JHC HOTO – Nov 2015

Mental Health, Psychology and Rehabilitation (MHPR) Branch
Intent

- ADF Mental health, psychology and rehabilitation policies and programs are:
  - reflect to the changing needs of the ADF
  - responsive needs of defence members and their families
  - recovery focused
  - support delivery of evidence based care
  - outcomes based so as to demonstrate effectiveness
Role and Key Tasks

• Development and implementation of mental health and rehabilitation strategy, policy, research and programs to optimise mental health and wellbeing in the ADF.

• As the ADF Mental Health, Psychology and Rehabilitation Technical Authority provide policy development, evaluation, quality assurance and workforce education and training related to mental health, occupational psychology and rehabilitation.
Stakeholders

- Internal - Services, GHO, HPC, DCO
- External – DVA, DH&A, Comcare, ESOs
- Ministers – AMINDEF Chester and MINVA
- Media Issues
  - Access to mental health care
  - Suicide prevention
  - PTSD and deployments
  - Transition
Key Responsibilities

• Regular meeting schedule
  – ADF Mental Health Advisory Group (Chair)
  – PMBs / 3 (with DVA) (member)
  – VVCS AfS Steering Committee (Co Chair)
  – DVA Clinical Reference Group (member)
  – TTCP
Key responsibilites

• Regular reporting schedule
  – Mental health plan progress reports (up to 6\textsuperscript{th})
  – ADFAMS progress reports
  – ADFRP outcomes report to DLSC and annual report to Service Chiefs
  – Maintenance of JHC Death by Suicide data base (ongoing)
  – Annual ComCare Self Audit Reporting (Feb/March 2016)
Administration & Resources

- Contracts / Agreements
  - Schedules under the DVA/Defence MOU – Research, VVCS
  - Phoenix Australia
  - Australian Institute of Family Studies
  - MOU with Defence Force Recruiting
Projects & Initiatives

• ADF Mental Health and Wellbeing Strategy 2016
• Continuous Improvement Framework - mental health programs (Implementation phase)
• Mental Health Screening Continuum – pilot outcomes
• Support to GHO – Implementation of mental health and rehabilitation improvement programs
• ADF Alcohol use survey (March 2016)
Projects & Initiatives

- ADF Centre for Mental Health
  - Second Opinion Clinic
  - Training
  - RESET – program development
- Anger and PTSD treatment trial - outcomes
- Clinical Suicide Risk Assessment training
- Intensive Prolonged Exposure Trial (Phoenix, DVA, MHMRC Grant)
- All Hours Support Line call back service (over RAP15/16)
Projects & Initiatives

- Rehabilitation / SAP
  - Meaningful engagement
  - Family engagement project (GHO, DCO, VVCS)
  - Peer Support training program (link to Services)
Projects & Initiatives

• Research Programs - Current
  – Transition and Wellbeing Research Programme - reports
  – LASER-Resilience - continuation
  – Role of families in rehabilitation – report outcomes
  – Military Rehabilitation and Compensation Act (MRCA) Long-term study – study design framework
Issues

- Senate Inquiry outcomes (Feb 2016)
- National Fifth Mental Health Plan (2016)
- Suicide data project with DVA
- Moral Injury research initiative (CDLS)
- Staffing and recruitment – impact on deliverables
- Access to and application of DeHS data
- Coordinated communications strategy
Forward casting

• CoE Human Resilience (Linkage Grant)
• ADF Mental health day 2016 – whole of defence effort
• Initiatives in broader mental health arena and amongst Ex-Service Organisations
  – National Suicide Prevention Plan
  – Military and Veterans centres of Excellence in the State jurisdictions