



Mums and Bubs First Aid

\$20

**Lunch
included**

Hosted by
The RANCH

**Date: Friday 30th June
Time: 10am-1pm
Location: The RANCH**



The RANCH is hosting a mums and bubs first aid session, presented by a paramedic with over 36 years of emergency front line experience.

It is not unusual for new parents, less experienced baby-sitters etc. to have a level of anxiety about “what will I do if...” when it relates to children being injured or getting sick .

This session is designed to reduce or eliminate your anxiety by getting some hands-on practice around baby/child CPR, defibrillators, choking, burns, fitting, asthma and more This is not a certificated course. The intent is for attendees to improve knowledge and skills in a friendly small group environment and have some of your questions answered.

Please **RSVP** by **23rd June** to The RANCH via Facebook, or by email at theranchwagga@gmail.com

Numbers are limited so please RSVP A.S.A.P. If there is enough interest, we will create a second session on Monday 3rd July 10am-1pm. Please RSVP with any dietary requirements and how many children are attending.

****Please be advised that for insurance purposes all families must be members of The RANCH .**