



## HEADQUARTERS TRAINING COMMAND – ARMY

Building 111, Victoria Barracks  
Oxford Street  
PADDINGTON NSW 2021

---

# ARMY TRAINING INSTRUCTION /06 ARMY RESERVE RECRUIT COURSE PRE-COURSE

---

Issued by command of the Chief of Army, per DI(A) ADMIN 20-14

**R. G. WILSON, AM**  
Major General  
Commander Training Command - Army  
\_\_\_\_\_ 2006

---

This Army Training Instruction (ATI) supports the achievement of Training To Win (TTW) Goal 1: Train, Educate. And, Develop Individuals- Objective 1.1 Deliver Training Objectives as directed by CA and TTW Goal 2- Objective 2.1 Analyse the environment for learning opportunities and Objective 2.2 Optimise TC-A structures and environment. It also supports the Australian Quality Training Framework (AQTF) Standards for Registered Training Organisations (RTOs), Standard 1: Systems for quality training and assessment.

©Copyright Commonwealth of Australia (Australian Army) April 2006, published by Operations Branch, Headquarters Training Command - Army

ATI 1-5/06 *ARMY RESERVE RECRUIT COURSE PRE-COURSE*

Version 4.0 of 10 Apr 06

Page 1 of 4

Uncontrolled when printed

## CONTENTS

Section		Page
1	Version control data	1
	Abbreviations	2
	References	2
2	<b>Introduction</b>	
	General	2
	Aim	2
	Applicability	2
	Sponsor	2
3	<b>Overview</b>	
	Course Aim	3
	Responsibilities	3
	Resources	3
	Course Content	3
	Drill	3
	Customs and Traditions	3
	Maintain Professional Standards	4
	Physical Training	4
	Time line	4
	Training Delivery	4
4	<b>Conclusion</b>	

**(a) Copyright notice**

This work is copyright. Apart from any use as permitted under the *Copyright Act 1968*, no part may be reproduced by any process without prior written permission from the Department of Defence.

All Defence information, whether classified or not, is protected from unauthorised disclosure under the *Crimes Act 1914*. Defence information may only be released in accordance with the relevant Defence policy.

Requests and enquiries should be addressed to the Commander, Training Command - Army, Victoria Barracks, PADDINGTON NSW 2101.

### VERSION CONTROL DATA

<b>Title:</b>	
<b>Author:</b>	
<b>Approver:</b>	
<b>Version Number:</b>	
<b>Summary of last modification:</b>	
<b>Date of Approval:</b>	
<b>Modified by</b>	
<b>Next review date</b>	

## ABBREVIATIONS

ARES	Army Reserve
ARRC	Army Reservist Recruit Course
ARTC	Army Recruit Training Centre
ATI	Army Training Instruction

### References:

- A. LWP-G 7-7-5 Drill.
- B. Army Customs and Traditions.
- C. MLW 2.1.2 The Rifle Platoon.
- D. Army Standing Orders for Dress.
- E. ARRC Pre-Course Training Management Package.

## SECTION 1: INTRODUCTION

### General

1. This ATI has been created to detail the elective pre-course package that has been developed to compliment the Army Reservist Recruit Course (ARRC). The intent of the process is to provide timely, effective and efficient training that contributes to Army capability in accordance with the Chief of Army's Capability Directive (CACD).

### Aim

2. The aim of this instruction is to detail the requirements for the conduct of the elective ARES recruit course pre-course.

### Applicability

### Applicability

1. This ATI applies to, any person, element or organisation, managing the induction of reservist soldiers.

### Sponsor

The sponsor for this instruction is:  
Headquarters Training Command – Army  
Victoria Barracks  
PADDINGTON NSW 2021  
Telephone: (02) 9339 2434  
Facsimile: (02) 9339 2445  
SECTION 2: Overview

### Course Aim

7. The aim of the pre-course is to provide some basic service skills prior to the recruit arriving at ARTC. The course is designed to introduce recruits to the Army

culture and provide a basic understanding of the Army, which will give the recruit an increased chance of success at ARTC.

### **Responsibilities**

8. The gaining unit is responsible for the conduct and management of the pre-course package. Each unit is to identify suitable instructors to conduct the training IAW current doctrine. All approved applicants are to be given the opportunity to participate in the pre-course.

### **Resources**

9. The pre-course package is located on the ARTC website. All relevant reference material is listed within the pre-course package. Training is to be delivered IAW extant doctrine.

### **Course Content**

10. The pre-course consists of an introduction to customs and traditions, basic drill movements and an introduction to the daily routine at ARTC.

### **Drill**

11. Drill is to be taught by qualified instructors IAW reference A. The following lessons are to be conducted prior to arrival at ARTC:

- a. Form ranks, stand at attention, stand at ease and stand easy; and
- b. March, change direction, mark-time, forward, step-short, eyes left and right, and halt in quick time.

### **Customs and Traditions**

12. Customs and Traditions are to be taught by SNCO or above, IAW reference B and C. The following lessons are to be taught prior to arrival at ARTC:

- a. Explain the history of the Army;
- b. Explain military customs, ranks and ceremonial procedures;
- c. Explain the Corps' functions within Army; and
- d. Explain the organisation of the Army.

### **Display Professional Standards**

13. Display professional standards are to be taught by a qualified instructor IAW Reference C.

### **Physical Training**

14. The recommended physical training program is to be conducted IAW Reference D.

### **Time line**

11. Training should commence as soon as practical after the applicant has received confirmation of enlistment. The physical preparation may be completed with no supervision and is self paced.

### **Training Delivery**

12. The pre-course package is to be delivered IAW reference E. Instructors are encouraged to contact the Recruit Training Wing Training Warrant Officer for guidance on the delivery of the package. Instructors must be qualified to deliver instruction.

### **Section 3: Conclusion**

13. The conduct of the pre-course package will directly affect the quality and quantity of soldiers who successfully complete the ARRC. The pre-course package is designed to dispel some of the apprehension a soldier feels when arriving at ARTC.

ATI \_\_\_\_\_  
(number, name and version)

Feedback provided by:

Rank / title and name:

Posting / position:

Unit / organisation:

Contact details:           Work phone:

Fax number:

Email:

Date:

Feedback (add additional pages if required):