FAREWELL

RADM Nigel Coates
1959 – 2010
Navy mourns tragic loss of RADM Nigel Coates

By LCDR Fenn Kemp and LEUT Angeline Lewis

CHIEF of Navy VADM Russ Crane has led tributes to RADM Nigel Coates who died on June 2 after a battle with cancer. He was 51.

"Nigel Coates was one of the best known and most respected members of the Navy family," VADM Crane said.

"Not since the late Sir David Martin has Australia seen a more popular and respected Admiral. I will miss Nigel’s wise counsel and his friendship."

In a signal to all Navy personnel, CN said the Navy, ADF and broader Australian community had lost one of their finest military leaders.

"With his passing, Navy has prematurely lost an outstanding individual and consummate professional," the signal read. "[RADM Coates] committed his entire working life to serving his country with great skill, dignity and honour."

RADM Coates joined the Navy as a Cadet Midshipman in 1975, graduating from his initial training with the Queen’s Gold Medal as the dux of his graduating year. He was awarded the RAN College Memorial Sword as dux of seaman officer training before being trained as an Air Intercept Controller and a Principal Warfare Officer (Direction). After sea service as Direction Officer to HMA Ships Adelaide and Brisbane, RADM Coates posted to the Australian Defence Force Academy as Chief Instructor and then Executive Officer, where his inspiring leadership of more than 1000 cadets and staff each year had a lasting influence on all three Services.

RADM Coates’ 35 years of distinguished service included command of HMA Ships Canberra (1996-97) and Anzac (2001-02), with both ships receiving the Duke of Gloucester Cup for being the most efficient ship in the RAN during his tenure. Following his extraordinary efforts as Fleet Direction Officer during the First Gulf War, RADM Coates commanded Anzac during an Arabian Gulf rotation and devoted considerable sea time to Operation Relex. More recently, he served with great distinction as Commander Sea Training, Chief of Staff to CDF, Chief of Staff at Headquarters Australian Theatre (now HQJOC) and Director General Navy Personnel and Training. In July 2007, on promotion, RADM Coates took up duty as Commander Australian Fleet, a role in which his exceptional seamanship, unmatched loyalty to his personnel and commitment to the Service ideal ensured the Fleet achieved its best. The great pride with which the Fleet marched behind him at last year’s historic Freedom of Entry march in Sydney is testament to the regard in which all held RADM Coates as their commander.

RADM Coates received a CDF commendation for his work at ADFA and was appointed a member of the Order of Australia for his service in command of Anzac, particularly for his leadership during her 2001 Gulf deployment.

Defence Minister John Faulkner said the passing of RADM Coates was a blow to the Defence community.

"Whether on the bridge of a warship or on the parade ground at ADFA, Nigel Coates’ leadership and gentle nature was an inspiration to all who knew him," Senator Faulkner said.

RADM Coates is survived by his wife Vickie, and children Tim, Ben and Stephanie.

An on-line condolence book has been opened for those members of the Navy and Defence families wishing to pay tribute to RADM Coates. Visit http://www.navy.gov.au/RADM_Nigel_Coates_-_Messages_of_Condolence

Imagery of RADM Coates and a condolences page can be found at www.navy.gov.au

GREAT LEADER LOST: (Clockwise from top) RADM Nigel Coates, as Fleet Commander, leads sailors and officers down George Street as they exercise their Freedom of Entry to the City of Sydney in 2009.

Photo: ABIS Peter Thompson

RADM Coates speaks to guests on board HMAS Manoora during the HMAS Sydney II commemoration.

Photo: ABIS Andrew Dukin

RADM Coates sits down to dinner in HMAS Arunta’s junior sailors’ cafe with LS Jason Lowry and AB Marcus Weedon.

Photo: LSIS Paul Berry

RADM Coates arrives on parade for the handover of Commander Australian Fleet to RADM Steve Gilmore.

Photo: ABIS Peter Thompson
HMAS Dechaineux ready for action

The successful return of HMAS Dechaineux (CMDR Jason Cupples) to service after completing her first Full Cycle Docking (FCD) marks another major capability milestone for the Collins class submarine.

Dechaineux is the fourth RAN submarine to complete major recertification and upgrade docking, which highlights that efforts to improve material availability of the Silent Service are paying off.

During the FCD at ASC’s facility in South Australia, Dechaineux was fitted with the BYG-1 combat system and Mark48 Mod7 heavy-weight torpedo, which were developed through a highly successful joint program with the United States Navy.

These upgrades make Dechaineux now Navy’s most capable submarine.

After completing an intense sea trial period to validate her new systems, which deliver cutting edge capabilities, Dechaineux returned to her homeport at Fleet Base East, where she joins HMAS Waller and HMAS Collins.

Dechaineux’s return to service, to bring the number of Collins class submarines ready for sea to three, was warmly welcomed by the Chief of Navy VADM Russ Crane.

“Dechaineux’s homecoming marks a major improvement in the state of our submarine force,” he said.

“Having three submarines ready for sea means we are back to having a viable and effective maritime deterrent.”

VADM Crane said normal maintenance cycles would mean Navy won’t always have three ready at the same time but that this was a major step forward.

Dechaineux’s return allows Navy to crew three vessels and have the remaining three submarines in reserve.

“Our crowning levels are also strong and I remain confident we can raise a fourth crew as scheduled by the end of 2011,” he said.

COMSUB, CAPT Brett Sampson, told Navy News that CMDR Cupples and his crew deserved praise for living up to their motto, ‘Fearless and Fierceous’.

“Dechaineux have achieved a great start to 2010 by becoming the quickest submarine to crew up after a FCD and return to homeport,” he said.

“Although many stakeholders have contributed to this success, and the organisation is working to hard to improve the level of submarine availability, ultimately it has been the outstanding commitment, dedication and professionalism of the crew that has resulted in achieving this important milestone.”

Dechaineux’s CO, CMDR Cupples, praised his ship’s company for their hard work, dedication and perseverance during the FCD and subsequent sea trials.

“I have the privilege of leading an exceptional team in a highly capable submarine which we look forward to exploiting to her full potential,” he said.

“Dechaineux has made an impression start, well supported by various organisations and looks forward to an exciting and challenging program ahead.”

GOOD TO GO: HMAS Dechaineux and Waller alongside Fleet Base West, HMAS Stirling, while, inset, ABMTSM Justin White and his fiancée Kristin Paus meet on Diamantina Pier as Dechaineux pulls alongside.

Photos: ABIS Dove Smithett

Parra thwarts pirates in MEAO

During a routine anti-piracy patrol of the Gulf of Aden, HMAS Parramatta located a suspect vessel, a small skiff, loitering with intent in the vicinity of the Internationally Recommended Transit Corridor, a route heavily trafficked by merchant shipping vulnerable to pirate attack. Equipment and supplies used to undertake piracy activities were removed from the skiff and the pirates left with ample fuel, sufficient water, flare and compass before being released with instructions to return to Somalia. Parramatta is currently conducting anti-piracy patrols under the command of CTF151 as part of her deployment to the MEAO in support of Operation Slipper.
**New Navy qual to boost air warfare capability**

By Michael Brooke

THE establishment of the new Navy Fighter Controller (FC) qualification provides junior warfare officers and senior sailors from the CSO category with new and exciting career opportunities and rewards.

The Navy FC qualification also marks a significant milestone in improving and growing the RAN’s air warfare capability, in light of Navy’s commitment to the Airborne Early Warning and Control (AEWC) aircraft manning in 2 Squadron and the imminent arrival of the AWD fleet.

WOCSM Scott Shipton, Category Manager – CSO Warfare Category Sponsor Cell, said volunteers were now being sought for the Navy FC qualification course to be conducted later this year.

“FC qualification is open to junior warfare officers after WOC program and senior sailors from the CSO category who have completed an ORs posting,” he said.

The role of the FC is to provide tactical control of defensive and offensive air operations as directed by the Joint Force Air Warfare Commander (whether airborne, afloat or land based) through control and coordination of AEWC aircraft, offensive and defensive counter air, strike aircraft, offensive air support and other warfare or supporting air activities, including integration with ground-based air defence systems and ships combat and weapon systems.

The FC qualification comprises an initial three-year attachment to RAAF Williamtown involving air battle management training and consolidation, as well as air crew training before operational service in 2 Squadron.

This will be followed by a posting to an AWD as a vital part of Navy’s enhanced air warfare capability. Officer FCs will be expected to become PWO(A) IDC.

WOCSM Shipton said a lot of work had been done by Navy and RAAF to ensure the new FC continuum provided warfare officers and sailors with an exciting and satisfying career path while improving Navy’s overall fighter control capability.

“I encourage all interested personnel to review the continuum and contact their career manager or post-delivery manager to explore the exciting opportunities open to them,” he said.

HMIPAR is currently developing a DFRT case that will address pay grade placement for FC. Policy development of accelerated senior sailor FC commissioning is also underway.

Because RAAF is the lead capability manager, Navy will adopt the RAAF Air Combat Officer (air battle manager) categorisation and currency scheme (CCS). Existing active AIC will need to be re-categorised to meet the CCS baseline requirements.

WOCSM Shipton said DNOP and DSCM would contact command teams of affected personnel to resolve this legacy issue.

COMFLOT, as Navy’s joint operational task force commander, is the operational end user of the Navy FC capability, whether the controllers are embarked in ships or aircraft. Accordingly COMFLOT will be responsible for the management of Navy’s FC capability and compliance to the categorisation and currency scheme.

An interim FC career continuum policy and divisional officer presentation are available on the DRN at http://intranet.defence.gov.au/navyweb/sites/hwacu

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**Parra’s cultural eye opener in Saudi Arabia**

By LEUT Brenton Thompson

HMAS Parramatta (CMDR Heath Robertson) called in to Jeddah, Saudi Arabia last month for a regional engagement visit during her MEAO deployment.

Relations between the Australian and Saudi Arabian navies were boosted by the visit, with the Saudi’s proving to be excellent hosts.

Jeddah, which is the largest port on the Red Sea and the gateway for thousands of Muslims making pilgrimage to Mecca each year, provided an excellent opportunity to interact with the Saudi Navy. Such events are likely to become more common in future as multi-national forces increasingly work together to deter terrorism and piracy in the Red Sea and Gulf of Aden.

CMDR Robertson met with the Commander of the Saudi Western Fleet and the ship’s company were treated to tours of the area, including a local market and a major shopping centre. A highlight of the visit was the opportunity to operate with Royal Saudi Naval Ships HM Ships Maceah and Hofoul – two of the Saudi Navy’s major surface combatants.

The three warships conducted manoeuvres in the Red Sea and flying operations with one of the Saudi Navy’s Dauphin helicopters.

Personnel from Parramatta were keen to visit the Royal Saudi Navy School and tour Saudi warships with constructive discussions on training techniques and teamanship as a key feature of the visit. A friendly soccer match between Parramatta and the Saudi Western Fleet team was also an excellent opportunity for the two navies to interact and socialise.

The visit was an opportunity for Parramatta’s crew to experience the traditional Arabian culture – a first for many. Female crew members enjoyed immersing themselves in the local culture, wearing the traditional abeyya dress when ashore in Jeddah.

ABSTD Tammy-Lee Daniel said it was a positive experience.

“Everyone was quite friendly and treated us very well,” she said.

“The abeyyas provide some relief from the desert heat and it was great to fit in with the locals.”

Parramatta is deployed to the MEAO working under CTF150 and CTF151, conducting counter-terrorism and anti-piracy operations.
New military court for Defence Force

By LEUT Jemma Power and Jodie Hanlon

A MILITARY Court of Australia will soon be established to try serious service offences such as serious assault, theft or fraud.

Defence Minister John Faulkner and Attorney-General Robert McClelland announced the court’s establishment on May 24, with Senator Faulkner saying it was critically important that the men and women of the ADF had access to an effective military justice system.

“An efficient and fair military justice system is a key foundation for the excellent service discipline that places the ADF amongst the world’s best militaries,” Senator Faulkner said.

Exercising an exclusive military jurisdiction, the Military Court of Australia will promptly deal with matters in a forum which is independent from the chain of command and which has a level of transparency never before experienced in the ADF.

The military court will hear service offences. The trial of these service offences will not be before a jury but will be presided over by experienced Judicial Officers who, while they cannot be serving permanent or reserve military offices, must have previous service experience or familiarity with the services.

These specific appointment requirements have been included to ensure fairness for members by ensuring that those who try service offences will not only be independent from the chain of command, but will also have a good understanding of the military environment in which ADF members operate.

Chief of the Defence Force ACM Angus Houston said he was happy with the new system and satisfied that the judicial officers appointed to the military court would have a proper understanding of military discipline.

Senator Faulkner said the new specialist court would deliver a system of military justice for ADF members that combined the necessary independence and constitutional protections for the judiciary, with an understanding of the vital importance of military discipline in the operation of our armed forces.

Legislation establishing the new court is expected to be introduced into the Parliament soon. Once operational in late 2011, the new court will hear serious service offences in Australia but will also be capable of deploying to-offshore locations.

There may be some rare situations where the Military Court of Australia cannot deploy due to security or diplomatic concerns. To cater for these rare situations, the system of courts martial and Defence Force magistrate trials will be retained as an off-shore only option.

Aside from the occasional use of courts martial and Defence Force magistrate trials as an option in some off-shore situations, the Military Court of Australia will otherwise replace the courts martial and Defence Force Magistrate system.

Subject to legislation establishing the new court being passed by Parliament, it is anticipated that the court will begin operation in late 2011—until that time serious service offences will continue to be tried by court martial and Defence Force magistrate trials.

Any member charged with a service offence, even at summary level, will be able to elect to have the matter heard in the independent Military Court of Australia.

Judicial officers of the court will be required to have service experience or familiarity with the Services, in addition to the usual criteria for appointment to a federal court.

The Military Court of Australia will not conduct jury trials. All service offences will be heard before experienced Judicial Officers who have a good understanding of the military environment in which ADF members operate.

The court will hear matters in Australia and will also be capable of deploying to-offshore locations.

In the rare situation where the Court determined that it cannot deploy, the existing system of courts martial and Defence Force magistrate trials will remain as a deployable option.

What sailors should know about the new Military Court of Australia

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**Defence to review remote leave travel**

*By AB Melanie Schinkel*

WHILE the Remote Locality Leave Travel Entitlement remains under review, there will be no changes to the ADF’s existing policies on District Allowance or additional annual leave days.

Defence Minister John Faulkner made it clear at the Senate Estimates Committee Hearing on May 31 that Defence was only reviewing the Remote Locality Leave Travel Entitlement and said the objective was to ensure the package met the needs of ADF Servicemen and women.

“The Government recognises the sacrifices made by ADF members when they are posted away from family and friends to distant locations across Australia like Darwin and Townsville without the facilities of a city like Sydney or Melbourne,” Senator Faulkner said.

“The review will examine options to increase the flexibility of the current scheme. There will be no changes to the scheme that will adversely impact Servicemen and women in remote locations.”

“The Government is committed to ensuring members are able to remain in contact with family and friends elsewhere while posted to remote locations.”

To compensate ADF members living in remote areas, Defence provides three entitlements: an annual ADF District Allowance; additional annual leave days; and the Remote Locality Leave Travel Entitlement, which provides ADF members with economy class travel to the nearest state capital to visit family and friends or access services that are unavailable at their base location.

“Remote Locality Leave travel may affect sailors in the Top End.”

**REMOTE: ABCIS Quinton Edwards admires the sunset on board HMAS Broome. The review of Remote Locality Leave Travel may affect sailors in the Top End.**

**Photo:** LSAT Jayson Tufty

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**RIMPAC, here we come!**

*By LEUT Katey Mouritz*

THE wharves of Fleet Base West were abuzz with activity when HMAS Warramunga (CMDR Bruce Legge) and HMAS Sirius (CMDR David McDonald) recently sailed to participate in the multinational exercise “Rim of the Pacific” (RIMPAC) in Hawaii.

While deployed, Warramunga and Sirius will join about 30,000 military personnel from the Pacific region in the five week US-led biennial exercise.

The two crews will join regional navies from Japan, Singapore, Korea, Canada and US in the maritime exercise that is the largest of its type in the world.

Warramunga’s CO, CMDR Legge, said it was the fourth time he had deployed to RIMPAC.

“I am thrilled to be commanding the only Anzac Class frigate participating, alongside three other RAN ships,” he said.

Sirius’ CO, CMDR McDonald, will be sailing in command of Sirius for the first time, only taking over on May 21.

“While this is my third RIMPAC it will be the first time Sirius has participated in RIMPAC or in an exercise of this magnitude,” he said.

“It presents a great opportunity to demonstrate the ship’s capability and the absolute professionalism of her ship’s company to our coalition partners and, of course, for our sailors to enjoy all that Hawaii has to offer during their time off.”

HMAS Newcastle (CMDR Justin Jones) and HMAS Kanimbla (CMDR Timothy Byles) will also take part in RIMPAC, which will include a strong focus on amphibious warfare in preparation for the coming LHDs. It will also be the last RIMPAC to be attended by Navy’s Sea Kings, which are retiring from service in 2011.

The exercise is a true tri-Service event, with members of Army’s 2nd Battalion and RAAF’s 92 Wing also attending.

Warramunga and Sirius will also participate in another regional maritime exercise, Exercise Kakadu, off the coast of Darwin in August. Sirius will return to Rockingham in September, while Warramunga will continue her deployment with port visits to China before returning home in October.

**USE THE FORCE TO GET YOUR MASTERS**

Financial support for ADF personnel studying external postgraduate or undergraduate courses is provided through various schemes from the Australian Defence Force. The contact officer for the ADF Higher Education Advanced Standing (ADFHEAS) Scheme can assist with enquiries.

Use this opportunity to study a Master of Business at the Victoria Graduate School of Business at the City Flinders Campus, opposite Flinders Street Station. VU is now taking direct applications in various Masters programs, including: Management, Industrial Relations/Human Resources Management, Enterprise Resource Planning Systems (SAP R/3), Global Logistics and Transport.

Contact the ADFHEAS
Lcdr Heather Walker, RAN
Email ADFHEAS@defence.gov.au
Phone 0419 753 962

Or
The Victoria Graduate School of Business
Email vgsgrad@vu.edu.au
Phone 03 9919 1295

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**ALOHA! HMAS Warramunga departs for RIMPAC as families of the ship’s company farewell their loved ones, while, inset, HMAS Sirius sails from the dock.**

*Photo: ABS Morgana Ramsey*
Supporting indigenous youth priority for Navy

By Annie Casey

The hopes and ambitions of Indigenous youth have been given a helping hand with the recent launch of the Defence Indigenous Development Program-Navy (DIDP-N) at HMAS Cairns.

Dignitaries, program providers and family and friends of 34 participants gathered for the official launch, which also marked the completion of the preparatory Phase One of the seven-month program.

DIDP-N is a Defence-led partnership with the Department of Education, Employment and Workplace Relations (DEEWR). It provides Indigenous youth in Far North Queensland with education, training, life skills and confidence to embark on a career in the RAN, as well as skills useful on return to their home towns and communities.

Graduates of Phase One have just completed a 10-week course in numeracy, literacy, science and life skills at live-in accommodation at the Djarragun College Wilderness Centre, situated at the base of the Gillies Range, Gordonvale.

After meeting the students and staff on location at the Djarragun Centre, Director General Navy People, CDRE David Letts, said he was impressed with the staff’s incorporation of Navy language and culture into the learning opportunities and day-to-day life of the trainees.

“This allowed the trainees to gain a taste of Navy life through the gradual introduction of Navy culture and activities, including familiarising them with Navy employment options that might be available on completion of the program,” CDRE Letts said.

“A striking feature 1 observed on the day was the dedication and enthusiasm of the staff, which included Navy instructors and indigenous mentors, and trainees. There was a strong sense of teamwork and cohesion evident among them.”

Director of Indigenous Affairs, Soozie Parker, said all 34 participants successfully completed the preparatory phase of the program and were offered positions on Phase Two of the course, which would run for five months in Cairns.

It includes attending the Tropical North Queensland Institute of TAFE for training in boat handling, first aid, safety, Bronze Medalion (lifesaving) and teamwork.

Upcoming highlights of the program include a ‘boot camp’ at HMAS Cerberus in Victoria, a voyage in STS Young Endeavour from Townsville to Cairns and a sea ride on board HMAS Toomba.

Trainees who graduate in October will be encouraged to apply for entry into the Navy.

The DIDP-N is an important initiative in the Defence Reconciliation Action Plan 2010-2014 implemented by the Directorate of Indigenous Affairs.

Ms Perrette told Navy News she enjoyed discussing the cases she has solved on NCIS with the ADFIS personnel and the crew of Kanimbla.

She also joked that she would help ADFIS solve the mysterious disappearance of three Zippo lighters from Kanimbla’s wardroom.

“I can solve this – but just don’t ask me how yet,” she joked.

LEUT Michael Stott, of the ADFIS Joint Investigations Office – Sydney (JIO-SYD), said Ms Perrette was fascinated to learn about ADFIS, which faced similar challenges to that portrayed in the US television drama.

“ADFIS has some 140 personnel of whom 100 are investigators – all of whom are probably not as colourful as Abby – and are deployed with the major ADF deployed force elements overseas including Iraq, Afghanistan and East Timor,” he said.

As well as students benefiting from time onboard the ADFIS vessel, the visit also showcased the training and real-to-reel role as Abby to the diminutive actor used her real masters degree in criminal science to discuss crime-busting issues with ADFIS investigators.

Ms Perrette said she loved her first visit to Australia, particularly to Kuttabul, because the people were so caring and genuine.
Hydrographers to celebrate 90 years of surveying

By Michael Brooke

The achievements of the Australian Hydrographic Service (AHS) in times of war and peace over the past 90 years will be celebrated with a comprehensive exhibition at the RAN Heritage Centre at Sydney’s Garden Island in June.

First established in 1920 as the Hydrographic Department of the Navy Office in Melbourne, the AHS is today responsible for the management of Australia’s hydrographic surveying program and charting responsibilities – over 30,000km of coastline and more than one eighth of the Earth’s water surface.

From humble beginnings, four purpose vessels were in operation by 1927, along with organic aircraft – the first use of aircraft for this purpose in the world.

Over the coming decade and with WWII looming, the Naval Hydrographic Survey Force (HSF) worked tirelessly to provide strategic surveys of our northern borders, including New Guinea.

With the outbreak of war with Japan, hydrographic vessels were in operation by 1927, along with organic aircraft – the first use of aircraft for this purpose in the world.

During WWII, the HSF and their allied counterparts to conduct rapid surveys, often under hostile conditions, to provide the basis for conducting operations by both our sea and air units (the Laser Airborne Depth Sounder).

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The AHS will celebrate its 90th anniversary with a gala ball at the Wollongong City Function Centre on Saturday June 19, in conjunction with World Hydrography Day.

All personnel with an association to the AHS, either past or present, are invited to attend by contacting the AHS via the website at www.hydro.gov.au.

AUSTRALIA is a popular holiday destination for Britons, but for one Scottish sailor it took a work exchange program to get him down under.

Royal Navy sailor Leading Engineering Technician (LET) George Templeton is currently serving on a Long Look Exchange with the RAN.

This is also LET Templeton’s first patrol in Australia. “I’ve always wanted to visit, but the demands of service life have prevented it in the past so I’m thrilled to finally make it over here,” he said.

While he brings 12 years experience serving with the Royal Navy, LET Templeton’s first patrol with the RAN has not been without some new challenges.

“Communication has been an issue; some of the lads have trouble understanding my accent. I find if I slow my speech down it improves my chances of being understood,” he said.

However, by far the biggest challenge for LET Templeton has been the heat. “My home unit in Loanhead, Scotland, is the Northern Driving Group at Fastlane Naval Base.

“Obviously the climatic difference between there and here is considerable. I’ve never experienced humidity and heat like this before!”

So what is LET Templeton looking forward to most at the end of his first patrol? “Hopefully taking some time to see some more of Australia. “I’m really looking forward to seeing the Great Barrier Reef and Sydney Harbour.”

Exchange Program Long-Look is an annual reciprocal exchange program with the UK in conjunction with the New Zealand Defence Force. The 2010 program will comprise up to 105 personnel drawn from all three Services.

For more information contact MAJ David Sutton, OC Long Look 2010, on (02) 8335 5179.

Enjoying the Sunshine: Royal Navy Sailor, Leading Engineering Technician George Templeton, is currently serving on a Long Look exchange with the Navy aboard HMAS Maryborough.

Photo: SGT Rob Nyffenegger
Green thumbs up for Legacy

By ABCIS Melanie Schinkel

MEMBERS of the HMAS Harman (CMDR Andy Schroder) Navy Community Engagement Program (NCEP) team put their ‘green thumbs’ into action on April 18 at the Queanbeyan Legacy Village’s gardening day.

A dedicated charity of Harman, the Queanbeyan Legacy Branch is supported with a number of fundraising events each year.

NCEP ACT and NSW Regional Coordinator WO Des Byrne said Queanbeyan Legacy was selected to support as a charity because it was small enough to appreciate Navy’s assistance and had synergy through its work with ex-Service members and their families.

It was also a great opportunity for Navy to assist in the work Legacy does throughout the Queanbeyan and greater Canberra region.

NCEP conduct a couple of gardening days at Legacy Village each year using sailors from our community engagement watch bill. WO Byrne said.

“We also raise funds for Legacy on Anzac Day and during Legacy badge sales week. Last year we also donated $1000 in profits raised from the Bonshaw Cup.”

NCEP’s next activity in support of Legacy will be during Legacy badge sales week. There will be a call for volunteers to participate alongside members from Harman’s community engagement watch bill.

“As well as supporting recruitment, our principal role is to establish a better understanding of Navy and its roles throughout the community,” WO Byrne said.

“Community organisations such as Legacy attract attention and interest from volunteers and community leaders, which assists us in spreading Navy’s message fairly deeply without competing with other groups at local events. Working with Legacy is an important and successful part of our community engagement program in this region.”

Volunteers are always appreciated by the NCEP. If you are based in the ACT or Southern NSW region and would like to become more involved with your local community through assisting NCEP, forward your details to WO Des Byrne at desmond.byrne@defence.gov.au. Alternatively, to make contact with the NCEP Co-ordinator in your region, log onto: http://intranet.defence.gov.au/navyweb/sites/DGCC/ComWeb.asp?Page=9662M0GNCC

Blueprint for Navy’s future launched in Canberra

CHIEF of Navy VADM Russ Crane has unveiled the blueprint for Navy’s future, launching the new edition of Australian Maritime Doctrine in Canberra.

While the recent Defence White Paper outlined what’s in store for Navy and the rest of the ADF in terms of hardware, the Australian Maritime Doctrine details the philosophical and strategic concepts needed to meet the many future challenges to our maritime security.

The maritime sector is already worth $48 billion annually to the Australian economy. The continuing expansion in our use of the sea will see this amount grow further in the years ahead.

“It is an inseparable strategic reality that, as Australians, we live within a huge maritime realm,” VADM Crane said.

“Unfortunately, not many of us are aware of it. We are surrounded by three great oceans that control our climate, generate enormous wealth and provide our most important transport medium.

“Too many Australians still see the sea as a barrier rather than as our highway to the world.”

First released in 2000, this new edition of Australian Maritime Doctrine provides an authoritative guide to current naval thinking, describing the importance of the sea to all Australians and setting out the RAN’s unique place in our national security.

Taking into account the many changes which have occurred in the past decade, this latest doctrine focuses on the need for international cooperation in dealing with global maritime threats both here and abroad. It also places added emphasis on the requirements of a joint approach to defending Australia and its interests.

More information on the Australian Maritime Doctrine can be found at: http://www.navym.gov.au/Publication/Australian_Maritime_Doctrine

FUTURE PLAN: CN looks through the new AMD booklet with the Sea Power Centre’s David Stieven. Photo: LSIS Paul McCullam

By ABCIS Melanie Schinkel

DURING the Anzac Day weekend, 15 of HMAS Warramunga’s (CMDR Bruce Legge) ship’s company had the opportunity to discover their connection to the Waramungu people of Tennant Creek in the Northern Territory.

The sailors and officers were introduced to several Waramungu elders who welcomed the opportunity to share their history, concepts of munga-munga dreaming and tales of the spirits that protect the sacred site of Kunjurra.

A visit to the Nyunkka Nyunyu Aboriginal Art and Cultural Centre unveiled a detailed history of the Waramungu people and provided an insight into what serving in Warramunga represented.

Warramunga’s CO, CMDR Legge, said it was important for the ship’s company to understand Waramungu’s heritage.

“It is important for the crew to have an understanding of the people they represent when serving on this great warship. Being aware of the ties the Navy has with indigenous Australians is also very important,” CMDR Legge said.

The Waramungu people are always welcoming of our visits and keen to meet members of the ship’s company. As a people with rich history they take great pride in teaching us about their culture.”

The FFH is the second ship named in honour of the Waramungu people as the name was originally given to a Tribal Class Destroyer commissioned in 1942. Warramunga’s crest depicts a fearsome Waramungu tribesman throwing a boomerang and her motto ‘Courage in Difficulties’ was inspired by the resilience and courage of the Waramungu people, despite the harsh environment of their home.

During their visit, the crew engaged with the Tennant Creek RSL, participated in a Korean Veterans Commemorative Service and provided the Centenonp Party for the Anzac Day dawn and memorial services.

“It is a priority to remember Waramungu’s heritage. When the schedule allows, we send a small contingent to Tennant Creek to renew ties with the local community and assist in commemorating Anzac Day,” CMDR Legge said.

Spending Anzac Day more than 1000km away from the nearest coast was a refreshing change for five sailors of the contingent who spent last Anzac Day at sea on Warramunga’s 2009 MEAO deployment. The crew are currently sailing for RIMPAC.

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Framing conflict

By ABCIS Melanie Schinkel

A FREE exhibition of 47 paintings and photographs that capture the experiences of Australian Servicemen and women in Iraq, Afghanistan and the Persian Gulf was launched at the Australian War Memorial (AWM) on May 20.

Framing Conflict: Iraq and Afghanistan is a compilation of artistic works by Melbourne-based husband and wife team Lyndell Brown and Charles Green. The couple were commissioned as official war artists by the AWM and embedded with members of the ADF for six weeks during March 2007.

The artwork portrays a diverse combination of Navy, Army and Air Force operational activities, along with logistic support, training, communications and reconstruction work.

AWM Director Steve Gower said the exhibition continued the war art tradition and offered a unique insight into the activities and experiences of ADF members in the ongoing conflicts of Iraq, Afghanistan and the Persian Gulf.

Just as we now value the paintings of Gallipoli and the Western Front by George Lambert and Arthur Streeton as important contributions to the history of World War I, the works of art by Ms Brown and Mr Green capture these modern conflicts for the records,” Mr Gower said.

Artist and Lecturer at the University of Melbourne, Ms Brown said she had collaborated with Mr Green since 1986 and the detailed oil paintings were derived from the thousands of photographs they took while embedded.

“We focused on what was behind the news. In particular, the scale of modern warfare and the vastness, entropy and fragility of vast airfields and shipping containers surrounded by Afghanistan’s mountainous terrain. We were trying to show the subtle things, not the drama of impact, inspired by the watchfulness and constant suspense of waiting,” Ms Brown said.

Together the artists worked with units from across the ADF including HMAS Toowoomba, 5th Avn Regt and 173 Avn Squadron.

Framing Conflict: Iraq and Afghanistan is on display from 10am to 5pm at the AWM in Canberra until August 18, 2010.

By Barry Rollings

COMPILING a list of Australian indigenous service personnel from the Boer War to the present day is the labour of love POMTSM Gary Oakley has undertaken.

POMTSM Oakley, who wears a number of hats relating to indigenous service, believes his research will reveal that thousands of Aboriginal and Torres Strait Islanders have served in uniform or alongside the uniformed ADF in the defence of the country.

POMTSM Oakley is president of the Aboriginal and Torres Strait Islander Veterans’ and Service Association of Australia (ATSIVSAA), a curator in the exhibitions section and Indigenous Liaison Officer (ILO) at the Australian War Memorial and also a Navy Reservist working with Indigenous Affairs-ADF.

“As the ILO at the memorial, I have been charged with raising the profile of indigenous service in the defence of Australia,” POMTSM Oakley said.

“One of the ways of doing this is to compile a list of Aboriginal and Torres Strait Islanders who have served. This list will contain names from the Boer War until the present day.

“We are seeking sponsors.”

The list will recognise the service and commitment of indigenous Australians and will highlight the fact that there were not just a few of us but thousands who have answered the call.

“As national president of ATSIVSAA it is my job to fight for the rights of indigenous vets and to promote their service by speaking at formal and informal functions and acting on their behalf through commemoration services and with Veterans’ Affairs.

“As a member of the ADF, I work with Indigenous Affairs-ADF to recruit indigenous Australians into full-time service, the Reserves or regional surveillance units. I also take prospective Indigenous Pre Recruitment Course (IPRC) recruits for historical tours through the AWM and any other ADF groups that are interested.”

With the theme for NAIDOC Week, from July 4-11 being ‘Unsung Heroes – Closing the Gap Through Their Lead’, POMTSM Oakley believes it lends itself ideally to promoting the service of indigenous Australians.

If you know of anyone who should be on the list, contact POMTSM Oakley on (02) 6243 4532 or email gary.oakley@awm.gov.au

Cadets Menin Gate invitation

By Graham Davis

CIVIC leaders in Ypres, the scene of a strategic WW1 battle, have invited 12 Australian Navy Cadets from Brisbane unit TS Gayundah to march through the Menin Gate in September as part of the annual sounding of the Last Post.

Getting the cadets to Ypres is the ironic part.

“We have raised $40,000 already but need a total of $75,000 to get 12 cadets and three officers to attend,” said Gayundah’s CO, LEUT Phil Broxham.

“We are seeking sponsors.”

The ceremonial march through the Menin Gate would be part of a two-week-long overseas trip which would see the cadets visit European battlefields as well as two Royal Navy bases.

If you are able to assist in any way, contact TS Gayundah by emailing tsgayundah@cadetnet.gov.au

Indian Indigenous list a labour of love
GOOD INSIGHT: 20 business executives spent a weekend learning all things Navy at HMAS Cairns in mid-May as part of Exercise Executive Stretch.

Executives answer call of the sea – for a moment

By Graham Davis

TWENTY businessmen and women tasted life in the RAN at HMAS Cairns (CMDR Bob Heffey) in mid-May while participating in Exercise Executive Stretch 2010.

Executive Stretch is aimed at acquainting those in the business community with what the Navy does and to thank those who allow their employees time off to carry out Reserve duties with the Service.

Cairns administers 452 Reserve personnel and, in the past year, 6305 Reserve days were completed, including 1650 in ships.

The 20 executives boarded Cairns at 5pm on May 14, were kitted up in Proban overalls, allocated racks at TS Endeavour and given a safety brief by Russ Power, the command OH&S officer and security briefing officer by CPONPC Ray Rosendale.

Cairns’ CO, CMDR Heffey, welcomed the group, explained the history of Cairns, briefed New Generation Navy and extolled the value of Reservists to the Service.

The day started with PT – supervised by LSBM Mark Rix in the base pool – followed by flagging exercises.

Sunday again saw the businessmen called at 5am for PT. After breakfast the group joined LCDR Mal Parsons on the Navy’s high speed launch Endeavour and headed to sea.

Wollongong was the next call, where they toured the ship with LCDR Andy Dobb and watch the water in action. The executives simulated illegal fishing vessel intercept and board. The executives then transferred to Wollongong where they toured the ship and watched man-overboard and damage control exercises.

The day ended with a restow of kit, final washup and the presentation of certificates.

“We had trouble getting them to leave Cairns because they loved the place so much,” CMDR Heffey said.
Twins get early taste of Navy life at Stirling

By LEUT Gary McHugh

IT’S not often that submariners are referred to as “cute”, but that was the word springing to mind at a recent Naming Ceremony at HMAS Stirling for two young twins who were dressed in matching submariner uniforms, tailor-made for their big day.

Twins Hamish and Oliver Cagney, eight months old, certainly looked the part for the ceremony – and dad POMTSM John Cagney couldn’t have been prouder.

“We had the sailorb outfits made by a local seamstress using the material from my old junior sailor uniforms,” PO Cagney said.

“The whole ceremony went extremely well with family and friends some of whom had travelled from Adelaide and Wollongong – all very impressed.”

The ceremony was conducted by Navy Chaplain Rainer Schack at the Chapel of St Paul at Stirling.

PO Cagney’s wife Anita and their two daughters Lilly, 5, and Georgia, 2, hosted a light lunch for their guests after the ceremony.

PO Cagney, an instructor at the Submarine Training and Systems Centre, took long service leave when the twins were born last year, which he said was one of the best moves he ever made.

“It was great having the time off to spend with Anita, the twins and our daughters,” he said.

“I would particularly like to thank Mrs Deborah Rogers, the Chapel Secretary, for all her assistance in the preparation of the ceremony,” PO Cagney said.

Twins get early taste of Navy life at Stirling

DESTINED FOR LIFE ON THE SEA: Twins Hamish and Oliver Cagney, eight months old, were the stars of the show at their recent naming ceremony at HMAS Stirling.

DAD, POMTSM John Cagney and mum, Anita, were proud as punch.

FIFTEEN officers and sailors from HMAS Cairns, led by CO CMDR Bob Heffey, travelled south to Cardwell on May 2 to remember those who fought – and were often lost – during the Battle of the Coral Sea.

The RAN contingent marched through the streets of the coastal town and attended a memorial service. They were joined by civic leaders, other Defence personnel and many members of the public.

The march and ceremony marked the 68th anniversary of the decisive battle from May 7-8, 1942, which prevented the Japanese sweeping through the Coral Sea to take Port Moresby.

CMDR Heffey addressed the Cardwell gathering and said the people of Australia remembered with thanks and pride the courage shown and the sacrifices made during the battle.

“No greater proof of friendship was ever displayed than through the immense support given by the American people to we Australians, particularly during our months of peril in 1942 and afterwards,” CMDR Heffey said.

– Graham Davis

Decisive battle honoured in Far North Queensland

Write for Navy News! With reporting staff based in Canberra and Sydney, Navy News relies heavily on contributed articles from sailors and officers in the Fleet. If you’re interested in writing for your paper, send an email with an example of your written work to the editor at alisha.welch@defencenews.gov.au

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AWARDED FOR EXCELLENCE

By ABCIS Melanie Schinkel

WHILE LCDR Bryan Coates was acknowledged for 45 years of RAN service with a second Federation Star, CPOA Grant Jesser was presented with the Commodore Partington Memorial Shield for Excellence at HMAS Albatross (CAPT Stefan King) on April 29.

CPOA Jesser was presented the shield by CDRE Tony Dalton for outstanding contributions to naval aviation, including his competent and enthusiastic performance as an Air Movements Supervisor at Albatross.

For CPOA Jesser, the award held personal significance as he had flown with LCDR Partington earlier in his career.

"In the early 1970’s, I had the pleasure of flying with the then-LCDR Partington while we were both training on 851 Squadron S2E Grumman Trackers. We also flew together on board the carrier HMAS Melbourne, so I am doubly proud to receive this award," CPOA Jesser said.

"I am very honoured that my contribution to naval aviation is seen to be deserving of this award. I put this down to following NGN’s Signature Behaviours and trying to be the best I can."

CPOA Jesser’s Defence and civil aviation expertise and experience has assisted him in training new personnel. Albatross’ CO, CAPT King, acknowledged CPOA Jesser’s willingness to rise to challenges.

The Commodore Partington Memorial Shield for Excellence was named in honour of CDRE Rob Partington who died in 2002. CDRE Partington served as CO of Albatross from January 1990 to January 1993 and introduced the award in 1992 to formally recognise excellence in support of naval aviation at Albatross.

LCDR Bryan Coates also celebrated his achievements as he received his second Federation Star for notching up 45 years service in the RAN. For LCDR Coates, receiving the Shield held personal significance because he actually flew with LCDR Partington earlier in his career.

"When I received the award, I was quite pleased and thrilled by the fuss from current command. I have reached another milestone in my career. The Navy has given me a good life and I am extremely proud of the contributions I have made to it over the years," LCDR Coates said.

LCDR Coates joined the RAN as an apprentice in January 1965. In 2002, he resigned from the permanent RAN force and is now serves as part of the Reserve.

WELL DESERVED: CPOA Grant Jesser is presented the CDRE Partington Memorial Shield for Excellence by CDRE Tony Dalton at HMAS Albatross, while LCDR Bryan Coates, inset, was awarded his second Federation Star for notching up 45 years service in the RAN. For LCDR Jesser, receiving the Shield held personal significance because he actually flew with LCDR Partington earlier in his career.

Photos: ABIS Justin Brown

OUTSTANDING WORK ETHIC HONOURED AT HMAS ALBATROSS

OVER the past year, ABMED Brock Connaughton has been awarded twice for his outstanding work as a professional, reliable and hardworking medic.

ABMED Connaughton was presented with the CO’s Quarterly Award at HMAS Albatross (CAPT Stefan King) on September 20 last year. A Basic Medical Assistant at the time, ABMED Connaughton was put in the running for the accolade after previously receiving the Ship’s Warrant Officer Award in early 2009.

ABMED Connaughton used the prize money to commission the construction of a 6’10 custom surf board valued at $900. The sailor has since completed his Advanced Medical Assistant course and is currently providing emergency airfield response support to Naval Air Station Nowra.

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Toowoomba commemorates Anzac Day with namesake

By ABCIS Melanie Schinkel

The ship’s company of HMAS Toowoomba (CMDR Ivan Ingham) recently participated in the city’s ship’s name honours and the Darling Downs region in Queensland to strengthen ties with the community and participate in Anzac Day commemoration services.

A contingent of 11 members from Toowoomba participated in a busy program of events which included visits to Australia’s largest navy cadet unit, TS Toowoomba, and Toowoomba’s official charity, Toowoomba Flexi-School, which caters for students that require specialist education and support.

The ship’s company also shared a brew with veterans from the Naval Association and joined more than 2000 community members at Toowoomba Grammar School’s Anzac Day service.

LEUT Sarah Tame and LS David Jones were excited to return to their home town as members of Toowoomba.

LEUT Tame had the opportunity to visit her old school Toowoomba Glennie and spoke to current students about life in the Navy. LS Jones said he was thankful to be in his home town because it had been five years since his last visit.

“It’s great to be back in Toowoomba representing Toowoomba,” LS Jones said.

During a reception at City Hall, regional leaders and Toowoomba Regional Council Mayor Peter Taylor expressed Toowoomba’s gratitude for the ship’s company of HMAS Toowoomba.

“Being away from friends and family for great lengths of time is a difficult task in itself, but to be constantly prepared to lend assistance to ongoing conflicts and face real threats requires a bravery that is truly admirable and a credit to all those serving on the ship,” CMDR Ingham said.

“Toowoomba’s CO, CMDR Ingham, addressed the gathering and spoke of the FFG’s role in anti-terrorism and anti-piracy missions during Operation Slipper in 2009.

“In everything we do we know we have a personal and professional reputation to uphold. Wherever Toowoomba goes in the world we hope to do the city proud and reflect the respect and strong support that comes from the region,” CMDR Ingham said.

CMDR Ingham delivered the Anzac Day dawn service address before ship’s company members led the march at the heritage-listed Mothers Memorial.

WON visits Middle East

By LEUT Todd Austin

WARRANT Officer of the Navy Mark Tandy made a flying visit to check on Navy personnel working at the Australian Support Base and Headquarters of the Joint Task Force 633 in the United Arab Emirates in late May.

It was the second time WON has made the trek to the Middle East to meet Navy’s men and women working in support of Operation Slipper.

“Observing the work the 17 Navy personnel are doing here, I have to say they are doing a fantastic job,” WON Tandy said.

“THe sailors and more Navy people assisting the efforts of the JTTF633 in a ‘purple’ environment and it’s a great opportunity for them to get tri-Service experience on operations, which will set us up better for the future, especially with LHDs currently under construction.”

WO-N joined his fellow Navy members for lunch in the new dining facilities and later visited their work locations to get an understanding of the roles they are undertaking on deployment.

“Coming back to the MEAO for a second time, it’s pleasing to see our guys doing a great job in a variety of positions,” WON Tandy said.

“They are all doing Navy and the ADF proud and I’m sure all their family and friends back home would be just as proud.”

After his visit to the Australian Support Base at the AL Minhad Air Base, WON Mark Tandy chat during WON’s recent visit to the MEAO.

Photo: SGT Brent Tero

MOUTH-WATERING crab, oysters, scallops and a selection of seafood prepared by Navy cooks were highlights on the menu at this year’s Narooma Oyster Festival held on the South Coast of New South Wales from May 14-16.

As part of the Navy Community Engagement Program (NCEP), 10 sailors from HMAS Harman (CMDR Andrew Schroder) and HMAS Kuttabul (CMDR Christine Clarke) travelled to Narooma for the second time to strengthen Navy’s reputation in the region and participate in the annual food and wine festival.

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CMDR Ingham said.

“We are delighted to have Toowoomba representatives here. Their job is a difficult one that many of us here simply could not undertake,” LTJG Taylor said.

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Photo: SGT Brent Tero

Cooks show off culinary delights

By ABCIS Melanie Schinkel

The sailors got to demonstrate their creative flair, which was great because we don’t often have the time or money to experiment with fresh seafood in a busy ship or wardroom environment,” LSCK Manahan said.

“Overall the public were surprised by the calibre of cuisine and it was good for us to experience how that side of the industry operates and just getting out there and having a go.”

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• You sold an investment property or other asset for a gain
• You do not intend working for all or part of the next financial year
• Your income will be materially lower next year eg, working in a tax free area, changing jobs or going on unpaid maternity leave

Benefits:
• Increased tax refund in July/August 2010
• Potential higher tax deductions on your interest eg, refund at 38c in the dollar, not 30c in the dollar
• No loan repayments for 12 months
• Cashflow positive asset which allows you to plan/save for another growth asset

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• Tax Planning
• Loan Structures
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• Shares & Superannuation
The New Generation Navy Strategic Reform Program is needed: why and what will it do?

We need your cooperation

How are we going to achieve this vision?

SRP – what does it mean for you?

What is SRP?

What are the changes we will see personally?

Non-Equipment spending

The Strategic Reform Program (SRP) needs you, and every one of you, to help to deliver capability and reforming the culture of the Navy so that we can be more productive rather than having to work harder.

SRP

NGN positions Navy well for SRP

T

he New Generation Navy Strategic Reform Program (SRP) will help us to deliver capability and reform so that we can be more productive rather than having to work harder. SRP is needed to achieve this vision.

The SRP is needed to deliver capability and reform

We need to go to the whole of Defence, however it be achieved, to achieve the SRP.

We need the SRP to achieve capability and to deliver

The SRP is a set of tools to identify waste and improve processes so that we can be more productive rather than having to work harder.

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Our workforce

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What is NGN?

The SRP is needed to achieve capability and reform

The SRP is needed to deliver capability and reform

The SRP is needed to deliver capability and reform

The SRP is needed to deliver capability and reform

The SRP is needed to deliver capability and reform

The SRP is needed to deliver capability and reform

The SRP is needed to deliver capability and reform

Bustin

SRP is just about saving money

The SRP and녕의 Continuous Improvement program are about driving efficiencies without compromising effectiveness. We must provide better outcomes for Defence as a whole. The SRP is not like previous Efficiency drive programs, which were driven by a particular point in time and change, or were about minimising cost. The SRP is driven by a specific point in time and change, or was about minimising cost. This is to change the way we do business, which will take time, and we will need your support to help us realise and manage all the benefits of SRP.

SRP Myths

There is no waste in your workplace – what we need is more people and money?

Experience with other military and industrial organisations shows that activity is the way to get improvement. Continuous Improvement programs provide a set of tools for people who might not have been exposed to this activity before.

Assisting in implementing and sustaining solutions

Training your people to achieve the changes needed

Defence by the numbers

Our workforce

Navy’s Continuous Improvement program has also achieved significant program in capturing potential savings and waste. For example, a single tool can be used to capture significant savings and improve processes across the whole of Defence.

Paving the way for the future

Jobs will go as a result the SRP

SRP and NGN

SRP

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Ladies and gentlemen, I have a message for you. It’s your future Navy, let’s make the right changes so that we can deliver Force 2030.

We need your cooperation

We need the SRP to achieve capability and to deliver

The SRP is needed to achieve capability and reform

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IN BRIEF

Kuttabul anniversary

FORMER foes joined hands recently at a service in HMAS Kuttabul (CMRD Christine Clarke) that marked the 68th anniversary of the sinking of HMAS Kuttabul and the daring Japanese midget submarine attack on Sydney Harbour during WWII.

More than 300 people attended the service at the RAN Heritage Centre, which utilised the conning tower of midg et submarine M22 as the centrepiece for the wreath-laying ceremony.

A survivor of the attack, Neil Roberts, recounted in gripping detail his recollection of the night the war came to Sydney. Mr Roberts told how he was thrown from his hammock by the explosion of the torpedo that lifted Kuttabul into the air.

"I’m 87 now but I should have been dead when I was 19," Mr Roberts said. Mr Roberts said he was only alive because he swapped sleeping berths with another sailor on ‘dog watch’, which spared him from the full force of the exploding torpedo on the lower decks.

The Consul-General of Japan, Dr Masahiro Kohara, laid a wreath in memory of all the sailors who lost their lives. Mr Kohara, assisted by former RADM Sir David Martin, whose role of HMAS Kuttabul’s SWO Mark Donlan, CPOPT Jim Lawless and two other sailors was to ensure the safety of the stunt, which was broadcast nationally by Channel 10 on May 27.

They helped Kitty Flannigan from The 7pm Project abseil from the top of the AMP building in Sydney, accompanied by Mount Everest climber and Sir David Martin Foundation ambassador Andrew Lock.

The foundation was named in honour of former RADM Sir David Martin, whose wish was to help troubled youths. – Michael Brooke

TO A BETTER HEALTH FUTURE

A MilHOP, SKIP AND A JUMP

For a better health service for you and your ADFteammates, participate in the MilHOP survey.

milhop@cmvh.org.au
cmvh.org.au/milhop
1800 886 567

MilHOP and deploying personnel

By Carol Davy

YOUR chance to shape the future of Defence’s healthcare system has arrived. By participating in the Military Health Outcomes Program (MilHOP) you can help Defence and the community to better understand both physical and mental health challenges faced by all ADF members.

A new MilHOP study, focusing on the health of deploying personnel, begins next month. All individuals deploying to the Middle East from June 2010 and returning from deployment by December 2011 will be asked to participate in one pre-deployment and one post-deployment survey. A small number of these members will also be asked to have some physical and neurocognitive assessments.

The first deployment to be invited to participate in this study will be the MTF-2 Battle Group. Surveys will be going out to these members at the end of June, with follow up assessments scheduled for August.

Professor Sandy McFarlane, Chief Investigator of MilHOP, expressed gratitude for personnel taking the time to complete the surveys, on top of all their other pre-deployment preparations.

"We realise that pre-deployment timelines are very tight, so the survey and assessments are designed to take up as little time as possible,” Prof McFarlane said. "In return, your contribution will help ensure the future operational capability of Defence and the long term wellbeing of all ADF personnel.”

Any identifying information for MilHOP studies is being managed by the Centre for Military and Veterans’ Health research teams, from the University of Queensland and the University of Adelaide. Therefore, all participants can be assured their privacy is protected and their responses to the questionnaire will not be identifiable to Defence.

Taking part in MilHOP is a very important contribution that ADF members can make to improve their health both during and following deployment. All ADF members are encouraged to participate, not only for the benefit of their health and the benefit of their family’s welfare, but also to improve health outcomes for their serving and ex-serving mates.

If any participant, who is about to deploy to the MEAO, has not received an invitation to this MilHOP study, or would like more information about MilHOP, they are invited to phone our free call number 1800 886 567 or email milhop@cmvh.org.au
HMAS Newcastle's ship's company took some time out in Japan in late May after completing Exercise Nichi Go Trident.

Newcastle was alongside at Yokosuka Naval Base following the combined exercise with the Japanese Maritime Self Defense Forces, which was aimed at enhancing the two navies' ability to work together during maritime coalition operations.

While there they received a visit from a special guest – Defence Minister John Faulkner.

Senator Faulkner spent some time aboard, where he received a debrief on the exercise and took the opportunity to speak with the men and women serving aboard Newcastle.

Senator Faulkner, he said was impressed by the crew's professionalism and enthusiasm.

"I'd like to pass on my thanks to the men and women serving aboard Newcastle for hosting my visit and I wish them a safe voyage for the remainder of their deployment," Senator Faulkner said.

Newcastle is now en route to Canada where she will rendezvous with ships from up to 25 other nations for the Canadian International Fleet Review.

Earlier this year, Newcastle was awarded the prestigious Gloucester Cup, which recognises the fleet unit foremost in all aspects of operations, safety, seamanship, reliability and unit level training.

Senator Faulkner was in Japan on a two-day visit, where he and the Minister for Foreign Affairs were meeting with their Japanese counterparts, as well as the Japanese Prime Minister.

A GROUP of 26 Navy and Defence Materiel Organisation senior engineers met recently to discuss current and future engineering issues.

Head of Navy Engineering (HNE), CDRE John Bryson, hosted the conference in HMAS Canberra, targeting Level 2 Engineering Authorities (EA).

CDRE John Bryson said the conference was aimed at Navy and DMO in strengthening the engineering relationships across Navy and DMO.

"The Navy Technical Regulatory culture within Defence needs to be promoted as a 'risk aware' culture, as opposed to a 'risk averse' one," he said.

CDRE Bryson briefed the participants on the number of initiatives within Navy engineering since the last Level 2 EA conference, held in 2005.

HNE placed particular emphasis on the recently completed Strategic Review of Naval Engineering and the current review being conducted on ABR 6492 – the Navy Technical Regulations Manual.

In discussing the Strategic Review of Navy Engineering, CDRE Bryson said the review looked at four main themes: employment of engineer officers, employment of engineering sailors, engineering policy and engineering relationships between DMO and Navy.

The strategic review was led by the National President of Engineers Australia, AVM (Rtd) Julie Hammer, who was assisted by RADM Bill Dover and CAPT Mick Sander.

The review’s 76 recommendations have been reviewed by the Chief of Navy and will be discussed in detail by CDRE Bryson during a national road show in the near future.

CDRE Bryson expressed confidence in the principles underpinning the Navy Technical Regulatory Framework, saying the review was aimed at improving the format, structure, size and misaligned terminology within the current manual.

The review of the manual is being coordinated by the Director of Technical Engineering, CMDR Brett Everett. The revised manual is expected to be ready for comment shortly.

During the conference a total of 10 formal presentations were delivered and a number of periods were set aside to discuss issues with the application of the Navy Technical Regulatory Framework within Navy and DMO.

The presentations and formal discussion periods embraced many of Navy's signature behaviours. As a result, a number of common issues were identified and agencies assigned to resolve them.

Copies of the presentations and the actions arising from the conference can be found via the DTRN site on the DEFWEB by clicking on the 'Hot issues' icon at Intranet.defence.gov.au/navyweb/sites/DTRN

TIME OUT: Defence Minister John Faulkner chats with members of HMAS Newcastle’s ship’s company.

PHOTO: Robert Ghiol

By LEUT David Foulds

PERSONNEL from HMAS Balikpapan spotted and rescued a turtle at sea on May 1.

Balikpapan was transiting through the Timor Sea from Dili, East Timor to Darwin, bearing a consignment of Op Astute equipment. The lookout called to the officer on watch that he had spotted a turtle struggling in a ghost net, and the Landing Craft Heavy quickly reversed course to close the distance.

A turtle at sea is a difficult thing to spot at the best of times, so a search pattern was commenced and contact was soon regained. Once close in to the net, the sea boat was launched and soon recovered the turtle and net to the tank deck.

After being cut free of the net, the turtle was returned to the sea to resume its course, while Balikpapan’s crew were glad to have rid the world of one more ghost net.
Defence families unite for zoo day

By Michael Brooke

IN AN era of joint operations, it was only fitting that more than 200 families from Navy, Army and Air Force, totaling about 1000 people, converged on Sydney’s Taronga Park Zoo.

The May 16 get-together was part of the Defence Community Organisation’s participation in National Families Week.

The Defence families received free tickets from the DCO Sydney, Richmond and Liverpool offices. They were also given useful information to increase awareness of the support systems and services available for families.

The activity provided guests with an opportunity to network with people from other Services who are in similar situations – perhaps with a partner deployed overseas and who live in the same part of Sydney.

In the meantime, the children enjoyed coming face-to-face with a range of exotic animals from around the globe.

Commander Air Lift Group, AIRCDRE John Oddie, said this special activity marked Defence’s acknowledgement of, and commitment to, the families of ADF members.

He said the National Families Week celebration was an important annual event where ADF families could meet and relax in a comfortable atmosphere.

“It provides the opportunity to form relationships and social networks, and allows families to seek information regarding the support options available to them,” AIRCDRE Oddie said.

AIRCDRE Oddie spent time talking to the ADF families about the support services provided by DCO and issues common to partners of deployed personnel.

DCO Sydney is planning to hold various coffee mornings in four regions across Sydney to bring together partners for support and to connect with others.

If you are interested in attending a coffee morning you can RSVP via email DCO.SydneyFunctions@defence.gov.au, or phone Ethel Lang, Family Liaison Officer, DCO Sydney on (02) 9393 3314.

You can also contact DCO Richmond on (02) 4587 1130 or DCO Liverpool on (02) 8782 4864 for details on upcoming events.
Team Success conquers Mount Kinabalu

By LCDR Daniel Allen

HMAS Success (CMDR Tony Rayner) has topped off its recent trip to Kota Kinabalu, on the island of Borneo, with 16 crew members conquering Mount Kinabalu.

WHERE EARTH AND SKY MEET: Mount Kinabalu, situated in Malaysian Borneo, is the world's third-highest island mountain, standing 4095m (13,435ft) high.

Photo: NegGrower (Wikipedia)

CDF nominations assure military super interests

By Craig Scarlett

THE Chief of the Defence Force recently nominated GEN Peter Cosgrove and John McCullagh as the ADF member representative directors on the proposed Commonwealth Superannuation Corporation.

“As ADF member representatives, GEN Cosgrove and Mr McCullagh will bring to the new Commonwealth Superannuation Corporation board a deep understanding of the needs and expectations of ADF personnel regarding their superannuation schemes,” CDF said.

GEN Cosgrove is well known and respected within the ADF and wider community that has spanned 40 years, culminating as CDF from 2002-2005.

Mr McCullagh has had 28 years experience in the governance of Australian Commonwealth superannuation, most recently focused on military superannuation and holding the position of Chief Executive Officer, Military Superannuation Benefits Scheme for the past four years.

The Government has indicated that Tony Hyams – Chair of the Military Superannuation Benefits Board Scheme (MSBS) since September 1, 2007 – will chair the new corporation, further ensuring that military schemes are well understood by new corporation board directors.

The appointment of GEN Cosgrove and Mr McCullagh is subject to passage of legislation. The appointment of GEN Cosgrove and Mr McCullagh is subject to passage of legislation, and the unit is subject to passage of legislation. Moreover, the Defence Minister will retain policy responsibility for those schemes.

IN BRIEF

SATCOM for AWDS

THALES Australia Ltd has been selected as the preferred supplier for satellite communications (SATCOM) equipment for the Hobart class Air Warfare Destroyers. Defence Materiel and Science Minister Greg Combet announced the $9 million contract on May 20.

ANAO Lightweight Torpedo concerns


Are you in charge of maintenance or storage?

“Corrosion need not be inevitable, nor the negative impact on equipment’s operational readiness due to corrosion”

The capability now exists to clearly change standard operating procedures for on call, short, medium and long term storage. Procedure manuals and training can be created and delivered for each specific equipment type. Also, vehicles and mobile equipment can be totally protected and successfully stored out doors with the out for under roof storage facilities.

Tests already conducted successfully with Army in Darwin.

“All forms” of corrosion prone equipment and inventory can now be protected for active service protection, lay up and storage, with tailored procedures for on call, short, medium and long term storage. Procedure manuals and training can be created and delivered for each specific equipment type. Also, vehicles and mobile equipment can be totally protected and successfully stored out doors with the out for under roof storage facilities. Tests already conducted successfully with Army in Darwin.

Results and advantages:

- Protected equipment and inventory is drawn from storage in a state of immediate operational readiness.
- Equipment / Inventory damage and the labour devoted to corrosion rectification, dramatically reduced.
- Direct and positive impact on operational budgets and cost centers.

CMI – Corrosion Management International

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E-mail info@c-m-int.com

Phone Direct: 0411 477 830

All products – NSN – numbers allocated – On ADF inventory –

Full MS, AS and NATO certifications

ISO 9001 - ISO 14001

Defence Minister John Faulkner said there were significant and serious problems associated with Project JP 2070 and has instructed Defence leaders to report to Government with progress updates every two months.

New sub support contract

PACIFIC Marine Batteries Pty Ltd in Adelaide has successfully won two multi-million dollar Defence contracts announced by Defence Materiel and Science Minister Greg Combet on May 4.

“The Acquisition Contract is valued at more than $81 million for the provision of five Collins-class submarine battery sets and will support 56 jobs over the next six years,” Mr Combet said.

Corrosion Management International (CMI) is an Australian owned and operated company that offers a comprehensive range of world renowned and proven corrosion management products (Cortec VpCI) together with corrosion management on site services, if required.

Cortec VpCI products are codified and are listed on the ADF inventory.

They have been proven time and again over the last 27 years in managing corrosion for the Defence industries globally.
DEFENCE ASBESTOS

Defence has identified that ADF members and APS employees may have been exposed to asbestos during their Defence training with 105mm M2A2 Dummy Drill Bags.

Current and retired ADF members and APS employees who think that they may have been exposed and would like to have their asbestos-related medical status evaluated are encouraged to contact the 1800 Defence (1800 333 362) and register with the Defence Asbestos Exposure Evaluation Scheme.

More information can be located at:
(Defence Internet)
or (Defence Intranet)
http://ohsc.defence.gov.au/Programs/Asbestos/default.htm

HAMSA SUCCESS COMMISSION OF INQUIRY

The Chief of the Defence Force, Air Chief Marshal Angus Houston, AC, has appointed a Commission of Inquiry to inquire into alleged incidents of unacceptable behaviour, as defined in applicable Defence Instructions, or other behaviour which could compromise the safety and effectiveness of the crew onboard HMAS Success that were brought to the attention of command between March and May 2009, and issues associated with the subsequent management of such allegations and of personnel allegedly involved.

The Honourable Roger Gyles, AO, QC is the President of the Commission of Inquiry.

The terms of reference can be viewed at:
www.defence.gov.au/coi

The Commission of Inquiry will recommence public hearings at 9.30am AEST on Monday, June 21 at Level 11, Defence Plaza, 270 Pitt Street, New South Wales, 2000. Any person, including any member of the Australian Defence Force, who has any information or material relevant to the Commission of Inquiry or who may wish to provide submissions should contact Counsel Assisting the Commission of Inquiry by email address: hmasuccess.co@defence.gov.au or by mail to: Counsel Assisting, HMAS Success Commission of Inquiry, Level 11, Defence Plaza, Sydney, NSW, 2000. For more information, please contact 02 9393 3489.
GANGWAY

ALL UNDER CONTROL: ABMT Daniel Jakobson, of Assail Two, mans the Marine Link console on board HMAS Broome during an Operation Resolute patrol. Photo: LSET Jayson Tufrey

KEEPING WATCH: POETSM Richard Clist sits at his motion tracking console during his watch in HMAS Waller’s control room. Photo: ABIS Lincoln Commare

GUNS AWAY: Executive Officer Assail Two, LEUT Nancy LeGrand, with a Browning 12.7mm machine gun on board HMAS Broome during an Operation Resolute patrol. Photo: LSET Jayson Tufrey

The Next Level

For Further Information Contact: Special Forces Training Centre

Email: sftc.selection@defence.gov.au

Phone: 02 6575 0190

DDB Website: http://imtranet.defence.gov.au/armyweb/Sites/SFTC

NAVY NEWS
Hold that tiger

Tiger, Tiger burning bright
In the forests of the night
What immortal hand or eye
Could frame thy fearful symmetry?

With all due respect to William Blake, Miss May was not HMAS Tiger as CPL Chris Russell from Defence Establishment Orchard Hills submitted at some length in response to the picture published in the May 13 edition of Navy News.

Jim Warren of Woodencroft, SA, who’s one of our subscribers, says: “I believe the photo of Miss May to be that of HMS Hood. Although this may be my first attempt at this project, I hope it won’t be my last.”

“I hope it won’t be your last either, Jim. You say: “The reason behind my choice is that I am a member of TASKFORCE 72, which is a scale model shipbuilders association, and one of our members here in Adelaide is building this model, from scratch, in timber, and it resembles the picture very much.” Unfortunately, this is not HMS Hood. Regular Mark Biga reckons Miss May is the County class/sub-class London class cruiser HMS Sussex. No sir.

Mick Humphreys, CMDR Stuart Kaye, ex-CPOC Rob Sweet and POB Craig Haggerty all plump for HMAS Shropshire. No, but this is getting quite a bit closer to the truth.

HQO(JC)’s MAJ John Vetema was close too. He says: “I believe this is the Royal Navy cruiser HMS Kent” Even closer were SAPOL Intelligence Officer Alan Baddams, SBLT Steve Dunne, ANC, CPO Owie Maloney, the 83-year-old salt and CPOA(AH) RN Pete Cassar – all of whom reckoned Miss May was HMAS Canberra.

And that grizzled old sea dog – Ancient Mariner David J. ‘Guns’ Manolas – was spot on but, as usual, having a bob each way and a whinge. (He could whinge for Australia and would certainly be a starter if it ever becomes an Olympic sport.)

He says: “While I am comfortable with my belief that the ‘May Mystery Ship’ is either the HMAS Australia (II) or HMAS Canberra (I), I remain uncomfortable with what I suspect is another example of the use of the dreaded air-brush’ by the editor.

“From other photos it can clearly be seen that both ships wore their name on both quarters and as we see here the port quarter is clear, or rather, has been cleared of the name plate.

“As I have previously argued; where the evidence presented has been altered to the point where the picture could reasonably be presented as being one of a number of ships, there ought to be more than one possible answer. For your consideration ‘Mr Brush’

First in was the same as first correct for Miss May. Chief Engineer MEWSPO Richard Jones produced a lightning-fast response, saying: “An easy find this month. May’s offering is the County class heavy cruiser HMAS Australia. She’s in the floating drydock in Alexandria, Egypt, around August 1935 undergoing maintenance en route to Australia having attended the Silver Jubilee review at Spithead.”

Well congratulations Richard, the name of the ship is definitely correct –... as you can see from the photo reproduced with the name intact. But I’m not sure about the rest of the information. Gordon Branch thought it was easy too: “HMAS Australia (II) in dry dock at Malta in December 1935. (You gotta love the new Navy Heritage Gallery on the RAN website!)

“By the way, how early do you have to get in to be first? I thought with the Taisei Maru (Miss March) being such an exotic ship and finding the answer the day the copy of the Navy News was published would be quick enough... But no.”

To answer your question, Gordon, perhaps you should ask Richard Jones. Navy News is printed in Canberra and hard copies usually go into boxes in Russell Offices (and possibly in other Canberra Defence facilities) on the Monday before publication date (which is the 10th Thursday). For the record, HMAS Australia (II) was a County class cruiser. Within the County class there were three sub-clases – the Kent class (within which HMA Ships Australia II and Canberra (I) fall), the London class (which includes HMAS Shropshire) and the Norfolk class.

So ‘County’ correctly identifies the overall class, Kent correctly identifies the ‘sub-class’ and she could have been either Australia or Canberra – but not Shropshire.

Alles klar!

Apart from Richard Jones and Gordon Branch, Rodney McBey (whose dad served in her 1939-45), LEUT Shane Wiseman, Dave ‘Crows-addicted crow-eater’ Rickard, ex-Defence civilian Reg Bonney and S Q NDLR Jumbo Stewart all managed to correctly identify Australia. Dave Rickard has some misgivings about continuing to follow Mystery Ship saying: “I can hardly see the point in playing anymore though, since that doyen of ship identification, the now retired Vic Jeffery, is apparently competing for the Mystery Ship crown.”

I wouldn’t worry too much Dave – got a few tricks up my sleeve that might foil Mr Jeffery.

The only untidy end is where HMAS Australia (I) was in dry dock. I had nothing to go on apart from the fact that the pic was the only one from the section of the Saxon Fogarty collection that I hold with information that identified the ship. I didn’t know at the time the pic was also in the Navy Heritage gallery – a fact that Gordon Branch seized on saying: “Australia” in a dry dock in Malta in December 1935.”

Other suggestions included “...in the floating drydock in Alexandria, Egypt around August 1935 undergoing maintenance en route to Australia having attended the Silver Jubilee review at Spithead” (Richard Jones), Garden Island Dockyard, Sydney, and “...in the UK” (LEUT Wiseman).

Now have a look at Miss June (she’s from a small print so is a bit pixelly) and email your best efforts to tony.underwood@defencenews.gov.au by June 21.

– LCDR Antony Underwood

Can you put a name on Miss June?
— shown above with Miss May, HMAS Australia II (inset).

Do you have a property in Canberra you need to sell?

Call me today for a free appraisal
Mike Baranovsky
(Ex RAN)
0418 488 893

Tiger Ship


June 10, 2010
Finding it hard to help your people with financial issues?

The last thing you want is to lose your home. ASIC Chairman Tony D’Aloisio says review your mortgage options regularly.

There’s nothing like going home after a long day and putting your feet up for some well-deserved rest. Our homes can act as a sanctuary from the outside world. For most of us, our home is our most valuable asset as well.

Recently, interest rates have risen, so it is important to remember the essential, practical things you can do to manage your home loan.

If you are having problems meeting your mortgage payments, putting your feet up for some well-deserved rest.

There are things you should do if you’re considering switching:

1. **Do a budget**
   - You’ve heard it time and time again because it really is the best thing you can do for your personal finances. But don’t think of it as being a budget – think of it as a ‘spending plan’. Budgets or spending plans allow you to free up your money so you can spend it on something really worthwhile.
   - It doesn’t matter whether you’re saving for the short, medium or long term, the way to find extra money is by having a plan.
   - A great place to start is the free online budget planner at www.ADFconsumer.gov.au to see what costs you can cut.

2. **Fortnightly repayments**
   - If you make fortnightly repayments rather than monthly you make the equivalent of 13 monthly payments each year instead of 12.
   - Fortnightly repayments can cut four years and a staggering $40,000 in interest payments off a 20-year home loan of $200,000.
   - If you can pay an extra $100 above the minimum repayment fortnightly, you will cut seven years off your loan.
   - If you make fortnightly repayments it will free up money significantly to grow your investment portfolio down the track.

3. **Consider switching**
   - By switching home loans you could save yourself thousands of dollars in interest or take advantage of features offered by another loan.
   - Before you decide to leave your current loan, work out how much it will cost you to switch to a new home loan. Your current lender might charge you exit fees and a new provider might charge you start fees.
   - Work out whether reducing your interest rate with a new loan outweighs the costs of switching from your existing one. The lower the exit and start-up fees, the more you stand to gain by switching.
   - If the fees are high it may not be worth switching or may be better to wait and switch later.

4. **Talk to your lender**
   - If you are struggling to make your repayments is just a little difficult or a big stretch.
   - If you can pay an extra $100 above the minimum repayment fortnightly, you will cut seven years off your loan.
   - If you’re feeling stressed about your home loan you can also talk to a financial counsellor. They can give you free and independent personalised advice about the best thing for you to do.

Visit ASIC’s consumer and investor website, go to www.fido.gov.au for more information, practical tips and useful links to help you through tough financial situations. Visit ASIC’s consumer and investor website, FIDO at www.fido.gov.au or call 1300 300 630. Email ASIC with topics that interest you to ASICcolumn@asic.gov.au

**Do I switch or ask for more time?**

There are things you should do if you’re considering switching:

- **Shop around and compare loans from at least three home loan providers**
- **Work out all the costs**
- **Compare interest rates, fees and features**
- **Ask yourself if the benefits of switching are worth the costs.**
- Four options for assistance that the banks can offer include:
  - Postponement for up to 12 months on repayments
  - A longer contract with lower repayments
  - Making interest only repayments for a short period of time
  - Fee waivers

**You've heard it time and time again**

The Government’s principles to assist people in financial difficulty.

Go to www.fido.gov.au/survivalguide for more information, practical tips and useful links to help you through tough financial situations.

**THERE’S nothing like going home after a long day and putting your feet up for some well-deserved rest.**

**Our homes can act as a sanctuary from the outside world.**

**Most of us, our home is our most valuable asset as well.**

**Recently, interest rates have risen, so it is important to remember the essential, practical things you can do to manage your home loan.**

**Avoid mortgage stress**

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**Our homes can act as a sanctuary from the outside world.**

**Most of us, our home is our most valuable asset as well.**

**Recently, interest rates have risen, so it is important to remember the essential, practical things you can do to manage your home loan.**

**If you are having problems meeting your mortgage payments, putting your feet up for some well-deserved rest.**

**There are steps you can take to help you manage – whether meeting your mortgage payments is just a little difficult or a big stretch.**

**Do a budget**

You’ve heard it time and time again because it really is the best thing you can do for your personal finances. But don’t think of it as being a budget – think of it as a ‘spending plan’. Budgets or spending plans allow you to free up your money so you can spend it on something really worthwhile.

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It’s coughs and sneezes time – Kel Watt and MAJ Vera Oliver from Joint Health Command say they want all ADF personnel to have a flu shot and apply other preventative measures.

Receiving her flu vaccination from ABMED Tahnee White at the HMAS Harman Medical Centre, PO Jarne Dance reminded ADF members that booking in for a flu shot was a vital and important part of individual readiness responsibilities.

“Influenza is a highly contagious respiratory disease that has a big impact on Defence capability,” PO Dance said.

“Not taking your healthcare responsibilities seriously also impacts on family, friends and important events.

While there are some very simple and effective practices to protect yourself and others from influenza infection, the single most effective approach to reducing the spread of influenza infection is annual vaccination, which provides up to 80 per cent protection.

The strains of the influenza virus and the level of immunity to the virus vary from year to year, as the virus mutates frequently. This is why there is a new vaccine issued for each flu season. In addition to getting your flu shot, all ADF members and Defence employees should also:

- Cover your coughs and sneezes and dispose of used tissues immediately into a rubbish bin.
- Wash down shared surfaces with water and detergent.
- PO Dance said the influenza vaccine did not contain any live viruses, and therefore it could not cause influenza infection.
- “It is a safe vaccine but care should be taken in individuals with egg allergies, as the vaccine is grown in eggs,” she said.

“Influenza is caused by a virus and antibiotics have no effect on viruses.”

While antibiotics are used to treat bacterial infections, they will not stop influenza from getting worse and will not stop the spread of infection.

“The only way to protect yourself is to do the responsible thing by yourself and your mates and head to your local medical centre for the vaccination.”

**Flu facts**

The human influenza virus consists of three strains – A, B and C. Influenza A and B are the cause of outbreaks, however, influenza C is mild and can be likened to the common cold.

Transmission of the human influenza virus is by the way of respiratory aerosols or droplets. Flu virus in respiratory droplets from coughing and sneezing can survive in the air in enclosed environments for up to one hour.

The virus will survive for eight hours or longer on hard surfaces such as door handles, desks, phones, keyboards and computer peripherals. Flu virus transferred to hands from hard surfaces can survive for up to five minutes.

Signs and symptoms of influenza include fever (>38°C) and chills, muscle/joint aches and pains, dry cough, fatigue or extreme exhaustion, headache, runny nose, sneezing and sore throat.

Additional symptoms of vomiting and diarrhoea may indicate swine flu (H1N1) infection. H1N1 is highly contagious and a person can be infected for up to five days before the onset of signs and symptoms.

**Is it cold or flu? Check your symptoms carefully**

- Often people are unsure if they have a cold or the flu. The differences between flu and the common cold are:
  - Flu has a high fever
  - Common cold has a mild fever
  - Flu causes muscle/joint aches and pains and causes chills
  - Muscle/joint aches and pains are rare in the common cold
  - It takes several weeks to recover from the flu
  - It takes only days to recover from the common cold
  - You should seek immediate emergency care if:
    - You have difficulty breathing or have shortness of breath
    - You have pain or pressure in the chest or abdomen
    - You have sudden dizziness
    - You have severe or persistent vomiting
    - You have a low temperature

**Want a university qualification?**

**It may be closer than you think!**

**Fast Track your University Education**

**ADF Higher Education Advanced Standing Scheme**

(ADFHEAS Scheme)

**What is the ADFHEAS Scheme?**

The Scheme offers ADF members (current, past and Reserve), pathways into specific higher education courses with defined advanced standing for their Defence provided education, training and development.

**Who is it for?**

The Scheme is for current, past and Reserve ADF members, who meet the entry requirements specified by each participating university for the qualifications on offer, to undertake Undergraduate or Post Graduate studies.

**Which universities are involved?**

Currently we have 29 universities that offer pathways with agreed levels of “advanced standing” toward a number of their awards for defined Defence education and training. 24 of these universities focus on pathways for undergraduate studies *, (11 on line at time of printing * *) with the all 29 offering Post Graduate pathways.

The amount of advanced standing given does vary from university to university, and from award to award.

**Participating universities are:**

- Australian Catholic University * *
- Australian National University
- Charles Darwin University
- Charles Sturt University * *
- CQ University * 
- Deakin University *
- Edith Cowan University
- Griffith University *
- La Trobe University *
- Macquarie University
- Monash University (Faculty of Business and Economics) *
- Murdoch University *
- Open Universities Australia *
- RMIT University *
- Southern Cross University *
- Swinburne University of Technology * *
- The University of Queensland *
- University of Adelaide * 
- University of Canberra *
- University of Newcastle *
- University of New England *
- University of NSW@ADFA *
- University of South Australia * *
- University of Southern Queensland * *
- University of the Sunshine Coast
- University of Tasmania *
- (inc Australian Maritime College)
- University of Western Sydney *
- University of Wollongong * *
- Victoria University * *

**Make sure you check out the website for new additions to the list of universities involved in the ADFHEAS Scherme and the qualifications with advanced standing available!**

By Michael Brooke

THE Spikers from HMAS Darwin thrashed the NEOC Newbies 28-12 to win the Oberon Shield Eastern Australian Basketball Championship at Sydney Olympic Park on May 26.

Darwin’s Spikers won the prestigious trophy for the first time, without losing a match, while scoring 181 points and conceding only 87.

Darwin’s heroes of the day included LSPT Dusty Miller, LSET David Gaylard and Gap Year sailor SMX Kuttabul’s XO, LCDR Don Draiden, who praised the competitors for their sportsmanship and tenacity.

The championship served as a selection for the Navy team to compete in the Masters Mixed and the Opens Championships, which boosted their confidence and commitment.

Paddlers are training in preparation to challenge the best clubs in the world at the Hong Kong Dragon Boat races from July 21-26.

Sydney Navy Dragon Boat team manager, LCDR Peter Teichmann, said the team recently captured a swag of gold, silver and bronze medals at the national and state championships, which boosted their confidence and commitment.

LCDR Teichmann told Navy News the RAN would enter teams in the Masters Mixed and the Open Mixed events.

“The quality of Navy’s paddlers and their preparation for this championship is fantastic,” he said.

Although the members of the team heading to Hong Kong are dispersed around Australia, forcing many to work on their cardio-vascular and physical strength in the gym, a core group of paddlers continue to train regularly in Sydney Harbour and at Manly to refine their consistency of paddle stroke and timing.”

LCDR Teichmann said dragon boat racing was an ideal sport for the Navy, because it required strength, flexibility, great endurance and team spirit with no age or gender restrictions.

“There are no individual heroes – each paddler’s contribution is essential,” he said.

He said it engendered respect for your team mates, encouraged you to constantly exceed your own limits and expectations, and gave you the opportunity to represent your Service and your country at the highest sporting levels on the world stage.

For more information check out www.navy.gov.au/Royal_Australian_Navy_Dragon_Boating_Association

By CPL Zenith King

SERVICE personnel and the Defence APS community will battle it out at the Australian Defence Cycling Club (ADCC) in a bid to take home the title.

Road cyclists will compete with their experience in the championship, where she smashed a few ‘baskets’, and on duty at sea, had convinced her she must answer the call of the sea and join the RAN.

“I want to be an aviator, which probably explains why I saw me flying around the goal-net today,” she said.

Darwin’s triumph denied the Newbies from HMAS Cresswell a fairy-tale finish to their bold quest for glory.

The Newbies earned their place in the Semi-final by beating Kuttabul Kings 13-12, while Darwin flogged Kanimbla 34-18.

The trophies and team prizes were awarded to Kuttabul XO, LCDR Don Draiden, who praised the competitors for their sportsmanship and tenacity.

The championship served as a selection for the Navy team to compete in the tri-Services basketball championship this year.

Ready to go: A Navy dragon boat team trains on Sydney Harbour with HMAS Sydney in the background.

“We started so strongly that it was a great tournament and I probably explains why you saw me flying around the goal-net today,” she said.

It was a great tournament and I think everybody tried equally hard to bring Darwin her first piece of sporting silverware in quite some time,” he said.

LSPT Miller played with such courage and determination that he was airborne several times and said Darwin dominated the final from the beginning.

“Unlike most games, there was no real critical turning-point in the deciding point and conceding only 8’s dominated play from the get-go,” he said.

“We started so strongly that the Newbies were never really in it, although they deserve credit for getting to the final!”

SMNGX Parker said her experience in the championship, where she slam dunked a few ‘baskets’, and on duty at sea, had convinced her she must answer the call of the sea and join the RAN.

“I want to be an aviator, which probably explains why I saw me flying around the goal-net today,” she said.

Darwin’s heroes of the day included LSPT Dusty Miller, LSET David Gaylard and Gap Year sailor SMX Kuttabul’s XO, LCDR Don Draiden, who praised the competitors for their sportsmanship and tenacity.

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The championship served as a selection for the Navy team to compete in the tri-Services basketball championship this year.

Kuttabul’s heart-breaking one-point defeat to the Newbies denied them the chance to score an Oberon Shield hat-trick (they won the championship in 2009 and 2008).

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Darwin’s heroes of the day included LSPT Dusty Miller, LSET David Gaylard and Gap Year sailor SMX Kuttabul, who were well supported by more than a dozen unsung heroes from the Sydney-based FFG.

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Army put paid to a spirited challenge of the best finals in recent memory, in what was considered to be one of the best finals in recent memory. Army were one of the best military teams in recent history and their defeat was a huge setback for the Services. This game was a true reflection of the excellence and dedication of the Services in rugby. Army were well equipped for this game, but the Navy were determined to prove their worth.

The game started dramatically with a try from AB Dan Robertson, cementing the score at 5-0. The Navy then had Army under the pump but both teams were held in check. The game settled into an arm wrestle with the better structure of the Navy forwards bringing prolonged pressure to bear on Army defence.

Navy then had Army under the pump, and at the time the ball was spread to the wings, the Navy forwards were looking strong. The game opened out to 24-13. Army then crossed over the line wide less than two minutes from the subsequent play crossed for a try that clinched the game 29-13.

Navy coach CPO Tony Doherty said he was proud of his team’s efforts. “The boys stuck to their guns for the full 80 minutes and that’s all you can ask as a coaching staff,” he said. “We are in a building phase so we will take this and work towards the game against the French in July.”

Army coach LCDR Page Butler said she was really proud of her team’s effort today. “The girls kept going and plugging away right till the end. We had nine new girls and they play one game a year. I know we have a lot of talent to work with in the years ahead,” she said.

The Navy/RAAF coach LCDR Page Butler said she was really proud of the effort her team put in. “The girls kept going and plugging away right till the end. We had nine new girls and they play one game a year. I know we have a lot of talent to work with in the years ahead,” she said.

The game was a really good game and a willing affair. “Bad luck for the combined team; they are an excellent team but were just outplayed on the day,” he said. | Winger LS Toyah Nicholas scored the only try for Navy/RAAF but others to show a lot of promise included LS Cassey Van Dyke, AB Salihulei Gray and half back LEUT Georgia Rae who was a terrier around the ruck.

LTGEN David Hurley, presenting the medals to the winning team, said it was a really good game and a willing affair. “Bad luck for the combined team; they are an excellent team but were just outplayed on the day,” he said. The Australian Services Rugby Union team took part in the national championships held in Canberra from June 3-7 to pick a squad to represent Australia at the World Cup in England in August-September.
Combined team wins Dave Adams Trophy

By POPT Steven Adams

THE inaugural Dave Adams trophy for Lawn Bowls took place on May 5 at the North Ryde RSL.

This was a fours event with the emphasis on participation and the promotion of Lawn Bowls within the Navy.

The event was named after WOCIS (Rtd) Dave Adams who started the RAN Lawn Bowls Association in 2004, which has grown at an exciting rate over the last six years.

The day saw some 16 teams contest in one of four pools in the morning with a final series in the afternoon.

The major prize was won by the Scrubbers – a combined team from HMA Ships Creswell and Albatross and made up of ABCSOMW Damien Rex, WOMT Eric Lane, LCDR Kev Hartigan and CPOMT Phil Carroll.

They defeated a little known but very spirited FSU Kuttabul side 7-2 in a fantastic display of bowls.

The newly named Shakey Lake Plate went the way of a well-balanced HMAS Darwin side that upset a team from across the harbour in HMAS Penguin.

The team was skippered by LEUT Arron Convery who had an exceptional game in the final of the plate, while the other minor trophy, the Bowl, found a suitable home with the engineering department known as the Spanner Monkeys from HMAS Tobruk.

The Engineering Officer on board, LCDR Lance Davis, led by example as he skipped his side to an easy win in the other minor final.

The day proved more popular than expected, and plans for a larger venue with more greens next year is in the planning.

To get involved in lawn bowls, go to www.navy.gov.au/Royal_Australian_Navy_Lawn_Bowls_Association or email navySport.lawnbowls@defence.gov.au

GOT YOUR MEASURE: LCDR Kev Hartigan of the HMAS Albatross/Creswell Scrubbers team is closely watched by members of the HMAS Kuttabul Fleet Support Unit (FSU) team as he measures to find the closest shot and determine a winner.

Photos: ABIS Peter Thompson

SPORTS SHORTS

Navy eight make ASRU squad

NAVY had eight players selected in the emerging ASRU 2010 squad of 26 selected at the end of the Australian Services Rugby Union Championships in Canberra from May 16-22.

The emerging squad forms the basis of the team to meet the United States Combined Services side when it tours from July 17-31.

The ASRU squad will be named later in the year in time for the PACMIL Cup in October.

Navy players selected were: SMN Tait O’Sullivan, AB Adam Sargent, LS Brad Sharman, SMN Mark Fisher, SMN Daryl Seden, SMN Veniasi Turuva, SBLT Brendan Dumbrell and SMN Joe Brooks.

Book now for your skiing getaway

DID you know that as a current or past serving member of the Permanent or Reserve naval forces, you are entitled to join as a full member of the RAN Ski Club and that your immediate family can become members?

With the snow season about to start and bookings now being accepted, now is the time to take advantage of the clubs’ accommodation in three lodges located in the Mount Buller (VIC), Perisher Valley (NSW) and Thredbo (NSW) ski resorts.

Club President CAPT Peter Laver said the club catered for everyone at all levels.

“Whether you are a beginner, avid amateur or extreme exponent of any of the alpine recreational activities, we can promise a warm welcome to a friendly, informal, family environment,” CAPT Laver said.

“The club’s facilities are regularly improved and provide a comfortable, economic alternative for members and their guests to commercial accommodation for a self-catered alpine holiday.”

All three lodges are warm and comfortable with spacious living, dining and recreational areas. Blankets, duvets and pillows are provided but you take your own sheets, pillow cases, towels, food and drink. Kitchens are fully equipped and all resorts have supermarkets if you forget anything. Because the lodges are run on a self-help basis, those staying in them are expected to do some communal domestic chores as well as cleaning up after themselves.

“This helps us to keep accommodation costs down. Live-in managers in each of the lodges will help you settle in and can provide advice concerning resort facilities,” CAPT Laver said.

Current and previously serving Army and RAAF members are welcome to seek associate membership. Applications for associate membership by civilians are considered on their merits.

For more information visit www.ranskiclub.com.au and prospective members may contact Geoff Cole at ranskinfo@bigpond.com

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ON A ROLL: Womt Eric Lane, from the Albatross/Creswell “Scrubbers” team, makes a delivery during the final of the Eastern Australian Area Lawn Bowls competition. Photo: ABIS Peter Thompson