

DEFENCE COMMUNITY ORGANISATION

*The Defence Community Organisation
Defence capability by delivering family
services, information and programs to
commanders of the Australian Defence*



DCO supports ADF families in peace and war

WELCOME TO EAST SALE



Australian Government

Department of Defence

Welcome to East Sale

This Welcome Book has been prepared by the Defence Community Organisation (DCO) for Defence personnel and their families posting to the Sale region.

The book captures a wide range of general and local information to assist you to settle into your new location. Sale and the surrounding region have a lot to offer you, making this a posting with many exciting opportunities.

We have endeavoured to include as much information as possible in this guide, however if you have specific needs or require further information, please feel free to contact us. A list of essential services and useful contact numbers is included at the back of the book.

Your local DCO team hopes you enjoy your posting, and we look forward to being of assistance to you.

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Defence Support Services

Defence Community Organisation (DCO)

How We Can Assist You

On behalf of Command, DCO delivers a broad range of targeted programs and services to support Australian Defence Force (ADF) personnel and their families to balance the demands of military service with personal and family commitments.

Your local DCO team is staffed by Social Workers, Military Support Officers, Regional Education Liaison Officers, Family Liaison Officers and administrative staff who are available to assist you and your family, through the provision of:

- support in time of crisis
- information on Defence matters in general
- advice on community, recreational and interest groups
- deployment support
- mobility support
- professional counselling for personal, relationship and family problems
- various courses, information sessions and support groups
- specialist education advice and assistance
- special needs recognition and review
- employment assistance
- child care assistance.

Upon your arrival, please contact our staff if you would like further information not covered in this publication, or if you would like to be linked to local Defence and community activities and support groups.

Where to Find Us

Building 530, Hudson Ave (diagonally opposite the library)

RAAF Base East Sale

We are easy to find: on entering the base, please continue from the front gate until the end of Heart Rd to the 'T' intersection, turn left, then left at the next street, which is Hudson Ave.

We are the first red-brick building on the left.

Family Liaison Officer, Tel: (03) 5146 6030

Social Worker, Tel: (03) 5146 6029

Cerberus Office, Tel: (03) 5931 5817

Fax: (03) 5146 6242

Email: dco.sale@defence.gov.au

DCO Website

The DCO website (Internet: www.defence.gov.au/dco) provides Defence families with ready access to information on a broad range of ADF member and family topics.

After Hours Emergency Support

The DCO office is open from 8.30 am to 5.00 pm, Monday to Friday. All requests for emergency DCO assistance outside these hours and on public holidays should be directed to the National Welfare Coordination Centre (NWCC) on Tel: 1800 801 026.

NWCC will not transfer callers directly to DCO but, where necessary, will pass a request for assistance to a DCO Duty Officer who will return the call. DCO assistance out of hours is available in emergency situations only. Any non-emergency cases are referred for follow-up assistance during normal business hours.

DCO Cerberus is part of our extended team and can be contacted on Tel: (03) 5931 5817, if you are having difficulties contacting the local DCO due to restricted working hours.

Family Information Network for Defence (FIND)

Tel: 1800 020 031 (freecall)

Email: dsc.find@defence.gov.au

The Family Information Network for Defence is a phone service that provides information on any matter of interest or concern to Defence families. It is available to every Service person and family, anywhere in Australia, in absolute confidence, and free of charge.

Chaplaincy

East Sale Chaplaincy

Life is to be lived; people often think in terms of a journey or search, where we seek things necessary for a complete life. It's easy to recognise our physical needs for food, clothing, shelter etc. Other needs are just as necessary to human life: relationships, a sense of meaning and purpose, values, self-esteem and a sense of belonging. To put it another way, it is not good to be consistently lonely, to feel rejected, to be confused, or to be unprincipled. We need spiritual things for a decent life.

The Royal Australian Air Force (RAAF) recognises this dimension and appoints chaplains (among others) to support members in the business of living life – to help us build relationships, find meaning and purpose, and grow in character, so that we are not only better servicemen/women, but so we live life more fully.

So, the chaplain is not just for emergencies – trauma, deaths, welfare loans and emotional crises. Chaplaincy is about life!

East Sale Chaplaincy:

- is dedicated to the wellbeing of the people of RAAF Base East Sale, especially in spiritual matters
- serves the members and dependants of RAAF Base East Sale
- represents the wider Christian church in its ministry to ADF personnel.

To do this, the chaplains:

- lead worship in the chapel community, and assist other groups in contexts where people intentionally grow in spirit together
- provide pastoral care when needed, to help members and families through the crises and pressures of life
- conduct weddings, baptisms, funerals etc.
- are available to discuss issues that arise – ethical, religious, relational and so on
- administer the RAAF Welfare Trust Fund (a low-cost loans scheme)
- contribute to ceremonial occasions and arrange services on specific occasions
- provide feedback affecting the welfare and morale of members and their families.

The Base Chapel

The temporary Base Chapel is located in the eastern end of the Transit Accommodation (Building 174). It is located on the north-eastern corner of the intersection of Wirraway St and Battle Ave, behind the large hedge opposite HQ ATW and HQ 30 SQN, just west of the Combined Mess. You enter from Battle Ave.

Chapel service time is 9.00 am Sunday morning, and the service lasts about an hour. You are welcome to come in casual dress and you are invited to join us for a cuppa afterwards.

Officers' Training School's (OTS's) Chaplain is available to OTS students, staff and their families. The Base Chaplain is available to the Base population and their families, and is situated at the Chapel. Each chaplain is available outside these roles as required, e.g. due to leave.

You can contact a chaplain on:

Base Chapel Office

Tel: (03) 5146 6174 or 0427 897 126

OTS Chaplain's Office

Tel: (03) 5146 6622 or 0447 269 995

New website available for Anglicans in Defence: www.defenceanglicans.org.au

Mental Health and Psychology Section

Mental Health and Psychology Section is listed under No. 4 Expeditionary Health Flight Detachment East Sale, in the Defence chapter of this book.

Defence

History of RAAF Base East Sale

RAAF Base East Sale has been a permanent flying training base since its opening on 22 April 1943, following a War Cabinet decision to relocate No. 1 Operational Training Unit (1 OTU), flying Beaufort light bomber aircraft, from West Sale and Bairnsdale.

With a complement of almost 2,500 personnel, the base was responsible for training operational aircrew, and was also required to undertake operational sorties around the south-eastern corner of Australia. In the main, these sorties were convoy duties and anti-submarine patrols.

From its opening until cessation of hostilities, 3,158 Pilots, Navigators, Signallers and Gunners were trained at the base. Almost all of these crews later operated in the Pacific theatre of war.

After World War II, RAAF Base East Sale remained, functioning as the main postgraduate flying training base of the RAAF. The activities conducted at East Sale have remained largely unchanged for over 50 years.

To date, more than 18 different types of RAAF aircraft have been based at East Sale. These include Beaufort, Hudson, Ventura, Oxford, Fairey Battle, Kittyhawk, Beaufighter, Lincoln, Mustang, Dakota, Mosquito, Chipmunk, Vampire, Canberra, HS748, Winjeel, Macchi, CT4, PC9 and B200 Kingair.

RAAF Base East Sale, in the 21st century, continues its vital role of training Initial Officer Entry through Officer Training School, which relocated from Point Cook in 2008; the specialised category training Aircrew, Air Traffic Controllers and Photographers; as well as providing support to the wider ADF and local community.

Defence Force Elements Based at East Sale

- Headquarters Air Training Wing (HQATW)
- No. 30 (City of Sale) Squadron (30 SQN)
- Central Flying School (CFS)
- School of Air Warfare (SAW)
- School of Air Traffic Control (SATC)
- No. 32 Squadron (32 SQN)
- No. 44 Wing Air Traffic Control Detachment East Sale (44 WG DET-ESL)
- No. 4 Expeditionary Health Flight Detachment East Sale
- Officer Training School (OTS)
- Training Aircraft System Program Office (TASPO)
- Defence Support East Sale (DS-ESL)
- A Squadron 4th/19th Prince of Wales Light Horse Regiment
- No. 409 Squadron Australian Air Force Cadets

Command and Governance Arrangements

With effect 1 July 2009, the Chief of the Air Force appointed Officer Commanding (OC) ATW as the Senior Australian Defence Force Officer (SADFO) and, together with the Base Support Manager, who was appointed by the Defence Secretary, they reflect the new command and governance arrangements across the bases of the ADF. SADFO is assisted by the Air Base Executive Officer (ABXO) (Commanding Officer (CO) 30SQN), who remains the primary community contact for RAAF Base East Sale military matters. The Base Support Manager delivers and manages the

Defence Support Group's base services, and is the primary contact for all whole-of-base matters at East Sale.

Headquarters Air Training Wing (HQATW)

The Air Training Wing is commanded by the Officer Commanding Air Training Wing (OC ATW). ATW comprises units responsible for the Air Force's aviation specialist Initial Employment Training (IET) and associated postgraduate training for pilots, Air Combat Officers (ACOs) and Joint Battlefield Airspace Controllers (JBACs). ATW is also responsible for delivering some aviation specialist IET and postgraduate training for the Royal Australian Navy (RAN), Australian Regular Army (ARA), Royal New Zealand Navy (RNZN), Royal New Zealand Air Force (RNZAF) and other selected foreign military forces.

ATW units and schools include: Central Flying School, School of Air Warfare and School of Air Traffic Control at East Sale; Number 2 Flying Training School at Pearce; ADF Basic Flying Training School at Tamworth; RAAF Museum at Point Cook; and Combat Survival Training School at Townsville.

OC ATW is supported by HQATW, which is located at RAAF Base East Sale in the Building 106. HQATW has a staff of 18 who are responsible for managing the Air Training Schedule for Air Force.

No. 30 (City of Sale) Squadron (30 SQN)

30 SQN comes under the command of Combat Support Group and is commanded by Wing Commander Sharyn Bolitho. 30 SQN is responsible for the overall coordination of military support to elements of the base. These include aviation safety, search and rescue requirements, transport maintenance, chaplaincy and welfare, ceremonial and discipline, physical fitness training, armament and base military security. Specific support

functions include: ground support equipment (GSE) maintenance, navigational aids, motor transport, fuel supplies, security and police, chaplaincy, physical fitness training, armament/explosives facilities and expertise, funerals and burials and unit welfare,.

From the 1 January 2011, 30 SQN will also be responsible for the administration of Reserve members from the surrounding areas.

CO 30SQN also holds the ABXO appointment and is responsible for the Air Base as a capability system, to support operations at East Sale, including deployments to the base.



Central Flying School (CFS)

The current roles of CFS consist of training Qualified Flying Instructors (QFIs) for the ADF; conducting flying refresher and QFI refresher courses; examining QFIs and Instrument Rating Examiners (IREs); and providing low-level aerobatic displays, notably by the Air Force Formation Aerobatic Team, the Roulettes. Through the QFI training and examining roles, CFS is responsible for the maintenance of pure flying standards in the ADF.

Current Tasks of CFS

■ Flying Instructors' Course (FIC)

The FIC has been the main task of CFS since the unit was re-formed in 1940. Pilots are selected from ADF operational squadrons and undergo a 15-week course on the PC9 or CT4 aircraft, flying a total of 90 hours. The course prepares the student (QFI) for employment at 2FTS Pearce or ADF BFTS Tamworth, training the ADF's future operational pilots.

■ Examining

CFS is tasked with the maintenance of flying instructor standards throughout the ADF. Each flying instructor at a flying school or operational unit is examined by CFS once a year to assess their standard of flying instruction, level of flying skill, and also their standard of knowledge of aviation topics. CFS examiners themselves are also checked annually by executives of CFS. Each year, CFS conducts more than 300 flying tests on QFIs and IREs.

CFS also conducts a considerable number of flying refresher courses for pilots returning to flying duties following a period of ground appointments. Whenever possible, CFS attempts to initiate concepts that relate to pure flying or instructional matters service-wide.



School of Air Warfare (SAW)

SAW came into being in January 2008 following the creation of the RAAF Air Combat Officer (ACO) specialisation. The emphasis of SAW's training is on the development of mission and battle space commanders, and ACO graduates will be employed on various RAAF capabilities including Super Hornets, AP-3C Orions and AEW&C Wedgetails. Apart from ACO training, SAW provides training for RAN Observers, RNZAF Air Warfare Officers, and Aviation Instructors for RAN, RAAF and RNZAF.

SAW also conducts postgraduate courses in weapons employment and has been the primary provider of photographic training for the RAAF and RAN since December 1999, through the SAW Photographic Training Flight. The Flight delivers basic photographic training and two postgraduate photographic courses; the Digital Imagery Course and Imagery Production Manager's Course.

School of Air Traffic Control (SATC)

The role of SATC is to provide initial and postgraduate ATC training for all Australian Defence Organisation personnel and selected foreign students under the Defence Cooperation Program (DCP). SATC aims to graduate all students with the highest possible standard of professional mastery and officer competence. To achieve this, SATC uses computer-generated audiovisual teaching aids, world-class simulators and Australia's finest ATC instructors. Graduates of the ATC course join No. 44 Wing's Joint Battlefield Airspace Control workforce and are responsible for battlefield airspace control as well as Air Base Air Traffic Services.

SATC courses include the ATC course, the ATC instructor course, the ATC training officer course, the In-flight Emergency Response course, the ATC supervisor course and the ATC refresher course.

SATC recently completed a major upgrade to the tower training systems and installed a suite of nine ADACEL MAXSIM Tower Visual Simulators to ensure that students benefit from the world's best technological advances in ATC visual simulation.





No. 32 Squadron (32 SQN)

32 SQN is responsible, primarily to Air Force Training Group through Air Training Wing, for providing air assets to enable the conduct of ab initio (from the beginning) ACO training for the RAAF, Navigators for RNZAF and Observers for RAN. As a secondary role, 32 SQN undertakes light transport tasks for the ADF and associated organisations. The squadron is equipped with eight King Air 350 (B350) aircraft. These aircraft can be set up in a transport configuration consisting of airline-style seats or with the Airborne Navigation Trainer (ANT) in the main cabin for ACO and Navigator training.



No. 44 Wing Air Traffic Control Detachment East Sale (44WG DET-ESL)

No. 44 Wing was re-formed on 27 November 2000 and is an operational unit of Surveillance and Response Group, with detachments at Amberley, Darwin, East Sale, Edinburgh, Nowra, Oakey, Pearce, Richmond, Tindal, Townsville and Williamstown. 44WG DET-ESL manages ADF airspace and conducts ATC to achieve the safe, orderly and expeditious movement of air traffic to support ADF flying operations. 44WG DET-ESL technical personnel, in addition to maintaining ATC equipment, also maintain the ground-based air navigation aids.

Officers' Training School (OTS)

On 14 January 2008, OTS relocated from its former home at RAAF Base Point Cook to RAAF Base East Sale. The emphasis of OTS training centres is on the initial training in leadership, Air Force operations and basic military skills, and the fostering of the RAAF values in all RAAF officers (Permanent Air Force (PAF), Reserves and Australian Defence Force Academy (ADFA) cadets).

Initially, OTS was formed at RAAF Rathmines in 1950. The school moved to RAAF Point Cook in 1961. Following a decision by the Air Force Senior Leadership, the school was directed to relocate to RAAF East Sale, to commence operations at East Sale in January 2008.

OTS has operated under other names, including Officers' Training Squadron and Officers' Initial Training School. In 1986, OTS was absorbed into the newly created RAAF College, and ceased to be an independent unit. After a re-organisation of RAAF College, OTS once again became an independent unit in 1996. In 2001, OTS was awarded a Governor-General's Banner for its efficient and effective service for over 25 years. This Banner is paraded at each Initial Officer Course (IOC) graduation parade.

OTS runs four IOCs and graduates an average of 200 junior officers each year. In addition to the IOCs, OTS hosts and trains approximately 120 Australian Defence Force Academy (ADFA) Air Force cadets three times a year – in January, June and November, as a part of the Single Service Training scheme. Lastly, OTS conducts Undergraduate Officer and Specialist Reserve Officer familiarisation courses throughout the year.

OTS staff is a mix of officers – Senior Non-commissioned Officers (SNCOs), NCOs and Australian Public Service (APS) – with a total strength of approximately 88 personnel across four bases. The unit's crest displays a mailed glove holding a sword and a quill. The glove symbolises the military nature of the school, the quill its educational focus, and the sword as the traditional symbol of leadership of an officer. The school's motto is 'Accept Responsibility', which is both a challenge to OTS students to become RAAF future leaders and a reminder of the staff's commitment to producing those future leaders.



Training Aircraft Systems Program Office (TASPO)

TASPO provides contract management, integrated logistics and engineering support for the ADF's fleet of PC-9/As and leased King Air 350 aircraft. The PC-9/As are located at RAAF Base Pearce (Western Australia, WA), RAAF Edinburgh (South Australia, SA), RAAF Williamtown (New South Wales, NSW) and East Sale. The King Air 350s are located at East Sale and Townsville (Queensland).

The PC-9/A is used for the training of pilots, the training of qualified flying instructors, forward air control, public relations, and test and evaluation support. The King Air 350 is utilised for the training of ACOs and Navy Observers, and various Army Fixed Wing operations.



4th/19th Prince of Wales' Light Horse (PWLH)

1 Troop A Squadron 4/19 PWLH is the local Army Reserve Unit in Sale, and has been on the RAAF Base since 1999. The unit is a part of the Royal Australian Armoured Corps (RAAC) and has recently re-rolled as Light Cavalry, now being based in the Land Rover range of vehicles. 1 Troop A Squadron is a part of a regiment that has depots at Bandiana (2 Tp A Sqn, near Wodonga) and at Watsonia (Regimental Headquarters (RHQ) and B Sqn, in Melbourne). We train in all of Victoria and into southern NSW. If you are aged between 17 and a half and 56, you can join and stay on as a soldier until you are 62. Many members go on to join Regular Army (ARA) or transfer to the other Services. There are opportunities to train and deploy with affiliated units, to places such as the Pilbara in WA and on operations such as Operation ANODE in the Solomon Islands. 1 Troop activities are supervised by qualified instructors and officers. You can learn to lead others and be promoted within the Australian Army Reserve. The Troop Parades are conducted Tuesday evenings between 7.30 pm and 10.30 pm – courses are generally two weeks long, and are conducted regularly.

Depot Commander

Tel: (03) 5146 6555 or 0408 162 614

Administration

Tel: (03) 5146 6556

Fax: (03) 5146 6245

The unit also supports the attached 308 Australian Army Cadet Units in Sale and 308 Cadets Bairnsdale. If you are aged between 12 and a half and 18, you can join and stay on as a Cadet until you are 20. Here is your chance to learn a lot about the Army and Army life. Many Army cadets go on to join the Regular Army (ARA) or the Army Reserve (ARes). The Australian Army Cadets Corps will help you develop, and no matter what you decide to do with your life, could make getting a job easier. You can learn to lead others and be promoted within the Australian Army 308 Cadets. You will learn to do things for yourself, as well as how to help your friends learn. There are units spread across most of the state, which usually meet one evening a week during school terms. Platoon activities are supervised by instructors and officers.

308 Army Cadets Sale

Tel: (03) 5146 6557, Tuesday evenings only, during school terms.

308 Army Cadets Bairnsdale

Tel: (03) 5153 1897, Wednesday evenings only, during school terms.



No. 409 Squadron Australian Air Force Cadets

The Air Force runs the Australian Air Force Cadets (AAFC) and, if you are a boy or girl aged between 13 and 17 (recruiting), you can join and stay on as a cadet until you are 20. Here is your chance to learn a lot about aircraft and flying. Many air cadets go on to join the Air Force or find a valuable, exciting career in civilian aviation. The AAFC will help you to develop, and could make getting a job easier, no matter what you decide to do with your life. You will learn to lead others and be promoted within the AAFC. You will be able to do things for yourself, and help your friends learn too. There is a wing in every state, and in each wing there are local squadrons, which usually meet one evening a week during school terms. Squadron activities are supervised by instructors and officers, as well as senior cadets. So call now, and we can help you reach for the sky.

Contact 409 SQN on Tel: (03) 5146 6581, Tuesday evenings during school terms.

Australian Air Force Cadets No. 409 Squadron (East Sale) provides support and guidance on the values of the RAAF and the AAFC. Squadron parades are conducted Tuesday evenings (during school term) between 6.00 pm and 9.30 pm.

Squadron Commanding Officer
Tel: (03) 5146 6580

Administration Officer
Tel: (03) 5146 6581

No. 4 Expeditionary Health Squadron – Detachment East Sale

No. 4 Expeditionary Health Squadron – Detachment East Sale (ESL) provides medical services to all Defence Force personnel.

Currently there are between two and three full-time aviation medicine-qualified doctors on base, civilian and uniformed, available for sick parade and scheduled appointments, from 7.30 am to 5.00 pm, Monday to Thursday, and 7.30 am to 1.00 pm on Friday.

Sick parade is from 7.30 am to 9.00 am Monday to Friday, and is for acute illnesses/injuries only. Members will generally be reviewed by a nurse or medic through the treatment room before being referred on to a medical officer, if required.

Needle parade for vaccinations is held 1.00 pm to 2.00 pm, Monday to Thursday. There is also a dressing parade, 10.30 am to 11.30 am daily.

Booked medical appointments are generally available from 10.20 am weekdays and can be arranged with the front desk medical staff, Tel: extension (ext) 66266/66265. While every attempt will be made to see patients on time, occasionally emergencies will take priority.

Physiotherapy is available Monday to Friday by appointment. A member can self-refer to physiotherapy by booking an appointment with the front desk, or can be referred by the treatment room staff or a medical officer (appointment with a medical officer for a referral is not a necessity). Where on-base capacity is exceeded, patients may be referred to see a civilian physiotherapist in Sale.

Pharmacy hours are Monday to Thursday, 8.00 am to 4.15 pm, and Friday, 8.00 am to 1.00 pm. The pharmacy is closed for lunch between 12.15 pm and 1.15 pm Monday to Thursday.

Two dentists (one civilian and one military) are available by appointment Monday to Friday. All appointments are to be arranged through the dental staff, Tel: ext 66297. Dental clearances can be completed at any time, however between 9.00 am and 3.00 pm is preferable. If outward clearing, please call before attending.

In event of an emergency:

Emergency treatment is available at any time during working hours – Tel: ext *7444 from a defence phone on base at RAAF East Sale, or call the Treatment Room, Tel: (03) 5146 6268, if off base.

All members seeking medical assistance after hours are to contact the duty medical member on Tel: 0427 826 168. If you are unable to make contact with the duty medical member, contact the nationwide ADF medical number on 1800 IM SICK (1800 467 425), and a medical member will provide you with appropriate assistance and an approval reference number to seek medical attention. Any member who is admitted to hospital for an emergency or for non-elective treatment is required to contact their unit and RAAF East Sale Medical (or, after hours, the duty medical member) to ensure that notification and any follow-up that may be required can be coordinated.

The nearest civilian medical facility is Sale Hospital – Central Gippsland Health Services, located at 155 Guthridge Pde, Sale, Tel: (03) 5143 8600.

No 4. Expeditionary Health Flight Detachment ESL will generally be non-operational over the Christmas stand-down period. All medical enquiries should be directed to 1800 IM SICK when Health Services Flight (HSF) is unmanned, with follow-up at HSF when services recommence.

Tel: ext. *7444 for emergency treatment (if dialled from an on-base phone)

Tel: (03) 5146 6268 (treatment room)

Tel: ext. 66266/66265 (for appointments)

Tel: 0427 826 168 (after hours)

Tel: 1800 IM SICK (1800 467 425)
(nationwide ADF emergency medical)

Mental Health and Psychology Section (MHPS-ESL)

The Mental Health and Psychology Section at RAAF East Sale is an important component of the health care provided by Health Centre East Sale, consisting of two Psychologists and a Psychology Assistant. MHPS-ESL is currently located in offices at the Base Library (Building 122) and provides psychology and mental health services to all ADF units and military personnel located at East Sale.

MHPS psychologists support medical staff in the management of ADF mental health issues, and they also have particular expertise in:

- screening for deployment stress and assisting with issues arising from deployment
- managing other stress problems
- improving performance and job satisfaction in training or in the workplace
- assessing suitability for various ADF employments
- improving time management, study skills or motivation
- non-directive and unbiased counselling for personal issues
- advising on vocational decisions
- advising on alcohol and drug matters
- assessing human potential through tests of ability, personality and interests.

Defence Support East Sale (DS-ESL)

DS-ESL is responsible for all services that enable the resident and visiting Australian Defence Organisation (ADO) groups to perform their operational and managerial tasks. Areas of responsibility include:

- library services
- base security
- base work health and safety
- accommodation management
- delivery of messing and catering services
- cleaning
- grounds maintenance
- facility maintenance and management
- fire fighting and rescue
- base support service contracts
- printing services
- technical publications
- various personnel services delivered via the Customer Service Centre.

Reserve Legal Officers

Reserve Legal Officers attend the base on a regular basis (once per fortnight) to provide a wide range of legal services, including the preparation of wills and initial civil and military legal advice for ADF members. Defence partners are able to update their wills at the same appointment as the Defence member. Legal services are available by appointment only.

Tel: (03) 5146 6531

The Customer Service Centre (CSC)

The CSC is located in Building 115 on the corner of Catalina St and Battle Ave. Staff are able to provide information and guidance on Defence Support Group (DSG) products and services. For enquiries or further information:

Tel: (03) 5146 6531

Intranet: <http://defence.gov.au/dsg/servicedirect>

Work requests for the following services can be lodged directly online, Internet: http://demsweb.dcb.defence.gov.au/index.cfm?fuseaction=wr_gss_workcontract&Asset_region=DSG-SVIC or alternatively ring the Defence Support Garrison and Facility Services Centre (DSGFSC) on Tel: (03) 9256 2219, which is available 24 hours a day.

General Estate Works Management (GEWM) offers:

- routine repairs and maintenance
- minor planned works
- emergency/immediate and urgent maintenance.

Garrison Support Services (GSS) offers:

- hospitality and catering
- cleaning
- waste removal
- air support
- laundry
- grounds maintenance
- stores
- fire fighting
- aviation fuel management
- sports and recreation
- access control.

Other questions can be directed to the CSC for appropriate referral.

Procedures on Base

Arrivals – Reporting Procedure

Monday to Thursday: 7.40 am to 5.00 pm

Friday: 7.40 am to 1.00 pm

On arrival, uniformed personnel are to report to their Unit Orderly Room or the CSC in Building 115, for inwards clearances.

Temporary rental allowance, temporary accommodation allowance, and housing and removal administration are dealt with by the Defence Housing Authority at:

90a Raymond St, Sale

Tel: (03) 5143 6500

Personnel who arrive during stand down should report as above on the next working day.

Vehicles

New personnel should pay particular attention to restricted parking areas on the base, which are marked clearly on the pavement, as well as to speed limits. The maximum speed limit on base is 40 km/hour and 10 km/hour at the gate. Speed limit while passing marching troops is 10 km/hour. As there are no footpaths, please be mindful at all times of pedestrians that may be using the roadway.

Personnel coming from interstate should check licensing and registration requirements, which currently require a Victorian driver's licence once the interstate licence has expired, and for vehicles to be registered on permanent residence in Victoria.

Entry to Base

Identification (ID) cards must be produced at the front gate for entry. All persons over the age of 16 requiring access to the base must be in possession of a photo ID card, an authorised Defence pass or a visitor's pass, as issued from

the Pass Office, Building 1 at the front gate. The Base Support Manager at Defence Support approves the right of entry to the base.

Firearms

All persons intending to carry a firearm into Victoria must check with the Sale police for local information regarding licences, laws etc. Tel: (03) 5143 5000

Electoral Enrolment

New long-term members and eligible dependants must fill out an electoral enrolment form, available from the base post office, as soon as possible.

Education

Regional Education Liaison Officer (REDLO)

The Regional Education Liaison Officer (REDLO) can provide you with information and advice about the education system in your posting locality and the Education Assistance Scheme available through the Department of Defence.

The DCO booklet, *Education – Victoria*, is available from the REDLO and contains information about preschool, primary, secondary and tertiary education in Victoria. It also covers services available for children with special needs, information on changing schools and details of the Education Assistance Scheme.

Defence School Transition Aide Program

Defence funds Defence School Transition Aides (DSTAs) and Defence Transition Mentors (DTMs) in a number of schools in the state. DSTAs (Primary) and DTMs (Secondary) are employed to assist families as they relocate to a new school.

They can:

- organise activities that welcome and farewell ADF families and help them settle into the new school community
- assist the school to understand the needs of ADF parents and their children
- inform the school and support families if ADF members are deployed
- help families with special needs
- assist families to collect work portfolios and academic records or reports for the new school
- act as a point of contact for ADF families in the new school.

The DSTA/DTM helps all Defence children at the school should they seek or require assistance. It is not intended that the DSTA/DTM work with one child on a long-term basis.

Contact the REDLO for further information.

REDLO Victoria

Tel: (03) 9282 3006

Email: redlo.victoria@defence.gov.au

Handy Contacts

Edline

Tel: 1800 809 834

TAFE Line

Tel: 13 18 23

Victorian Government Schools

Internet: www.education.vic.edu.au

Internet: www.vic.edu.au/schoolsonline

Catholic Education Office

Internet: www.cecv.melb.catholic.edu.au

Association of Independent Schools

Internet: www.ais.vic.edu.au

Tertiary Courses (VTAC)

Internet: www.vtac.edu.au

Wellington Shire Council (encompassing Sale)

Internet: www.wellington.vic.gov.au

DCO website with RAAF East Sale Region link

Internet: www.defence/dco/vic, then click on 'Sale' on the map.

Employment

The Partner Education and Employment Program (PEEP)

Take a PEEP at your future

If you are a recognised partner of an ADF member, DCO's Partner Education and Employment Program, or PEEP, may be able to help you manage your career development.

PEEP Tier 1 provides an education and employment allowance of \$12,000 for a 10-year period to assist recognised ADF partners to better position themselves for employment through a range of initiatives when posted with the ADF member. Tier 1 is capped at \$6,000 per posting locality for assistance with: superannuation setup; professional employment assistance; child care, education and training; personalised resume preparation; and professional re-registration expense payments.

PEEP Tier 2 is an in-financial year 'one-off' payment of up to \$3,000 to be used for vocational courses, up to and including first-time undergraduate courses.

PEEP Tier 2 will be available for the next three years and is aimed at the partners of the more junior officer and enlisted ranks. Applications will be open to the partners of Private to Sergeant ranks (and their equivalents) and to the partners of Lieutenant to Captain ranks (and equivalents).

Tertiary studies assistance under PEEP

Partners are encouraged to undertake tertiary studies through Open Universities Australia (OUA). This allows partners to continue their education wherever they may be posted, whether in Australia or overseas. OUA offers the following benefits to Defence partners:

- access to an online enrolment facility and unique client code
- access to a priority corporate support team through a dedicated email contact point
- a dedicated 1300 number supported by a team to assist partners in making the right choice about higher education and government loan options
- a flexible international higher education study offer for clients no matter what their location
- financial support to each student who enrolls using the code for the purchase of text books for the first five units
- extended online tutorial support.

Looking for a job? Try Jobsearch

ADF partners when seeking employment are encouraged to use Jobsearch – Australia's largest free online jobs website:

Internet: www.jobsearch.com.au

Want a peep at PEEP?

For more information on PEEP initiatives, including eligibility criteria and application forms, please visit the DCO website:

Internet: www.defence.gov.au/dco/PEEP

RAAF East Sale Region Website

Wellington Shire has created a wonderful website for Defence members and their families.

Partners may:

- submit a resume to be directed to businesses in the area
- find the latest employment advertisements from local papers
- find links to other useful website.

Internet: www.raafbaseeastsaleregion.com.au

You will also find the link on the DCO Website under Victoria, Sale.

As we wish to monitor the success of this website, we would appreciate your feedback, by emailing juliann.rogers@defence.gov.au
Thankyou.

Internet: www.defence.gov.au/dco/vic, then click 'Sale' on the map

Children's Services

Defence Child Care Program

The purpose of the Defence Child Care Program is to aid mobility by facilitating priority of access to child care for Defence families where the local community is unable to meet the demand for child care places. Accordingly, the program is focused on ensuring mobile Defence families can access some form of child care on arrival in the gaining locality. This is achieved through a variety of centre and non-centre-based child care. Defence does not directly subsidise the cost of any form of child care for Defence families, nor is child care an entitlement.

Defence Child Care Centres

There are currently 21 Defence child care centres across Australia that participate in the National Childcare Accreditation Council Quality Improvement Program. These centres are managed by B4Kids Pty Ltd and are required to meet the State/Territory Child Care Regulations for licensing and the requirements for the Child Care Benefit (CCB). The centres provide priority of access to Defence families in accordance with Defence's Priority of Access (POA) guidelines.

A full list of the centres and the Defence POA guidelines are available on the DCO website.

National Enrolment Call Centre

The B4Kids Enrolment Call Centre can be contacted on Tel: 1300 265 600, for Defence families to:

- access placements in Defence child care centres
- book child care in the preferred location in advance of relocating to that area
- receive information on other centres in the general line of travel between work and home, if child care is not available in the family's preferred centre
- receive information regarding employment in Defence child care centres.

Family Day Care

Family day care is home-based child care by a qualified, monitored family day care provider. You can contact the schemes in your area through Family Day Care Australia on 1800 621 218.

Handy Contacts

Defence Community Organisation

Internet: www.defence.gov.au/dco/childcare.htm

B4Kids Pty Ltd

Internet: www.b4kids.com.au

Tel: 1300 265 600 or (07) 3326 5600

Child Care Access Hotline

– provides up-to-date information about child care options and locations

Tel: 1800 670 305

Department of Education, Employment and Workplace Relations (DEEWR)

– Office of Early Childhood Education and Child Care

Internet: www.mychild.gov.au

MyChild Hotline

Tel: 13 36 84

The National Childcare Accreditation Council (NCAC)

Internet: www.ncac.gov.au

Family Day Care Australia

Tel: (02) 4320 1100 or 1800 621 218

Internet: www.familydaycare.com.au

Family Day Care Australia

Tel: (02) 4320 1100 or 1800 621 218

Internet: www.familydaycare.com.au

Uniting Care Gippsland for Wellington

Family Day Care

Tel: (03) 5144 7777

Wellington Shire Website

A link to the RAAF East Sale Region website for Defence members and their families is available on the DCO website.

Internet: www.defence.gov.au/dco/vic, then click 'Sale' on the map

East Sale Child Care Centre

The East Sale Child Care Centre is a 50-place long day care centre located on Heart Ave, offering child care to Defence and civilian families. They offer a high-quality and caring child care service in a purpose-built centre for children from birth to school age, in three spacious, well-equipped play rooms. As part of the Defence Child Care Program, the centre is managed by B4Kids.

A team of experienced, caring, professional staff develops educational programs based on children's interests and skills, planning activities and play experiences to enhance the children's social, emotional, language, cognitive and physical development.

The centre caters for full-time, part-time and occasional care, and is registered with the National Childcare Accreditation Council. Sessions offered include a long day (7.15 am to 5.30 pm), short day (8.45 am to 3.15 pm) or afternoon session (3.15 pm to 5.30 pm), Monday to Friday. Please contact Claire Vinicombe, the Centre Director, for all enrolment enquiries.

Tel: (03) 5146 6717

Playgroups

East Sale Family Group Playgroup meets on Mondays, 10 am to 12 pm in the Community Centre (near the post office) in Wapiti Ave on the RAAF Base.

Playgroup is a place for parents with young children to meet other people and for the children to socialise with each other. In Defence Force life, it is even more vital to make contact with others sharing similar experiences to you.

Moving to a new location can be difficult, and with young children to care for, it can be very isolating. East Sale Family Group Playgroup is a relaxed, informal, welcoming environment intent on providing you with contact with other families. While you meet other parents, your children can engage in stimulating and fun play with other children. They can make new friends and have new experiences, while you gain access to a wonderful support network. Please bring a healthy lunch for the kids.

For more information, contact:

East Sale Family Group Coordinator

Tel: (03) 5146 6171

Email: eastsalefamilygroup@gmail.com

Family Liaison Officer

Tel: (03) 5146 6030

Kindergartens

The RAAF East Sale Kindergarten is located on the RAAF Base. It is open to RAAF and civilian families. The kindergarten is set in a safe and secure position, and has good facilities. All staff are dedicated, experienced and fully-qualified, with a passion to strive for excellence in early childhood education. The general running of the kindergarten is the responsibility of the committee, which is formed from the parent members and is assisted by UnitingCare Gippsland cluster management.

The kindergarten offers an age-appropriate educational program for three- and four-year-old children. The goal is to create a space where children feel safe, confident, inspired, comfortable and challenged. A variety of indoor and outdoor activities are available, including excursions and visits. East Sale Kindergarten holds several places for the children of RAAF members until January of each year to cater for late postings.

For further information, contact the kindergarten.

East Sale Kindergarten

Tel: (03) 5146 6723

Email: east.sale.kin@kindergarten.vic.gov.au

Heart Rd, RAAF Base East Sale

Four-year-olds program hours:

Tuesday and Thursday: 9.30 am to 2.30 pm

Three-year-olds program hours:

Friday: 9.30 am to 1.00 pm

There are seven kindergartens in Sale, including one on base. Children must turn four before 30 April to attend kindergarten for that year. Allocation of places in kindergartens is based on the preferences of parents for type of program and/or kinder location. In the event that insufficient places are available in a kindergarten for all children, older children are more likely to be placed in the kindergarten of their first preference.

Four of the Sale kindergartens operate on a central booking register. Enrolments for these four kindergartens are managed by representatives from each kindergarten, who form a combined enrolment committee.

Tel: (03) 5144 1663

St Columba's Community Kindergarten is assisted by UnitingCare Gippsland.

Tel: (03) 5144 1876

Email: st.columbas.community.kin@kindergarten.vic.gov.au

Before- and After-School Care

Gumnuts Early Learning Centre

Gumnuts Early Learning Centre provides before-school care (BSC) and after-school care (ASC) for children five to 12 years of age, and have limited placements. Defence families will have priority access to BSC and ASC where vacancies exist. Vacation care is also available.

305 Raglan St, Sale

Tel: (03) 5144 6952

Wellington Family Day Care

Wellington Family Day Care – UnitingCare Gippsland. Family day care has the flexibility to meet your family's needs in a nurturing home environment.

Tel: (03) 5144 7777

Some schools may, from time to time, provide before- or after-school care or holiday programs. Please confirm with your school.

School Vacation/Holiday Care Program

Gumnuts Early Learning Centre provides vacation care during school holidays for primary-school-aged children.

305 Raglan St, Sale
Tel: (03) 5144 6952

Special Needs

When Defence families with special needs are posted, they may have difficulties accessing the services they require. The problems families experience are due to the different eligibility criteria for accessing services, such as therapy (speech and occupational therapy) and respite, due to the lengthy waiting lists and, in some instances, the lack of service providers. When relocating, some families require housing modifications and specific accommodation which caters for the additional requirements of the family member with special needs.

In order to address some of these difficulties Defence has a policy (PACMAN Ch 8 Part 6) that provides a range of assistance measures that can be accessed by ADF families who are formally recognised as having a dependant with special needs. The Dependants with Special Needs Program includes:

- a process whereby families have their status as a member with a special needs dependant formally recognised

- a process whereby families have the assistance required by the special needs dependant reviewed prior to relocating
- a special needs pre-posting visit
- assistance to access specialised equipment in the new locality
- assistance to access therapy services in the new locality
- assistance to access respite services in the new locality
- assistance with identifying appropriate housing and transit accommodation.

Contact your local DCO office for more information or request a CD ROM that explains the process for applying for recognition or, at the time of posting, to undertake an assessment of assistance required by the special needs dependant.

Children with Special Needs

The decision on where to enrol a student, and with what level of support, will depend on a number of factors, including the student's educational needs, the expressed desires of parents and caregivers, the capacity of the education system to provide the level of support services required at a particular location, and the availability of appropriate support services at alternative locations.

It is important that parents of children with special needs contact the REDLO as soon as notification of posting is given to facilitate the appropriate placement, so that the support required is available for the student from the time of arrival at the new school.

Relocations and Housing

Defence Relocations and Housing Manager

Defence Relocations and Housing Managers (DRHMs) are employed to assist ADF members and their families by liaising with Defence Housing Australia (DHA), Toll Transitions and the Defence Community Organisation in each region, to make their relocation easier for them and their families. If you have an enquiry regarding your housing, maintenance, allocation and/or relocation services, or if you are dissatisfied with the service provider or decision made by DHA or Toll, your local DRHM listed to the right, can assist you to address and resolve your concerns.

Area	
Southern Victoria	
Names	
John Gaffney	Christine Sarkies
Telephone	
(03) 9282 3667	(03) 9282 3628
Mobile	
0407 462 437	-
Fax	
(03) 9282 3684	(03) 9282 3684

Defence Housing Australia



DHA was established in 1988 with the aim of improving the quality and selection of housing for Defence members and their families. DHA manages approximately 17,300 residences around Australia and provides a range of services to help ease the pressure on Defence families – we will support you and your family throughout your tenancy, from moving in, to living in, and then moving out of your home.

If you need support throughout your tenancy, then our staff can assist you. You can phone our information line **139 DHA (139 342)** for advice or visit our website (www.dha.gov.au).

DHA also has Housing Management Centres and local offices located near major Defence establishments to provide effective support for you and your family wherever you need it.

Internet: www.dha.gov.au

Tel: 139 DHA (139 342)

Toll Transitions



Toll Transitions provide Defence members and their families with a total relocation service.

Your Toll Transitions case manager will assist you with your relocation requirements including travel, temporary accommodation, removal, storage and payment of your relocation allowances and entitlements.

You will receive a 'Your Defence Relocation Guide', from Toll Transitions giving you detailed information to assist you with your relocation. You are also able to download this guide from the Toll Transitions website.

You can complete your Pre-AFR, AFR and inventory online at the Toll Transitions website www.tolltransitions.com.au/defence and 'Your Defence Relocation Guide' explains the simple steps required to do this. You are able to maintain multiple inventory details online, giving you a current record of your goods and their whereabouts at any point in time. You can use these saved inventories should you move again.

After your move, in the unfortunate event of loss or damage, you can submit your notice of Loss or Damage online direct to Toll Transitions' Warranty Management Centre (WMC).

For 24-hour relocation enquiries and assistance, contact Toll Transitions on Tel: **1800 819 167**.

Health

ADF Family Health Trial

The Australian Government is pleased to be supporting Australian Defence Force (ADF) members and their families through the ADF Family Health Trial.

The trial is scheduled to conclude on 30 June 2012; by this time the future direction of health care to ADF dependants will be known.

The ADF Family Health Trial is available to recognised ADF dependants residing in the following locations:

- **Western Australia** – Derby, Broome, Kununurra, Karratha, Port Hedland, Carnarvon, Tom Price, Newman and Exmouth.
- **Northern Territory** – Darwin, Nhulunbuy, Katherine and Alice Springs.
- **Queensland** – Cairns, Weipa, Mt Isa, Thursday Island, Tully and Townsville.
- **New South Wales** – Singleton.
- **Victoria** – Sale and Puckapunyal.

Medical

The ADF Family Health Trial provides reimbursement direct to your bank account for gap expenses when ADF dependants visit a general practitioner (GP).

Gap expenses are the difference between what the GP charges and what you get back from Medicare. For example, if your GP charges \$60 and the Medicare Rebate is \$35, we will give you \$25.

Eligible dependants are expected to pay the normal GP fee up-front, and claim the Medicare Rebate before submitting a manual claim to ADF Family Health for reimbursement.

Eligible dependants are able to visit any general practice of their choice—including when on holidays away from home.

Allied Health

ADF Family Health also provides \$330 per dependant, per calendar year, to use towards the following allied health services:

- Dental
- Physiotherapy
- Optical
- Chiropractic/
Osteopathy
- Dietician
- Speech Therapy
- Psychology
- Podiatry/Chiropody
- Audiology

Most claims can be processed electronically at the same time as the services by using the ADF Family Health card provided. In the event that electronic processing is not available, the dependant is expected to pay the account and claim the reimbursement manually.

Private Health Insurance

If you have private health insurance, the trial benefit can be used in addition to your private health benefit.

Nil Cost

This is a government-sponsored initiative. However, please be aware that the services accessed are considered a Fringe Benefit.

More Information

Internet: www.defence.gov.au/health/dependant_Healthcare/i-healthcare.htm

Contact

Email: Adf.dependanthealth@defence.gov.au
or Tel: (02) 6266 3547.

Hospital and Medical Facilities

The medical needs of Sale and surrounding districts are well served by numerous general practitioners (GPs) and the Central Gippsland Health Service, which includes hospital, community health, and specialist allied health and nursing services.

There are GPs in Sale, Maffra and Stratford. Locations and phone numbers can be found in the Yellow Pages of the local directory.

A link to the RAAF East Sale Region website for Defence members and their families is available on the DCO website.

Internet: www.defence.gov.au/dco/vic, then click 'Sale' on the map

Sale is also well-served by specialist visiting practitioners and two local paediatricians. Chiropractic, optometry, dentistry and physiotherapy services are all available.

There are several alternative health therapists in Sale, conducting shopfront and home-based practices.

Hospital

Central Gippsland Health Service

Guthridge Pde, Sale

Tel: (03) 5143 8600

Provides full casualty, outpatient, pathology, X-ray, intensive care and operating facilities.

Health Services

Central Gippsland Health Service

Guthridge Pde, Sale

Tel: (03) 5143 8600

Email: CGHSLIB@cghs.com.au

Asthma Education

Tel: (03) 5143 8800

Home and Community Care Services
via Intake Service

Tel: (03) 5143 8488

Maternal and Child Health

Tel: (03) 5143 8697 (Sale)

Tel: (03) 5145 6443 (Stratford)

Tel: (03) 5147 0138 (Maffra)

Gippsland Women's Health Service

Tel: (03) 5143 1600

Freecall: 1800 805 448

Internet: www.gwhealth.asn.au

Nurse On Call

Tel: 1300 606 024

Grow (Mental Health) Support Group

Tel: 1800 604 066

Better Health Channel

Hundreds of health topics, a services directory and healthy living information, provided by the Victorian Government.

Tel: (03) 9616 2667

Internet: www.betterhealth.vic.gov.au

Ambulance

124 Cunninghame St, Sale

Tel: (03) 5142 0151

Emergencies: 000

Ambulance Cover – Victoria

The membership scheme provides low-cost cover against ambulance costs anywhere in Australia.

If you have private health cover for your family, check to see if your policy offers you unlimited ambulance coverage. If your family does not

have private health insurance or your insurance does not cover the cost of an ambulance, you can become an ambulance member for a fee.

Family membership is currently \$120 per annum or \$60 for a single membership.

Membership

Tel: 1800 64 84 84

Internet: www.ambulance.vic.gov.au

Dental

For a complete list of local dentists, check the Yellow Pages of the local telephone directory or Wellington Shire website. A link to the RAAF East Sale Region website for Defence members and their families is available on the DCO website.

Internet: www.defence.gov.au/dco/vic, then click 'Sale' on the map

School Dental Service
Tel: (03) 5144 3166

Health Insurance

Serving members and Defence civilians requiring private health insurance are encouraged to consider the competitive products offered by Defence Health.

Defence Health
Tel: 1800 335 425

Medicare

301 Raymond St, Sale
Tel: 13 20 11
Hours: 9.00 am to 4.45 pm

Immunisation

The local council holds regular immunisation sessions in the Wellington Room, Council Offices, Princes Hwy, Sale (70 Foster St).

Further information:

Wellington Shire Council
Tel: 1300 366 244

Internet: www.wellington.vic.gov.au

Please contact Wellington Shire Council for dates and times.

National Immunisation Program Schedule
Internet: www.health.vic.gov.au/immunisation

No. 4 Expeditionary Health Flight Detachment ESL

No. 4 Expeditionary Health Flight Detachment ESL provides medical services to all Defence Force personnel. Please refer to previous unit information.

Defence Community Groups

Defence Special Needs Support Group (DSNSG)



The Defence Special Needs Support Group (DSNSG) is a national volunteer organisation established to provide support, information and assistance to Defence families who care for someone with a disability or special need. Membership is free. Services provided include local support groups, respite programs, posting plans, specialised support for adults with special needs, Computers 4 Kids, access to grants, national newsletter, social skill programs for children and much more. For more information contact the national office.

National Coordinator

Margaret Fisk

Tel: 1800 037 674

Email: national.coordinator@dsnsg.org.au

Internet: www.dsnsg.com.au

Defence Families of Australia (DFA)



Defence Families of Australia (DFA) has been representing the views of Defence families for 25 years. DFA is a voluntary group of energetic and dedicated Defence partners appointed by the Minister for Defence, Science and Personnel. DFA has the unique opportunity of having direct access to: the Minister and Chief of Defence Force; senior Defence leaders; and key organisations which are directly involved with the families of our Defence Force.

DFA's aim is to improve the quality of life for Defence families by providing a recognised forum for the views of the family, and by reporting, making recommendations and influencing policy that directly affects families. The DFA Executive attracts volunteers from all services and ranks, who are living the unique lifestyle which stems from living with a Defence member, ensuring a broad coverage of experiences and understanding of the Defence lifestyle. DFA recognises that families today are very diverse and the composition of the family unit results in different challenges.

Geographically, DFA volunteers are located all around Australia, representing families at a local, regional and a national level. National Delegates are situated in each state and it is preferable to have a Local Family Representative in each Defence location, unit and base. Quality feedback is reliant on good communication between the Executive and family members in each region. When issues are raised, they are taken to the appropriate stakeholder at a local level or, if necessary, raised to a national level.

DFA is currently consulting with Defence and stakeholders on a range of issues including:

- ensuring Deployment Support is appropriate and available to all families
- enhancing the Partner Education and Employment Program funding
- shifting the focus on mental health to the entire Defence family unit in order to adequately support the ADF member
- providing feedback to Toll on relocations administration procedures
- working with the ADF Financial Services Consumer Council to develop useful education on financial management for Defence families
- monitoring the introduction of the National Defence Families Identification Card.

Join DFA today free!

By joining DFA as a member, you are supporting its aim to represent the needs of all Defence families. Please take a few minutes to enter your details on the website www.dfa.org.au/user/register/

When you become a DFA member you will receive quarterly eNewsletters and email alerts, and access to the DFA website which will provide you with access to a wealth of resources:

- My Home and My Calendar with local news and events in your posting location
- timely updates on information and changes affecting Defence families
- advice and tips from other partners in the areas of Moving, Absence from Home, Education, Health, Employment and Money
- an opportunity to provide Defence and Government with your feedback and suggestions for improvements in My Voice.

How can you be involved in DFA?

If you are interested in learning more about DFA or becoming a volunteer in your area, please contact your local National Delegate (details on the DFA website).

Visit www.dfa.org.au or call the DFA Infoline 1800 100 509.

East Sale Family Group Inc. (ESFG)

ESFG exists to support RAAF families during their time at East Sale. There is a range of interest groups that have been established to provide opportunities for networking and fellowship. To get involved, all you need to do is turn up. Whether it's a day-time or an evening activity, we've got something for everyone.

We'd love to see you. ESFG is located in the Community Centre on the base in Wapiti Ave, alongside the East Sale post office. (Building No. 23 on the base map.)

Presently the group organises the following:

Craft Group

Some quilt, some bead, others embroider, cross stitch, or knit, or just come to share some time with like-minded people. There are no rules or homework and you can come as often or as rarely as you like! It doesn't matter if you've never tried anything crafty – if you would like to have

a go, you'll be made very welcome. Feel free to come along just to check things out. Monday night, 7.30 pm at the Community Centre.

Walking Group

Walking around Lake Guyatt and Lake Guthridge is one of the most soothing activities you can do in Sale. The parks and gardens are beautiful, the paths well maintained and the birdlife abundant. The Walking Group is perfect if you've got small children or want to take the dog for a walk with some company. It's a gentle 2.5 km or 4 km loop of the lakes, and takes between 20 minutes and one hour. Meet at 9.15 am for a 9.30 am departure from the 'white-roofed barbecue area' between the tennis courts and playground on Guthridge Pde. Please confirm the days with the ESFG Coordinator.

The Coffee Club

A great opportunity to meet other Defence spouses and members of ESFG. Whether you come for ten minutes or stay for an hour, you're always welcome. We meet every second Tuesday morning, 10.00 am to 12.00 pm in the Community Centre. (Days can vary according to the group at the time, so please check with the ESFG Coordinator.)

Playgroup

Playgroup is a great place for your young children to make new friends and have new experiences, while you meet other parents and gain access to a wonderful support network. We offer a relaxed, informal and welcoming environment on Mondays, 10.00 am to 12.00 pm, in the Community Centre. Please bring a healthy lunch for the kids.

The Umbrella

The Umbrella is a bi-monthly base newsletter produced by ESFG. It contains details of local activities and groups that are running. Please ensure your contact details are with the Coordinator or Family Liaison Officer (FLO) so that you receive your copy.

Book Club

A fantastic opportunity to get together in a casual and relaxed environment and discuss the current book with like-minded people. We meet monthly on a Thursday night.

Youth Group

Aimed at 9–13 year olds. Bring your friends or come and meet some new friends. Play table tennis, listen to music, join in a game or just relax. Check with the ESFG Coordinator for more details.

Volunteers are also warmly welcomed and encouraged to be involved in the support and running of the groups and ESFG Inc. Committee of Management

For more details on any of the ESFG activities, please feel free to contact the Coordinator or leave a message on the voicemail. Office hours are Monday and Tuesday, 9.00 am to 1.00 pm; Thursday, 11.00 am to 2.00 pm.

East Sale Family Group Inc.
Email: eastsalefamilygroup@gmail.com
Tel: (03) 51466171

Family Liaison Officer
Tel: (03) 514 6 6030

DCO, Internet: www.defence.gov.au/dco/community_groups.htm

On-base Information and Services



Roulette Cinema

Roulette Cinema is located on base at the corner of Hudson Ave and Catalina St. The cinema has comfortable seats for 230 people, full surround-sound and a candy bar with all the usual movie-time food and drinks. Screenings are Tuesday and Saturday nights, at 7.00 pm. Children's matinees are held on the third weekend of the month and during

school holidays, and they screen at 2.00 pm on both Saturday and Sunday. ADF members, their families and sponsored civilians are encouraged to attend and enjoy their favourite movies. Civilians can visit the cinema once they have a temporary visitor's pass from the front gate, or by becoming a member of the Roulette Cinema Club. Becoming a member provides you with base access only to visit the cinema, and if you have children between four and 14 years of age, they will receive a free movie, popcorn and a choc top in their birthday month. Please see the cinema website for more details about the cinema club, current movies, prices, birthdays and fundraising opportunities.

Internet: www.roulettecinema.com

Cinema admission prices are very reasonable, and currently are:

Adults: \$7

Adults attending a matinee: \$4

Children (four–14 years) and ADF Cadets in uniform: \$4

Children under four years are free

All matinee tickets: \$4

For any further information or if you would like to become a volunteer, please contact the Cinema Officer FLTLT Alice Patton,
Email: RAAFESL.roulettecinema@defence.gov.au

Roulette Cinema

Tel: (03) 5146 6030

Internet: www.roulettecinema.com

Cinema programs are available on the website or monthly through the cinema entrance, base post office and unit orderly rooms, and bi-monthly in the RAAF East Sale Family Group newsletter, *The Umbrella*.

Clubs at RAAF East Sale

The clubs have a website on the Defence Restricted Network (DRN): Local Folders/East Sale/Clubs Associations.

RAAF East Sale Flying Club

The recently re-formed RAAF East Sale Flying Club provides the central hub for ultralight, gliding and general aviation activities at East Sale. The club operates from its own hangar, which provides excellent protection for club and visiting aircraft. There are generous club facilities, which include dedicated rooms for pilot briefing, instruction and social functions. Membership is available, but not limited, to RAAF members and their dependants, full-time civil employees and AAFC cadets.

RAAF Auto Club of East Sale (RACES)

RACES has been in existence now for over 12 years and provides access to motor sport

activities for its members. Membership is available, but not limited, to RAAF members and their dependants, RAAF East Sale APS staff, and RAAF East Sale contractor staff. RACES conducts club-level events such as driver training, test and tune, and Supersprints on the Southern Airfield in a controlled and organised manner through our affiliation with the Confederation of Australian Motor Sports (CAMS). RACES is affiliated with other local Gippsland motoring clubs, primarily the Gippsland Car Club, which operates the Morwell Hillclimb circuit, and the Maffra and District Car Club, which operates the Boisdale Hillclimb circuit. This affiliation provides RACES members with a variety of club motor sport events in which to compete.

RAAF Gun Club East Sale

The club meets on the fourth Sunday of each month with Nominations at 11.00 am.

Holds practice is on Wednesdays between 12.00 pm and 1.00 pm most weeks.

For more information, please contact:

Officer in Charge (OIC): FLTLT Rod Orrock,
Tel: (03) 5146 6610

President: Jennifer Cleal, Tel: (03) 5146 7499

Secretary/Treasurer: Noel Cleal,
Tel: (03) 5146 7181 or 0412 088 235

Other Local Clubs

East Sale Golf Club

East Sale Yachting Club

Hobby Hangar

Tel: (03) 5146 7520

The base hobby hangar is situated on the far eastern side of the base, adjacent to the base fuel depot. The hobby hangar provides storage facilities to allow base personnel storage for caravans, boats and motor vehicles.

Sporting Facilities

The base provides a range of sporting facilities, including: a squash court; tennis courts; gymnasium; volleyball, basketball and badminton courts; swimming pool; playing fields; ovals; and a golf course.

During the period 1 December to 31 March, the swimming pool is open daily and is available for use free of charge by all RAAF personnel and their families, as well as civilian personnel employed on the base. Uniformed members can use the pool from 6.00 am to 9.00 pm; civilians only while a lifeguard is on duty, 12.00 pm to 8.30 pm.

Base Library

The base library is located on the corner of Hudson Ave and Anson St (Building 122, near the post office). There is a large selection of popular novels, technical and general interest books, magazines and videos. Open during business hours, the library is available to serving members and their dependants.

Tel: (03) 5146 6096

Credit Union

There is one credit union on base, located in Wapiti Lane.

Defcredit

9.00 am to 4.00 pm, Monday to Friday

Tel: (03) 5146 6719

Internet: www.defcredit.com.au

Garbage

On-base garbage is removed on either Tuesday or Thursday mornings.

Recycling is collected on Monday mornings.

Hairdressing

A full range of hairdressing services is available by appointment. The base hairdresser, Aircuts, is located beside the credit unions on base, and is open Tuesday to Thursday, 9.30 am to 4.30 pm, and Friday, 1.00 pm until late (by appointment only).

Tel: (03) 5146 6721

Post Office

Tel: (03) 5146 6726

The on-base post office provides all normal postal facilities, including mail boxes and electricity, gas and Telstra account payments, and is also an agency for the Commonwealth Bank. EFTPOS is available. There are no home mail deliveries. Post office boxes can be hired, or arrangements made to collect mail from the post office or have mail forwarded to the member's workplace.

Hours:

Monday to Thursday, 9.00 am to 5.00 pm

Friday, 9.00 am to 2.30 pm

Outward mail closes 2.00 pm daily.

Inward mail is received by 9.00 am and sorted by 9.30 am daily.

Tracey's Place

Tracey's Place is attached to the post office and replaces Frontline services. Newspapers, magazines, dry cleaning and a good range of eat-in or take-away foods is available, along with drinks, milk, confectionery, gifts etc.

Milk

Milk can be purchased daily from Tracey's Place.

Newspapers

Can be purchased daily from Tracey's Place.

The local newspaper can be picked up (free) on Tuesday from the messes.

Veterans and Serving Member Support Organisations

ADF Financial Services Consumer Council

For products and services, please go to the website or contact the FLO.

Tel: (03) 5146 6030

Internet: www.adfconsumer.gov.au

Family Relationships Online

Helping families build better relationships

Internet: www.familyrelationships.gov.au

Department of Veterans' Affairs

The Department of Veterans' Affairs provides information for veterans and their families on benefits and services available; outreach to rural remote areas; and consultative meetings with ex-Service organisations to ensure the specific needs of the veteran community are addressed, and to develop relevant health programs.

General enquiries, Tel: 13 32 45

Gippsland Veterans' Welfare Centre

Drop In Centre and Swan Day Club

82 Macalister St, Sale

Tel: (03) 5143 1633

Veterans' Affairs Network

Helping Australia's Veteran and Defence communities

Bairnsdale VAN Office

Tel: (03) 5153 1120 or 1300 551 918

Veterans' and Veterans' Families Counselling Service (VVCS)

VVCS provides confidential counselling and support to veterans and peacekeepers and their families.

Tel: 1800 011 046

National Carer Support Services

For the Veteran and Ex-service Community

Tel: (03) 9396 9500

Email: education@carersvictoria.org.au

Returned and Services League (RSL) Advocacy Services RAAF Base East Sale

To assist serving and retired members with claims and appeals for injuries sustained during the course of their duties and additional appeals under the *Military Rehabilitation and Compensation Act 2004* (MRCA).

Thursdays on base, 9.00 am to 4.00 pm

Tel: (03) 5143 1633 or 0427 430 727

Defence Holiday Units

Army Alpine Lodge

Thredbo and Alpine Centre

Mount Buller VIC 3723

Information on all Service holiday resorts can be found on the following websites:

Royal Australian Navy Central Canteens Fund

Internet: www.ranccf.com/holidays.htm

Army Amenities Fund

Internet: www.armyholidays.com.au

RAAF Welfare Recreational Company

Internet: www.raafholidays.com.au

Department of Defence
Internet: www.defence.gov.au/dpe/dpsa

Defence Hotlines

All-hours Support Line (within Australia)
Tel: 1800 628 036

All-hours Support Line (outside Australia)
Tel: +61 2 9425 3878

Army Fair Go
Tel: 1800 100 064

DCO Emergency After Hours Contact
Tel: 1800 801 026

Defence Equity Advice
Tel: 1800 803 831

Defence Family Matters
Tel: (02) 6127 2316

Defence Health
Tel: 1800 335 425

Defence Whistleblower Hotline (24 hours)
Tel: 1800 673 502

Family Information Network for Defence
Tel: 1800 020 031

Flexible Remuneration
Tel: 1800 632 496

Military Compensation and Rehabilitation
Services
Tel: 1300 550 461

Military Superannuation
Tel: 13 23 66

National Health Advisory Service for Members
(available 24 hours, 7 days)
Tel: 1800 467 425 (1800 IM SICK)

National Welfare Coordination Centre
Tel: 1800 801 026

Service Direct
Tel: 1800 333 362 (1800 DEFENCE)

Local Community

RAAF East Sale Region Website

The Wellington Shire has created a very useful website especially for Defence members and their families.

You will find:

- a wealth of local information and links
- information on housing, employment, education
- a place to submit your resume
- latest employment ads from local papers.

Internet: www.raafbaseeastsaleregion.com.au

A link to the RAAF East Sale Region website for Defence members and their families is available through the DCO website.

Internet: www.defence.gov.au/dco/vic, then click 'Sale' on the map.

Sale

Location: 212 km east of Melbourne.

Sale's prosperity grew on the flurry of excitement generated by the Omeo, Stringers Creek (Walhalla) and Crooked River gold rushes. Although settlement had begun soon after the explorer Strzelecki passed through in 1840, it was Sale's strategic location on the route between Port Albert and the gold diggings that saw it develop. Latter-day prosperity has stemmed from its proximity to the vast offshore oil and gas fields of Bass Strait, and as the home of the RAAF Roulettes.

Sale is a generally flat area with very few hills, which makes it particularly suitable for walking and bike riding.

There are many charming townships within an hour's drive of Sale. Located approximately 35 km away are Seaspray and Golden beaches, part of the famous Ninety Mile Beach. The foothills of the Great Dividing Range are only 30 km away and the Gippsland Lakes system is easily accessed through Loch Sport, Paynesville, Metung, Lakes Entrance and Marley Point; all of which are under one-and-a-half hours away.

For more information, we recommend you visit the Wellington Visitor Information Centre, under the large blue roof at 8 Foster St, Sale.

Tel: 1800 677 250

Internet: www.tourismwellington.com.au

Wellington Shire Internet: www.wellington.vic.gov.au

RAAF Base Region Internet: www.raafbaseeastsaleregion.com.au

A link to the RAAF East Sale Region website for Defence members and their families is available on the DCO website.

Internet: www.defence.gov.au/dco/vic, then click 'Sale' on the map

Weather

Summers in Sale are generally warm. The average maximum and minimum temperatures in summer are 32 °C (maximum) and 12 °C (minimum), and in winter, 14 °C (maximum) and 4 °C (minimum). Rain is occasional. The months of September to November are often characterised by windy, gusty afternoons. Frosts are common throughout winter. Generally, the temperatures allow a pleasant, comfortable outdoor lifestyle throughout most of the year.

Locality Information

■ Places of Interest

The Swing (Latrobe) Bridge, built in 1883 by the Victorian Government, was the first moveable bridge built in Victoria. Designed by John Grainger (the father of famous Australian pianist and composer Percy Grainger) during the 1880s, this bridge opened by pivoting horizontally on a set of central piers. The bridge keeper would be summoned to open the bridge, day or night, by the whistle of ships travelling along the Latrobe River.

The Sale Canal was built in three stages, beginning in 1886. Much of the work was done by hand, with pick and shovel. Technology did, however, come to the rescue eventually, involving the use of Chesney's patented automatic earth scoop and William Forbes' traction engine. The Port of Sale was established in 1890.

Sale Common, Boardwalk, River Heritage and Wetlands Trail

This magnificent wetlands area, with 450 m of boardwalk, has a combination of freshwater marsh and red gum woodland that supports an enormous variety of birdlife, including swans, egrets, herons and spoonbills. Two bird hides allow visitors to experience the prolific birdlife at close proximity. The Sale wetlands walk begins at Lake Guthridge. A river heritage and wetlands trail links the significant attributes of Sale, namely the heritage of the Port of Sale, Sale Canal, Swing Bridge and Flooding Creek, and the Sale Common, with either a 5 km or 15 km trail.

Lake Guthridge

Created in 1876, Lake Guthridge has become a refuge for waterbirds, especially our city's emblem, the Black Swan. It has become popular for picnics and barbecues, with a maze and playgrounds to entertain the children. For

those wishing to exercise, a leisurely 45-minute walking track surrounds Lake Guthridge, and 30 minutes for the adjoining Lake Guyatt.

Sale Powder Magazine

Built in 1864–1865, the Powder Magazine was designed to safely hold the gunpowder supplies for the nearby goldfields, where the powder was used for blasting rock. In 1925, the building became private property until 1995. The Sale Rotary Club restored the Powder Magazine as a heritage icon, with accompanying picnic tables and bridges connecting to the wetlands trail.

Fauna Park and Botanic Gardens

Located in Guthridge Pde within the Sale Botanic Gardens, the fauna park features wallabies and a range of different birdlife, along with children's playground and BBQ facilities.

Gippsland Armed Forces Museum

Located in Punt Lane. Open Friday to Monday, 10.00 am to 4.00 pm, or by arrangement.

Shopping Facilities

Sale's main shopping street is Raymond St, where all the major banks are located. Located in Cunninghame St, just off the Raymond/Cunninghame St intersection, is Gippsland Centre Sale – a large shopping mall with more than 30 speciality shops and major traders such as Target, Coles, Safeway and Best & Less. Late-night shopping is Friday night.

■ Sale Markets

A general market is held every third Sunday of the month near Port of Sale.

A farmers' market is held every third Saturday of the month near Port of Sale.

■ Restaurants

Sale has a variety of restaurants, cafes and fast-food outlets catering for various tastes. Some offer a Defence discount.

For further information, contact the Sale Visitor Information Centre.

Tel: 1800 677 520

Internet: www.gippslandinfo.com.au

Also contact the FLO for more information.

■ Gippsland Art Gallery – Sale

The Gippsland Art Gallery presents a diverse exhibition program of contemporary and traditional artworks by local, national and international artists.

68 Foster St

Port of Sale Civic Centre

Tel: (03) 5142 3372

■ THE ESSO BHP Billiton Wellington Entertainment Centre

The winner of several awards for its architecture, this building is a great place to visit. The centre has a comprehensive program of performing arts from local and visiting entertainers and a great café open seven days a week.

100 Foster St, Sale

The box office is open 10.30 am to 6.00 pm Monday to Friday and 1 hour prior to shows, Tel: (03) 5143 3200.

Information and venue hire enquiries, Tel: (03) 5143 2511

For a list of current productions please visit

Internet: www.wellington.vic.gov.au/entertainment

■ Sporting and Leisure Facilities

The region promotes itself as having interests from the mountain to the sea, and consequently lots of the leisure activities in the region relate to water sports, beach activities, nature trails and wilderness activities. Camping, fishing, four-wheel-driving, bushwalking and cycling are popular leisure activities in the region. Because of the proximity to the Gippsland Lakes, water sports are very popular.

There is an active sailing club at nearby Marley Point on Lake Wellington and a surf-lifesaving club at Seaspray.

The Sale Golf Club is situated at Longford, about 5 km south of Sale. It is an 18-hole, par 70 course. Maffra Golf Club is also a popular local 18-hole, par 70 course, located approximately 20 km from Sale. There is also a par three pitch-and-putt course in Dargo St, Sale.

Snowfields at Mount Hotham and Mount Baw Baw are located approximately three-and-a-half hours' drive from Sale. There are a number of closer areas where skiing is possible within approximately two hours' drive from Sale, such as Mount St Gwinear – however facilities are only basic at these sites.

Sale has a strong sporting community with a large, diverse range of options, from archery to volleyball. Please visit Internet: www.wellington.vic.gov.au, or contact the Family Liaison Officer for more details on Tel: (03) 5146 6030.

■ Sale Neighbourhood House Inc.

A neighbourhood house is also known as a community centre, an adult learning centre or a community house. Sale Neighbourhood House is open to adults of all ages. Everyone is welcome. It is a place where people come together to meet other people and share or gain skills in relaxed and friendly surroundings.

Activities include: adult education; craft; leisure activities; limited child care. The program is available on the website.

19–21 Leslie St, Sale

Tel: (03) 5144 5747

Internet: <http://snh.customer.netspace.net.au>

■ Sale Show

The Sale Show is held in November each year. Schools close on the Friday of the Show.

■ Sale Cup Day

This is held in Spring, at the Sale Turf Club. Internet: www.saletc.com.au

General Services

Local Newspaper

Gippsland Times

74–76 Macalister St, Sale

Tel: (03) 5143 9333

Available Tuesday and Friday from the office, or newsagents and supermarkets.

Shire Services

Wellington Shire Council

70 Foster St, Sale

Tel: 1300 366 244 (freecall)

Internet: www.wellington.vic.gov.au

■ Sale Service Centre

Foster St, Sale

Tel: (03) 5142 3333

■ Tourist Information Centre

8 Foster St, Sale

Tel: (03) 5144 1108

Internet: www.gippslandinfo.com.au

■ Library

75 Macalister St, Sale

Tel: (03) 5144 2258

Monday to Friday: 8.30 am to 6.00 pm

Saturday: 10.00 am to 4.00 pm

Essential Services

Gas and Electricity

Recent legislation was introduced to enable consumers to choose their gas retailer. Retailers offer customers various price and service packages. You should consider and compare what each retailer is offering.

Origin Energy

Tel: 13 24 61

Electricity and gas

TRUenergy

Tel: 13 34 66

Electricity and gas

Telephone Connection

Telstra

Tel: 13 22 00

Optus

Tel: 1300 300 937

Water Restrictions

For further information, please call the Gippsland Water service centre.

Tel: 1800 057 057

Garbage Disposal

Two bins are provided to each residence. The 120-litre garbage bin is collected weekly by a solo-operated truck. The 240-litre bin is for recycling and is collected fortnightly. For information on rubbish, recycling and waste, Tel: 1300 130 129 or visit the council's website, Internet: www.wellington.vic.gov.au.

The tip/transfer station is located in Stevens St, behind Stephenson's Park.

Monday: 8.00 am to 12.00 pm

Wednesday: 9.00 am to 5.00 pm

Friday: 1.00 pm to 5.00 pm

Saturday and Sunday: 9.00 am to 5.00 pm

Transport

Defence Driving Licence Scheme

With the exception of Victoria and the Northern Territory (NT), Commonwealth, state and territory authorities implemented a Defence Driving Licence Scheme (DDLS) for ADF personnel and eligible members of their families. Under the DDLS, personnel and their families' driving licences are recognised throughout Australia and thus no requirement exists to change a driving licence solely because of a transfer interstate. On expiry, however, licences must be renewed in the current state or territory of residence.

Third Party Insurance

The role of the Transport Accident Commission (TAC) is to pay for treatment and benefits for people injured in transport accidents in Victoria.

Victorian-registered vehicles pay a Transport Accident Charge with registration. Interstate-registered vehicles are exempt from paying the charge, as long as corresponding insurance (compulsory third-party insurance, CTP) from the other state covers the vehicle while in Victoria.

It is recommended that you ensure interstate-registered vehicles are covered while in Victoria. The TAC may take action to recover costs from the owner of an uninsured vehicle. For more information, contact the TAC on Tel: 1300 654 329 or Internet: www.tac.vic.gov.au.

Road Assist

The Royal Automobile Club of Victoria (RACV) provides assistance for all motorists who are members of an affiliated interstate club (RAASA, RACWA, RACQ, RACT, NRMA, AANT).

So be sure to bring your current membership card with you in case you need road service. Members requiring emergency roadside service, call Tel: 13 11 11.

For more information on membership, call RACV on Tel: 13 7228 (13 RACV) or visit Internet: www.racv.com.au

CityLink

CityLink is the 22 km tollway that makes getting around Melbourne easier and quicker. Just look for the blue and yellow signs. CityLink is divided into two sections, the Southern and Western Links. It connects the Tullamarine, West Gate and Monash freeways.

CityLink passes and CityLink accounts can be purchased via:

Internet: www.citylink.com.au

Tel: 13 26 29 (24 hours, seven days a week)

Email: assist@citylink.com.au

Also Australia Post outlets and some newsagents.

Interstate roaming

Tel: 1300 134 753

Email: interstatetravel@transurban.com.au

Note that one CityLink account can be applied for use in New South Wales and Queensland.

EastLink

EastLink connects the Eastern Freeway in Melbourne's east to the Frankston Freeway in the south. It is 39 km in length, stretching from Donvale to Frankston. EastLink has direct connections to the Eastern, Monash and Frankston freeways.

EastLink passes can be purchased from ConnectEast.

Tel: 1800 173 176

Internet: www.connecteast.com.au

Transport To and From Sale

■ Road

Sale is located on the Princes Hwy (Hwy 1), linking Sale to Canberra (approximately 530 km distance) and Melbourne (220 km distance). Access from the north via the Great Dividing Range is more difficult, winding through mountains on (mostly) sealed roads that can occasionally be closed through the winter. The major route from the north is the Omeo Highway.

■ Bus

Sale has a local bus service for transport to the shopping centre. Most schools have access to the school bus system.

Internet: www.wellington.vic.gov.au

■ Rail

Three trains leave for and arrive from Melbourne daily. The journey takes approximately three hours. Extra services may include bus to Traralgon (40 min) for train connection. For reservations, contact VLine.

Tel: 13 61 96

Internet: www.vline.com.au

■ Air

West Sale has a small airfield, however there are no direct flights from Sale to Melbourne or Sydney. The closest major airport is Tullamarine Airport in Melbourne.

Best travel tips for getting to Sale: flight to Tullamarine Airport, Skybus to Southern Cross Station, train to Sale.

Driving – General

Eligible family members of ADF personnel are required to convert to a Victorian licence or permit if they reside in Victoria for a continuous period of more than three months. If an eligible family member holds a licence permit in another Australian state or territory, it will be converted to a Victorian one at no fee, without tests.

Further information can be obtained from VicRoads.

Tel: 13 11 71

28 Princes Hwy, Sale
(next to King Ave Comfort Inn)

Vehicle Registration

Procedures for transferring registration differ depending on what state the vehicle has been registered in before registering in Victoria.

Further information can be obtained from VicRoads.

Tel: 13 11 71

28 Princes Hwy, Sale.

Driving in Victoria

■ Speed Limits

The upper speed limit throughout Victoria is 100 km/hour, except on some country freeways, where it is 110 km/hour. It should be noted that red light and speed cameras operate throughout the state.

■ L and P Plate Drivers

If you are a learner driver or a probationary licence holder, you cannot drive with any alcohol in your blood.

■ Be Warned!

Preliminary breath-testing (random breath-testing) is conducted throughout Victoria.

Police can now require any driver to take a breath-test. For a first offence, the penalty for refusing is a fine of up to \$1,200, immediate licence suspension on demand and mandatory licence cancellation for two years.

■ Overhead Lane Signals

These are used to mark out lanes of traffic going in the same direction. When these lights are in use, make sure you travel in a lane over which a green or white arrow is showing. Stay out of a lane with a red X over it.

U-turns and Overtaking

From 9 November 2009, there were some changes to the road safety rules regarding U-turns and overtaking over the centre dividing line, lane lines and painted islands.

Centre Dividing Line

A driver must not overtake, or do a U-turn, across a single continuous centre line, or a single continuous line to the left of a broken line. However, a driver can cross over a centre dividing line (except a double continuous centre dividing line) when entering or leaving the road.

Lane Lines

A driver must not change lanes over a single continuous lane line.

Painted Islands

A driver must not drive over a painted island that is surrounded by a single continuous line. However, a driver can drive over the island if they are entering or leaving the road, or entering a turning lane that begins immediately after the painted island.

A driver must not drive over a painted island at a freeway on-ramp. It is also illegal to drive on a painted island that is surrounded by a double line.

What you have to do

Remember that you can only cross a single continuous centre line if you are entering or leaving the road, or to avoid an obstruction.

You can not overtake or do a U-turn over a single continuous line or a double continuous line.

■ Cycling

It is compulsory for cyclists to wear Australian Standards-approved bicycle helmets in Victoria. Please be safe by wearing high-visibility attire, and having lights and reflectors.

Cycling is a popular sport in Sale due to the many bike paths, flat terrain and close proximity of schools and workplaces. There is a BMX/skate park at the Port of Sale.

28 Princes Hwy, Sale

Pet Care

All dogs and cats over six months old must be registered with the council. Annual registrations are due for renewal each April.

Pet Transport

Dogtainers

Tel: 1300 135 252

Internet: www.dogtainers.com.au

Petflyers

Tel: 1800 738 359

Email: enquiries@petflyers.com.au

Internet: www.petflyers.com.au

Kennels/Catteries

A list of boarding kennels and catteries can be obtained from the Yellow Pages or the Wellington Shire website, Internet: www.wellington.vic.gov.au.

A link to the RAAF East Sale Region website is available on the DCO website.

Internet: www.defence/dco/vic, then click on 'Sale' on the map

Cats Tree Motel

97–111 Stephenson St, Sale

Tel: (03) 5144 1259

Longford Cattery

Boggy Creek Rd, Longford

Tel: (03) 5149 7352

Macalister Boarding Kennels and Cattery

RMB 2187,

Tackens Rd, Fulham

Tel: (03) 5149 2428

Veterinary Clinics

Animal Clinic Bass Court

398 Raymond St, Sale

Tel: (03) 5174 1656

Ark Vet

320A York St, Sale

Tel: (03) 5143 3118

Sale Maffra Veterinary Centre

262 York St, Sale

Tel: (03) 5144 3100

Important Numbers

Defence Community Organisation

Building 530, Hudson Ave

RAAF Base East Sale

Easy to find: Enter Base Front Gate, proceed to T intersection then turn left, turn left at next street, we are the first red brick building.

Fax: (03) 5146 6242

Defence Social Worker

Tel: (03) 5146 6029

Family Liaison Officer

Tel: (03) 5146 6030

DCO Cerberus

Tel: (03) 5931 5817

After Hours Duty DCO via NWCC

Tel: 1800 801 026

REDLO

Tel: (03) 9282 3006

Military Support Officer (MSO) – Cerberus

Tel: (03) 5931 5817

MSO – Melbourne

Tel: (03) 9282 3008

RAAF Base East Sale

Tel: (03) 5146 6111

Duty Member after hours

Tel: 1300 DEFENCE

Chaplains

Tel: (03) 5146 6174 (base chapel)

Tel: (03) 5146 6622 (OTS)

Legal Officer – by appointment only

(Appointments can be made at the DS Customer Service Centre)

Tel: (03) 5146 6531

Psychologist (appointment)

Tel: (03) 5146 6043

ADF Mental Health Strategy for Defence members

All Hours Support Line

1800 628 036

SECPOL (Security Police)

Tel: (03) 5146 6333

National Welfare Coordination Centre (NWCC)

Tel: 1800 801 026

Carry On (Victoria)

Tel: (03) 9629 2648

Defence Health insurance

Tel: 1800 335 425

Hospital – Sale (acute campus)

Tel: (03) 5143 8600

Nurse on Call

Tel: 1300 606 024

Police Station – Sale

Tel: (03) 5143 5000

Wellington Shire Council

Tel: 1300 366 244

UnitingCare Gippsland

Tel: (03) 5144 7777

Child Protection Crisis Line

Tel: 1800 135 135

Kids Help Line

Tel: 1800 551 800

Lifeline Gippsland

Tel: (03) 5134 8278 or 13 11 14

Parent Helpline

Tel: 1300 364 100

Parent Line

Tel: 13 22 89

Internet: www.parentline.vic.gov.au

Suicide Helpline

Tel: 1300 651 251

Poisons 24-hour Information Service

Tel: 13 11 26

Victorian Bushfire Information Line

Tel: 1800 240 667

State Emergency Service (SES)

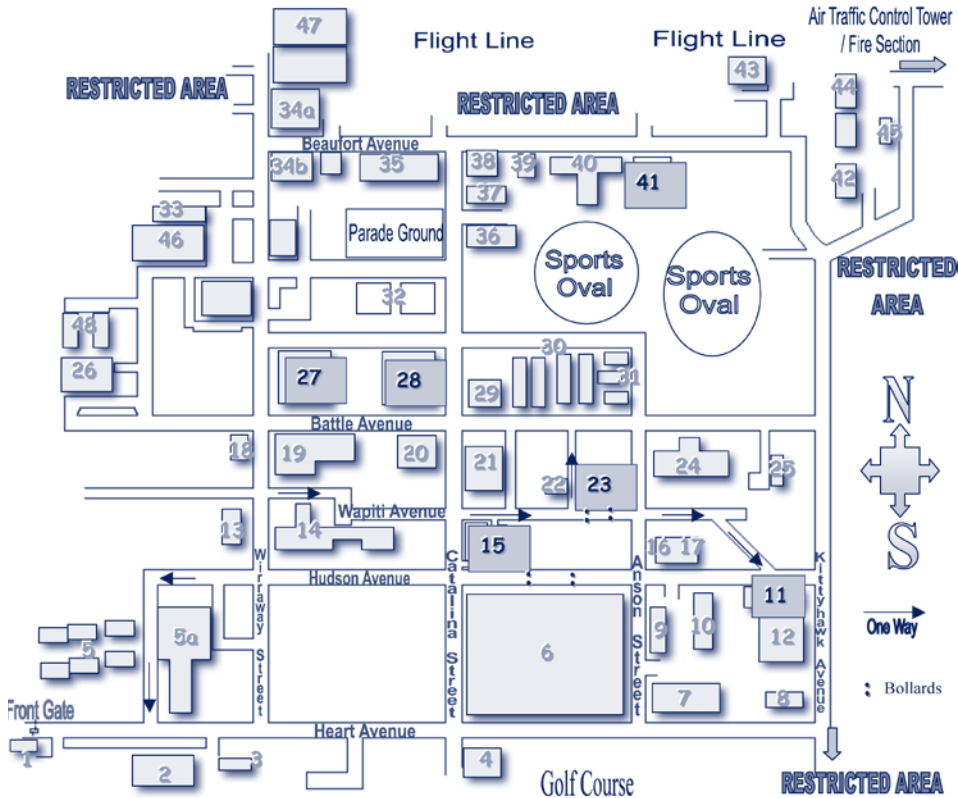
Tel: 13 25 00

Taxi

Tel: (03) 5144 3278

Base Map

RAAF BASE EAST SALE



Legend

- | | | |
|---|---|-------------------------------------|
| 1 Security Control Centre | 16 Base Printing Section | 29 Health Services Flight (Medical) |
| 2 Day Care Centre | 17 Base Library/TPO/Psychology Section | 30 SAW / Transient Quarters |
| 3 Kindergarten | 18 Section | 31 O/R Accommodation |
| 4 Dental | 19 HQ 30 SQN/ HQATW & Photographic Training Flight | 32 Tennis Courts |
| 5 Officers Quarters (5a Officers Transient Block) | 20 DS-ESL / Customer Service Centre / Transfield/DMM Main Offices / Accommodation | 33 Gym |
| 6 Officer Training School (OTS) Complex | 21 OTS Gym | 34 TASPO (34a(HQ) / 34b) |
| 7 4th/19th PWLH | 22 Defcredit /Hairdresser | 35 32 SQN HQ |
| 8 Golf Club | 23 Canteen / Post Office / ES Family Group Community Room | 36 (Old Gym) Indoor Court |
| 9 Vic AIRTC 9 Flight / DS Training Rooms | 24 School of Aviation Warfare (SAW) | 37 GES |
| 10 Defence Section / Base Armaments | 25 Squash Courts | 38 Communications Centre |
| 11 Defence Community Organisation / IKON | 26 Clothing Store | 39 Met Section |
| 12 Gardeners W/Shop & Site | 27 Transient Accommodation & Chapel/Base Chaplain Office | 40 Central Flying School (CFS) |
| 13 RAAF Security Police | 28 Combined Mess | 41 Swimming Pool |
| 14 School of Air Traffic Control (SATC) | | 42 Hobby Hut |
| 15 Cinema /Auditorium | | 43 Air Movements Flight Line |
| | | 44 Search & Rescue |
| | | 45 Transport Fuel Bowse |
| | | 46 Warehouse |
| | | 47 Transport |
| | | 48 SNCO Accommodation |



Australian Government
Department of Defence