



# Support to families of injured and ill personnel

## Defence Community Organisation

**Defence Community Organisation offers a range of programs and services to help Defence families manage the military way of life.**

DCO is staffed by a range of human services professionals, education specialists, family liaison officers, uniformed members, community development officers and transition staff.

We can provide information and advice, family assessments and brief intervention and counselling, referrals to specialised community services and assistance and support in crisis situations.

Specific services that may assist you include:

- Support in adjusting to illness/injury.
- Short term counselling and support for difficult personal or family issues.
- Assistance in establishing support networks.
- Information about and referral to a wide range of community services—for example, parenting support, family counselling services, relationship counselling.
- Information on benefits, entitlements and practical assistance—for example, Centrelink payments, disabled parking permits, transport services for disabled individuals, financial counselling services.
- Counselling and practical assistance in emergency or crisis situations—for example, concerns about an individual's welfare, family safety.
- Practical guidance and support to assist ADF members planning to leave Defence to move back to civilian life.

**For more information on this factsheet and other Defence Community Organisation support services visit [www.defence.gov.au/dco](http://www.defence.gov.au/dco) or call the all-hours Defence Family Helpline on 1800 624 608.**

The Defence Community Organisation offers a wide range of support services for the families of ADF members.

The best way to access these services is to call 1800 624 608. The all-hours Defence Family Helpline is staffed by qualified human services professionals including social workers and psychologists.

