 5792 1011
Goulburn Murray Credit Union (GMCU)	(03) 5792 1075		

Reports of problems of wildlife to PMA Incident Control Room, Tel: (03) 5735 7038 (24 hours).

Map



Notes



Australian Government
Department of Defence