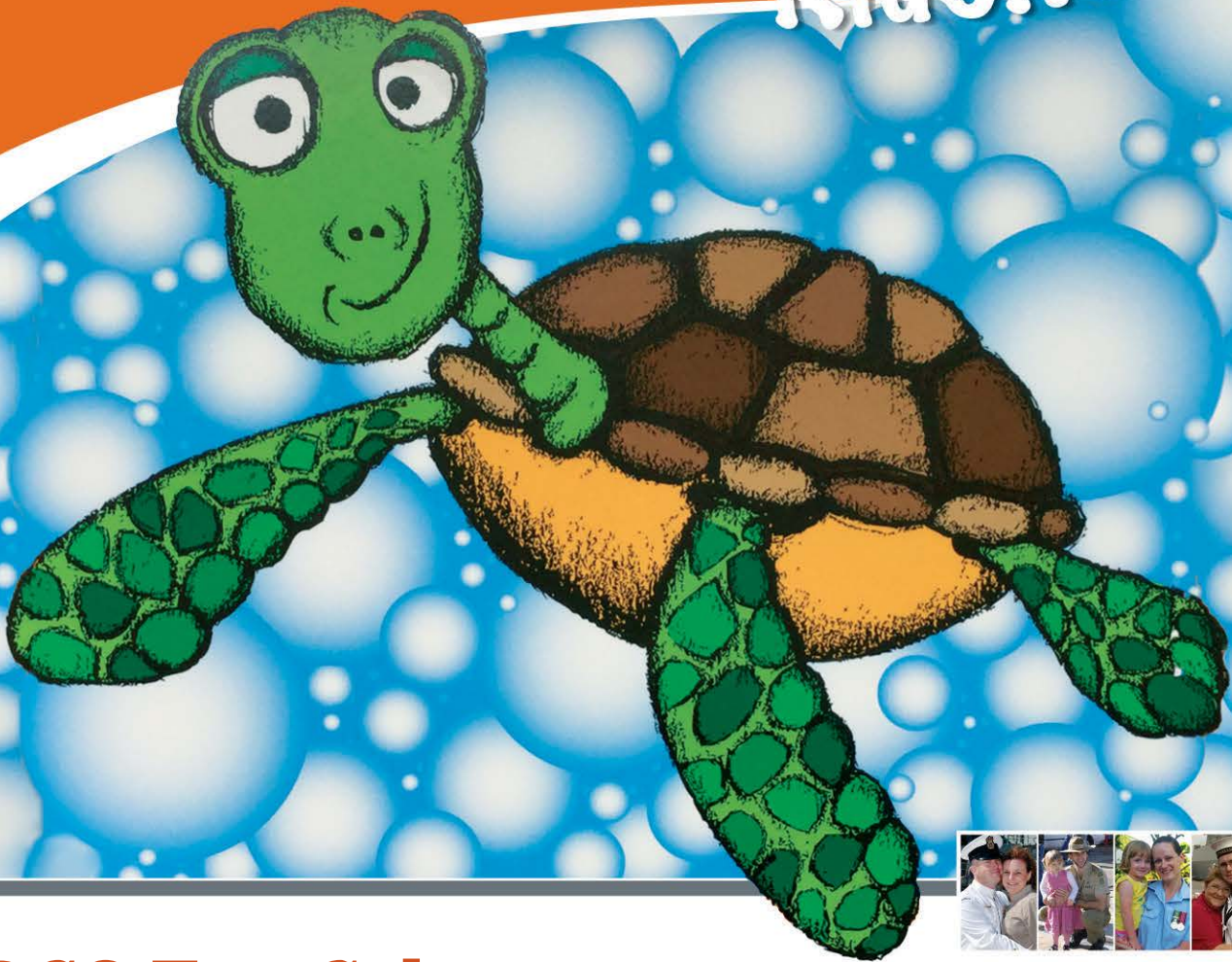




Australian Government
Department of Defence

KidSMART



DCO East Sale *presents* **Dealing with military life**

This program is for primary aged kids to help them manage issues arising from posting, relocation and deployment. The workshop uses KidSMART mascots, Tyler Turtle and Super Sam, to help kids learn how to manage change, stay connected with friends, meet new people, cope when feeling stressed or anxious (particularly during times of parental absence and deployment), handle emotions and relaxation. Kids will receive a copy of the story book to take home.

WHERE DCO RAAF Base East Sale, Building 751, Aerodrome Road
WHEN Tuesday 1st August 2017 4:00pm–5:30pm
RSVP essential by Tuesday 25th July to
dco.sale@defence.gov.au or 03 5146 6030
MORE INFO www.defence.gov.au/DCO/



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