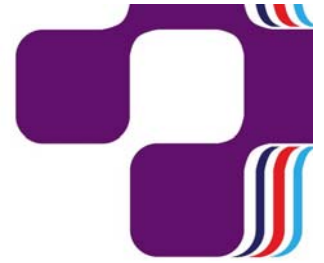


# JHC HOTO – Nov 2015

Mental Health, Psychology and  
Rehabilitation (MHPR) Branch

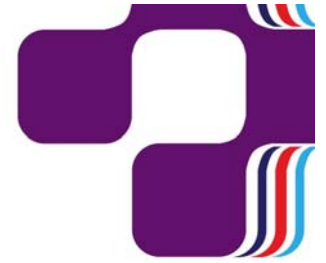




# Intent

- ADF Mental health, psychology and rehabilitation policies and programs are:
  - reflect to the changing needs of the ADF
  - responsive needs of defence members and their families
  - recovery focused
  - support delivery of evidence based care
  - outcomes based so as to demonstrate effectiveness

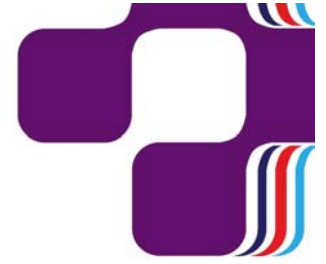




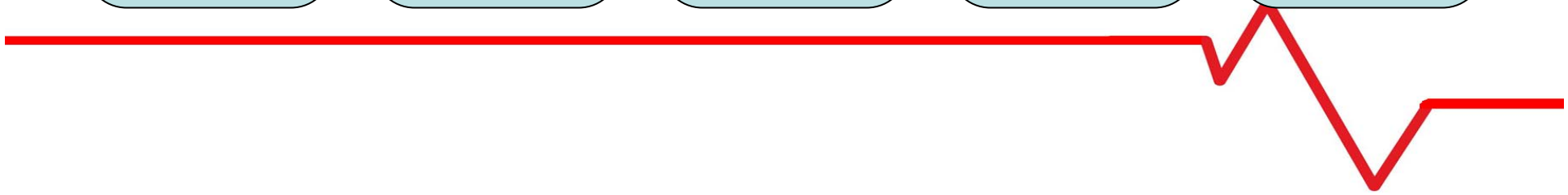
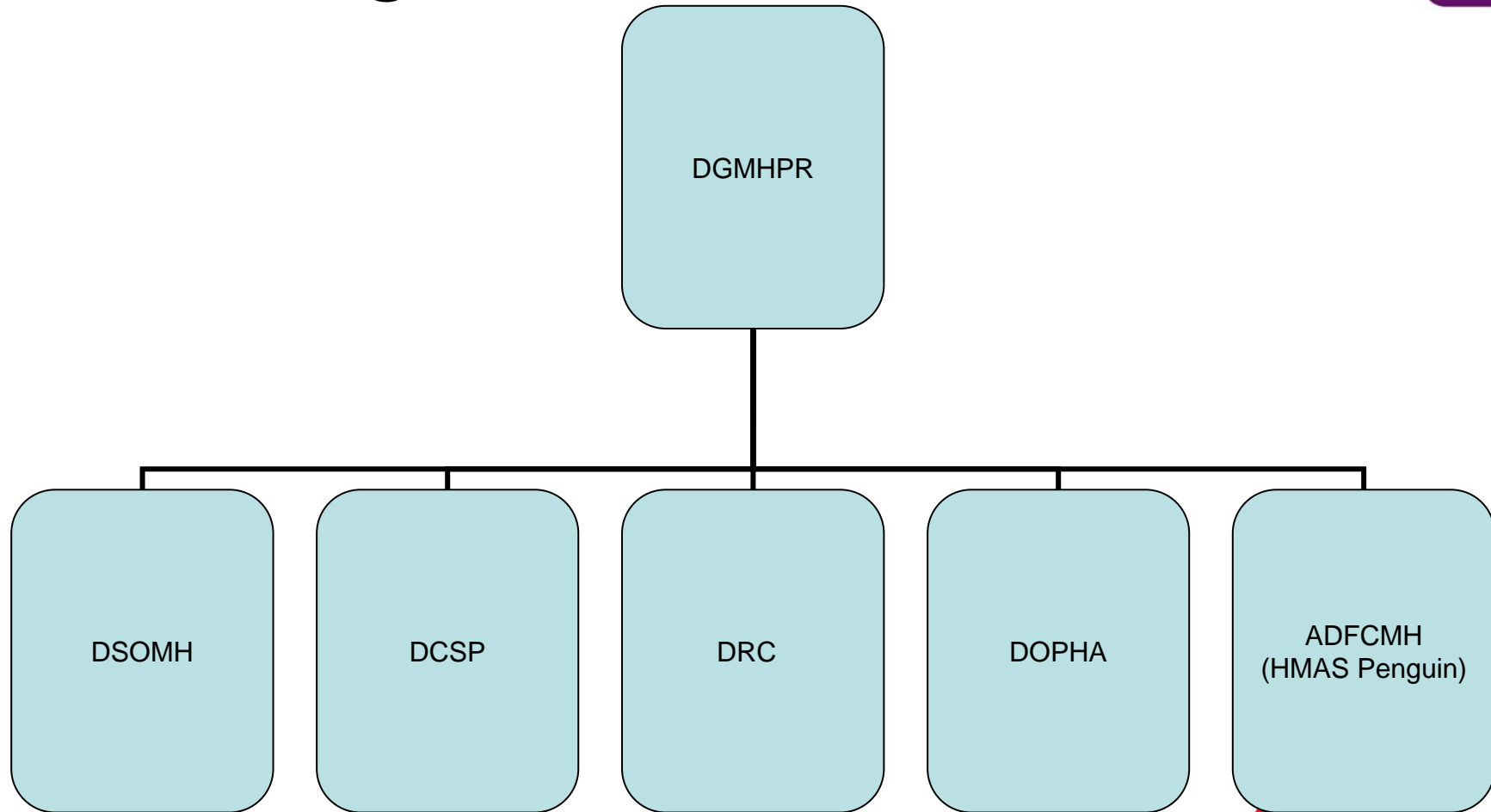
# Role and Key Tasks

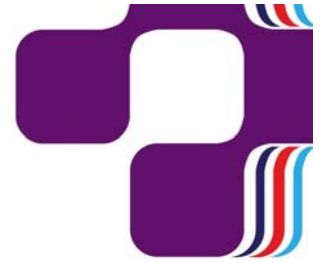
- Development and implementation of mental health and rehabilitation strategy, policy, research and programs to optimise mental health and wellbeing in the ADF.
- As the ADF Mental Health, Psychology and Rehabilitation Technical Authority provide policy development, evaluation, quality assurance and workforce education and training related to mental health, occupational psychology and rehabilitation.





# Organisation Structure

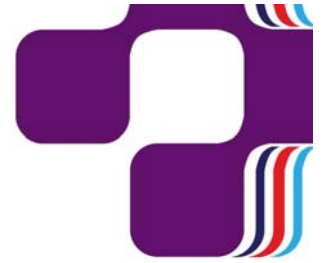




# Stakeholders

- Internal - Services, GHO, HPC, DCO
- External – DVA, DH&A, Comcare, ESOs
- Ministers – AMINDEF Chester and MINVA
- Media Issues
  - Access to mental health care
  - Suicide prevention
  - PTSD and deployments
  - Transition

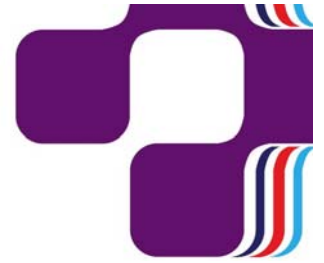




# Key Responsibilities

- Regular meeting schedule
  - ADF Mental Health Advisory Group (Chair)
  - PMBs / 3 (with DVA) (member)
  - VVCS AfS Steering Committee (Co Chair)
  - DVA Clinical Reference Group (member)
  - TTCP



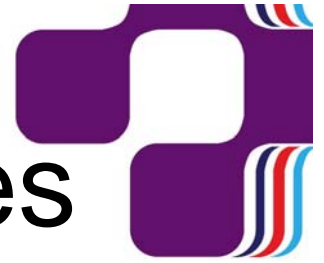


# Key responsibilities

- Regular reporting schedule
  - Mental health plan progress reports ( up to 6<sup>th</sup> )
  - ADFAMS progress reports
  - ADFRP outcomes report to DLSC and annual report to Service Chiefs
  - Maintenance of JHC Death by Suicide data base (ongoing)
  - Annual ComCare Self Audit Reporting ( Feb/March 2016)



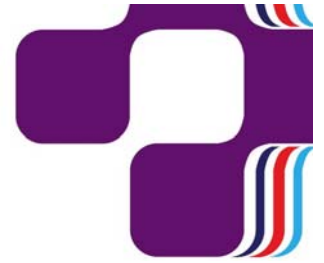
# Administration & Resources



- Contracts / Agreements
  - Schedules under the DVA/Defence MOU – Research, VVCS
  - Phoenix Australia
  - Australian Institute of Family Studies
  - MOU with Defence Force Recruiting



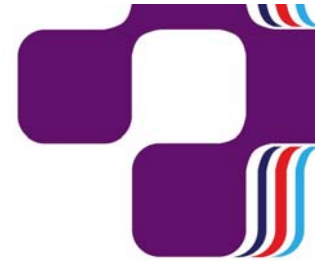




# Projects & Initiatives

- ADF Mental Health and Wellbeing Strategy 2016
- Continuous Improvement Framework - mental health programs ( Implementation phase)
- Mental Health Screening Continuum – pilot outcomes
- Support to GHO – Implementation of mental health and rehabilitation improvement programs
- ADF Alcohol use survey (March 2016)

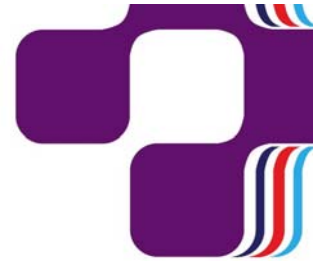




# Projects & Initiatives

- ADF Centre for Mental Health
  - Second Opinion Clinic
  - Training
  - RESET – program development
- Anger and PTSD treatment trial - outcomes
- Clinical Suicide Risk Assessment training
- Intensive Prolonged Exposure Trial (Phoenix, DVA, MHMRC Grant)
- All Hours Support Line call back service (over RAP15/16)

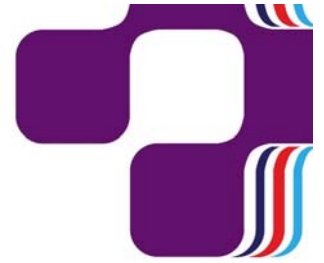




# Projects & Initiatives

- Rehabilitation / SAP
  - Meaningful engagement
  - Family engagement project (GHO, DCO, VVCS)
  - Peer Support training program (link to Services)

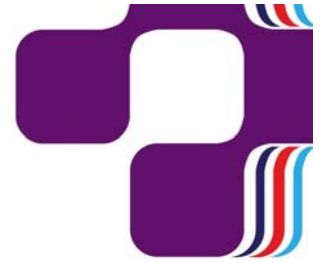




# Projects & Initiatives

- Research Programs - Current
  - Transition and Wellbeing Research Programme - reports
  - LASER-Resilience - continuation
  - Role of families in rehabilitation – report outcomes
  - Military Rehabilitation and Compensation Act (MRCA) Long-term study – study design framework

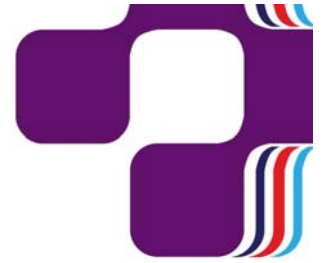




# Issues

- Senate Inquiry outcomes (Feb 2016)
- National Fifth Mental Health Plan (2016)
- Suicide data project with DVA
- Moral Injury research initiative (CDLS)
- Staffing and recruitment – impact on deliverables
- Access to and application of DeHS data
- Coordinated communications strategy





# Forward casting

- CoE Human Resilience (Linkage Grant)
- ADF Mental health day 2016 – whole of defence effort
- Initiatives in broader mental health arena and amongst Ex-Service Organisations
  - National Suicide Prevention Plan
  - Military and Veterans centres of Excellence in the State jurisdictions

